

Division of Community Nutrition

<i>Subject:</i> Breastfeeding Peer Counselor Qualifications		<i>Policy:</i> BF 01.2 - C
<i>Reference:</i> §C.F.R. 246.3	<i>Effective:</i> August 12, 2013	<i>Supersedes:</i> December 1, 2008

I. Policy:

All breastfeeding peer counselors shall be qualified to promote breastfeeding as the preferred infant feeding method.

II. Procedure(s):

A. Each local agency shall have a minimum of one (1) breastfeeding peer counselor.
Specific qualifications required:

- 1) Has successfully breastfed one or more infants for at least 6 months or more.
- 2) Can work a minimum of five (5) hours per week, not to exceed the hourly allotment assigned by the local agency.
- 3) Can make and receive phone calls from home.
- 4) Has reliable transportation.
- 5) Has interpersonal skills needed to work with and counsel participants.