

## Division of Community Nutrition

<i>Subject:</i> <b>WIC Program Nutrition Risks</b>	<i>Policy:</i> <b>CRT 06.5-C</b>
<i>Reference:</i> <b>CRT 06.4</b>	<i>Effective:</i> <b>August 12, 2013</b>
<i>Supersedes:</i> <b>November 1, 2005</b>	

Risk Code	Category and Priority					Risk Definition	
	P	B	N	I	C		
<b>1000 Anthropometric</b>							
<b>Women</b>							
USDA Code	VA Code	Priority					Nutrition Risk
101	1100*	1	1	5			Underweight
111	1200	1	1	5			Overweight
111	1210*	1	1	5			Very overweight
131	1300*	1					Low Maternal Weight Gain
132	1310*	1					Maternal Weight Loss during Pregnancy
133	1400	1	1	5			High Maternal Weight Gain
<b>Infants and Children</b>							
151	1610*				1	3	Small for gestational age (SGA)
141	1630*				1	3	Low Birth Weight ( $\leq$ 5lbs 8oz or 2500 gm) For infants and children $<$ 24 months of age
141	1629				1	3	Very Low Birth Weight ( $\leq$ 3lbs 5oz or 1500 gm) For infants and children $<$ 24 months of age
153	1631				1		Large for gestational age (BW $\geq$ 9 lbs.)
103	1640				1	3	At Risk of Becoming Underweight (weight/length or BMI/age 6 -10%ile)
103	1641*				1	3	Underweight (weight/length or BMI/age $\leq$ 5%ile)
121	1660				1	3	At Risk of Short Stature (Length/age or Stature/age 6-10%ile)
121	1661				1	3	Short Stature (Length/age or Stature/age $\leq$ 5%ile)
113	1711*					3	Overweight (WT for HT or BMI $\geq$ 95 <sup>th</sup> percentile) for children 2 to 5 years of age
134					1	3	Failure to Thrive (Diagnosed by a physician)
142					1	3	Prematurity (Infant born at $\leq$ 37 weeks gestation) For infants and children $<$ 24 months old
152					1		Low Head Circumference ( $<$ 5% head circumference based on NCHS growth charts) Infants and children up to 24 months of age and reported by referral sources

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Risk Code		Category and Priority					Risk Definition																																	
		P	B	N	I	C																																		
<b>2000</b>		<b>Biochemical</b>																																						
USDA Code	VA Code	Priority					Nutrition Risk																																	
201	2100	1	1	5	1	3	Low Hgb/Hct/Diagnosis of Iron Deficiency Anemia  <table style="width: 100%; border-collapse: collapse;"> <tr style="background-color: #e0e0e0;"> <th style="text-align: left;"><u>"P" Wks Gestation</u></th> <th style="text-align: left;"><u>Hgb (gms)</u></th> <th style="text-align: left;"><u>Hct (%)</u></th> </tr> <tr> <td>0-13 wks</td> <td>10 to 10.9</td> <td>29 to 32.9</td> </tr> <tr> <td>14-26 wks</td> <td>10 to 10.4</td> <td>29 to 31.9</td> </tr> <tr> <td>27-42 wks</td> <td>10 to 10.9</td> <td>29 to 32.9</td> </tr> <tr style="background-color: #e0e0e0;"> <th colspan="3" style="text-align: left;"><u>Breastfeeding/Postpartum</u></th> </tr> <tr> <td>12-14.9 yrs</td> <td>11 to 11.7</td> <td>33 to 35.6</td> </tr> <tr> <td>15-17.9 yrs</td> <td>11 to 11.9</td> <td>33 to 35.8</td> </tr> <tr> <td>18+ yrs</td> <td>11 to 11.9</td> <td>33 to 35.6</td> </tr> <tr style="background-color: #e0e0e0;"> <th colspan="3" style="text-align: left;"><u>Infants/Children</u></th> </tr> <tr> <td>6 mo to 2 yrs</td> <td>10 to 10.9</td> <td>29 to 32.8</td> </tr> <tr> <td>2-5 yrs</td> <td>10 to 11</td> <td>29 to 32.9</td> </tr> </table>	<u>"P" Wks Gestation</u>	<u>Hgb (gms)</u>	<u>Hct (%)</u>	0-13 wks	10 to 10.9	29 to 32.9	14-26 wks	10 to 10.4	29 to 31.9	27-42 wks	10 to 10.9	29 to 32.9	<u>Breastfeeding/Postpartum</u>			12-14.9 yrs	11 to 11.7	33 to 35.6	15-17.9 yrs	11 to 11.9	33 to 35.8	18+ yrs	11 to 11.9	33 to 35.6	<u>Infants/Children</u>			6 mo to 2 yrs	10 to 10.9	29 to 32.8	2-5 yrs	10 to 11	29 to 32.9
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201	2110*	1	1	5	1	3	Very Low Hgb or Hct or diagnosis of Iron Deficiency Anemia  <table style="width: 100%; border-collapse: collapse;"> <tr style="background-color: #e0e0e0;"> <th></th> <th style="text-align: left;"><u>Hgb (gms)</u></th> <th style="text-align: left;"><u>Hct (%)</u></th> </tr> <tr> <td style="background-color: #e0e0e0;">Pregnant/Infants/Children</td> <td>&lt; 10</td> <td>&lt; 29%</td> </tr> <tr> <td style="background-color: #e0e0e0;">Breastfeeding/Postpartum</td> <td>&lt; 11</td> <td>&lt; 33%</td> </tr> </table>		<u>Hgb (gms)</u>	<u>Hct (%)</u>	Pregnant/Infants/Children	< 10	< 29%	Breastfeeding/Postpartum	< 11	< 33%																								
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<b>Other Biochemical Test Results which indicate Nutritional Abnormality</b>																																								
211	2300*	1	1	5	1	3	High lead - lead poisoning (> 10 ug/dL)																																	

