

## Division of Community Nutrition

<i>Subject:</i> <b>Regulations Governing Dietitians and Nutritionists</b>		<i>Policy:</i> <b>Appendix 3 - C</b>
Reference: <b>Code of Virginia §54.1-2731</b>	<i>Effective:</i> <b>August 12, 2013</b>	<i>Supersedes:</i> <b>October 1, 2002</b>

### Code of Virginia – Dietitian and Nutritionist

#### **§54.1-2731. Prohibited terms; penalty.**

A. No person shall hold himself out to be or advertise or permit to be advertised that such person is a dietitian or nutritionist unless such person:

1. Has (i) received a baccalaureate or higher degree in nutritional sciences, community nutrition, public health nutrition, food and nutrition, dietetics or human nutrition from a regionally accredited college or university and (ii) satisfactorily completed a program of supervised clinical experience approved by the Commission on Dietetic Registration of the American Dietetic Association;
2. Has active registration through the Commission on Dietetic Registration of the American Dietetic Association;
3. Has an active certificate of the Certification Board of Nutrition Specialists by the Board of Nutrition Specialists;
4. Has an active accreditation by the Diplomas or Fellows of the American Board of Nutrition;
5. Has a current license or certificate as a dietitian or nutritionist issued by another state; or
6. Has the minimum requisite education, training and experience determined by the Board of Health Professions appropriate for such person to hold himself out to be, or advertise or allow himself to be advertised as, a dietitian or nutritionist.

The restrictions of this section apply to the use of the terms “dietitian” and “nutritionist” as used alone or in any combination with the terms “licensed,” “certified,” or “registered,” as those terms also imply a minimum level of education, training and competence.

B. Any person who willfully violates the provisions of this section shall be guilty of a Class 3 misdemeanor.

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**Board of Health Professions  
Department of Health Professions**

**18 VAC 75-30-10: Regulations Governing  
Dietitians and Nutritionists**

**18 VAC 75-30-10. Requirements for use of title of dietitian or nutritionist.**

- A. In addition to the criteria established in § 54.1-2731, a person may hold himself out to be a dietitian or nutritionist who has met the following requirements:
1. Has a baccalaureate degree with a major in foods and nutrition or dietetics or has equivalent hours of food and nutrition course work;
  2. Has two years of work experience in nutrition or dietetics concurrent with or subsequent to such degree; and
  3. Is employed by or under contract to a governmental agency.