

Division of Community Nutrition

<i>Subject:</i> Breast Shells		<i>Policy:</i> BF 04.5 - C
<i>Reference:</i> C.F.R. §246.3	<i>Effective:</i> August 12, 2013	<i>Supersedes:</i> December 1, 2008

I. Policy:

Breast shells shall be offered to non-pregnant participants with sore nipples.

II. Procedure(s):

A. The breastfeeding coordinator / designee shall:

- 1) Offer breast shells after delivery to participants with sore nipples.
- 2) Instruct participants on the use of breast shells.

B. Breast shells shall not be given to pregnant participants due to the risk of pre-term labor.

C. Breast shells shall not be reused due to cross-contamination.