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Risk Code	Category and Priority					Risk Definition	
	P	B	N	I	C		
<b>3000 Pregnancy-related conditions (Current or Most Recent)</b>							
<b>Pregnancy History (Women's Condition)</b>							
USDA Code	VA Code	Priority					Nutrition Risk
332	3010	1	1	5			Closely spaced pregnancies (< 16 months)
334	3020R	1					Lack of prenatal care
303	3030*	1	1	5			Gestational diabetes
336	3040*	1					Fetal Growth Retardation (FGR)
335	3050*	1	1	5			Multifetal gestation
331	3060	1	1	5			Pregnancy at a young age (< 18 years)
311	3070	1	1	5			Preterm delivery of most recent infant
345	3080*	1					Pregnancy Induced Hypertension
<b>Pregnancy History (Infant's Condition)</b>							
312	3113	1	1	5			Infant with low birth weight( <u>≤</u> or =2500 gms)
321	3115	1	1	5			Fetal or neonatal loss
339	3117	1	1	5			Infant with Spina bifida
339	3118	1	1	5			Infant with Cleft lip
339	3119	1	1	5			Infant with Cleft lip and palate
339	3120	1	1	5			Infant with Cleft palate
337	3130	1	1	5			Infant with high birth weight (> or = to 9 lbs.)

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Risk Code	VA Code	Category and Priority					Risk Definition
		P	B	N	I	C	
<i>USDA Code</i>	<i>VA Code</i>	<i>Priority</i>					<i>Nutrition Risk</i>
341	4100*	1	1	5	1	3	Kwashiorkor
341	4110*	1	1	5	1	3	Nutritional marasmus - severe calorie deficiency
341	4120*	1	1	5	1	3	Other severe, protein-calorie malnutrition
<b>Other and Unspecified Protein-Calorie Malnutrition</b>							
341	4210*	1	1	5	1	3	Malnutrition of moderate degree
341	4220*	1	1	5	1	3	Malnutrition of a mild degree
341	4230*	1	1	5	1	3	Arrested development following protein-calorie malnutrition
341	4240*	1	1	5	1	3	Other protein-calorie malnutrition
341	4250*	1	1	5	1	3	Unspecified protein-calorie malnutrition
<b>Thiamine and Niacin Deficiency States</b>							
341	4410*	1	1	5	1	3	Beriberi
341	4420*	1	1	5	1	3	Other and unspecified manifestations of thiamine deficiency
341	4430*	1	1	5	1	3	Pellagra
<b>Deficiency of B-complex Components</b>							
341	4510*	1	1	5	1	3	Ariboflavinosis
341	4520*	1	1	5	1	3	Vitamin B <sub>6</sub> deficiency
341	4530*	1	1	5	1	3	Other B-complex deficiencies
341	4540*	1	1	5	1	3	Unspecified vitamin B deficiency
<b>Vitamin D Deficiency</b>							
341	4710*	1	1	5	1	3	Rickets, active
341	4720*	1	1	5	1	3	Rickets, late effect
341	4730*	1	1	5	1	3	Osteomalacia, unspecified
341	4740*	1	1	5	1	3	Unspecified vitamin D deficiency
<b>Other Nutritional Deficiencies</b>							
341	4801*	1	1	5	1	3	Ascorbic Acid Deficiency
341	4802*	1	1	5	1	3	Vitamin A Deficiency

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Risk Code	Category and Priority					Risk Definition	
	P	B	N	I	C		
<b>5000 Medical Conditions (Cont.)</b>							
USDA Code	VA Code	Priority					Nutrition Risk
341	4810*	1	1	5	1	3	Deficiency of vitamin K
341	4820*	1	1	5	1	3	Deficiency of other vitamins
341	4830*	1	1	5	1	3	Unspecified vitamin deficiency
341	4840*	1	1	5	1	3	Mineral deficiency
341	4850*	1	1	5	1	3	Other nutritional deficiency
341	4860*	1	1	5	1	3	Unspecified nutritional deficiency
341	4900*				1		Infant malnutrition
347	5010*	1	1	5	1	3	Cancer
<b>Cardiovascular</b>							
360	5021*	1	1	5	1	3	Cardiac defects
360	5022*	1	1	5	1	3	Congenital heart disease
360	5023*	1	1	5	1	3	Congestive heart failure
345	5024*	1	1	5	1	3	Hypertension
<b>Central &amp; Peripheral Nervous System</b>							
348	5031*	1	1	5	1	3	Cerebral Palsy
348	5032*	1	1	5	1	3	Epilepsy
348	5033*	1	1	5	1	3	Muscular Dystrophy
348	5034*	1	1	5	1	3	Multiple Sclerosis
348	5035*	1	1	5	1	3	Neural tube defects – Spina bifida or Myelomeningocele
<b>Chronic or Recurrent Infections</b>							
352	5041*	1	1	5	1	3	AIDS or HIV positive
352	5042*	1	1	5	1	3	Hepatitis- chronic or cirrhosis
352	5043*	1	1	5	1	3	Intestinal parasites (Giardiasis)
352	5044*	1	1	5	1	3	Meningitis
352	5045*	1	1	5	1	3	Pneumonia or influenza

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<b>5000 Medical Conditions (Cont.)</b>							
USDA Code	VA Code	Priority					Nutrition Risk
352	5046*	1	1	5	1	3	Tuberculosis (active)
352	5047*	1	1	5	1	3	Viral Hepatitis
<b>Congenital/Genetic Disorders</b>							
<b>Anemias</b>							
349	5052*	1	1	5	1	3	Sickle cell anemia
349	5053*	1	1	5	1	3	Thalassemia (major, minor, intermedia)
349	5054*	1	1	5	1	3	Cleft lip
349	5055*	1	1	5	1	3	Cleft palate
349	5056*	1	1	5	1	3	Cleft palate with cleft lip
349	5058*	1	1	5	1	3	Down's Syndrome
349	5059*	1	1	5	1	3	Lowes Syndrome
349	5061*	1	1	5	1	3	Prader Willi Syndrome
349	5062*	1	1	5	1	3	Rhetts Syndrome
349	5063*	1	1	5	1	3	Williams Syndrome
350	5080*				1		Pyloric stenosis
<b>Endocrine</b>							
343	5091*	1	1	5	1	3	Diabetes
344	5092*	1	1	5	1	3	Hyperthyroidism
344	5093*	1	1	5	1	3	Hypothyroidism
356	5094*	1	1	5	1	3	Hypoglycemia
<b>Food Intolerance</b>							
355	5201	1	1	5	1	3	Lactose intolerance
<b>Gastrointestinal</b>							
354	5301*	1	1	5	1	3	Celiac disease
342	5302*	1	1	5	1	3	Cholecystitis/cholelithiasis
342	5303*	1	1	5	1	3	Crohn's disease

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Risk Code		Category and Priority					Risk Definition
		P	B	N	I	C	
<b>5000</b>		<b>Medical Conditions (Cont.)</b>					
<i>USDA Code</i>	<i>VA Code</i>	<i>Priority</i>					<i>Nutrition Risk</i>
342	5304*	1	1	5	1	3	Dumping Syndrome
342	5305*	1	1	5	1	3	Hiatal hernia
301	5306*	1					Hyperemesis gravidarum - Excessive nausea and vomiting
342	5307*	1	1	5	1	3	Irritable bowel syndrome/colitis
342	5308*	1	1	5	1	3	Malabsorption syndrome
342	5309*	1	1	5	1	3	Pancreatitis
342	5310*	1	1	5	1	3	Regional enteritis/ileitis
342	5311*	1	1	5	1	3	Ulcerative colitis
342	5312*	1	1	5	1	3	Short bowel syndrome
<b>Inborn Errors of Metabolism</b>							
351	5401*	1	1	5	1	3	Acidemia
351	5402*	1	1	5	1	3	Cystic Fibrosis
351	5403*	1	1	5	1	3	Disorders of lipid metabolism, pure Hypercholesterolemia, pure Hyperglyceridemia, Mixed Hyperlipidemia, hyperchylomicronemia
351	5404*	1	1	5	1	3	Disturbances of sulphur-bearing amino-acid metabolism - Homocystinemia, Hypermethioninemia, Methioninemia
351	5405*	1	1	5	1	3	Galactosemia
351	5406*	1	1	5	1	3	Glucose-6-phosphate dehydrogenase (G6PD)
351	5407*	1	1	5	1	3	Histidinemia
351	5408*	1	1	5	1	3	Maple syrup urine disease (MSUD)
351	5409*	1	1	5	1	3	Phenylketonuria (PKU)
351	5410*	1	1	5	1	3	Tyrosinuria
<b>Pulmonary</b>							
360	5501*	1	1	5	1	3	Asthma (Severe)

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Risk Code	Category and Priority					Risk Definition	
	P	B	N	I	C		
<b>5000 Medical Conditions (Cont.)</b>							
<b>Other Medical Conditions</b>							
USDA Code	VA Code	Priority					Nutrition Risk
360	5502*	1	1	5	1	3	Broncho-pulmonary dysplasia (BPD)
<b>Other Medical Conditions</b>							
358	5601*	1	1	5			Anorexia or Bulimia
358	5602*	1	1	5			Eating Disorders
134	5603*				1	3	Failure to Thrive
382	5604*				1	3	Fetal alcohol syndrome
360	5605*	1	1	5	1	3	Hemophilia
360	5606*	1	1	5	1	3	Juvenile Rheumatoid Arthritis
360	5607*	1	1	5	1	3	Liver disease
360	5608*	1	1	5			Lupus erythematosus
346	5609*	1	1	5	1	3	Renal disease
360	2210*	1	1	5	1	3	Pernicious anemia
360	2220*	1	1	5	1	3	Vitamin B12 deficiency
360	2230*	1	1	5	1	3	Folate-deficiency anemia
360	2240*	1	1	5	1	3	Protein-deficiency anemia
360	2250*				1		Anemia of prematurity
360	5700*	1	1	5	1	3	Other
<b>6000 Other Health Risks</b>							
603	6010				1		Infant breastfeeding complications or potential complications
602	6011*		1				Breastfeeding complications or potential complications
381	6020R	1	1	5	1	3	Dental/oral - cavities that interfere with eating/gum disease
361	6021*	1	1	5		3	Depression
353	6030*	1	1	5	1	3	Food allergies

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<b>7000 Other Risks</b>							
USDA Code	VA Code	Priority					Nutrition Risk
423	6041	4	4	6	4	5	Inappropriate or excessive intakes of dietary supplements including vitamins, minerals and herbal remedies
421	6050	4	4	6		5	Pica
338	6051	1					Pregnant woman currently breastfeeding
142	6060				1		Prematurity
359	6070*	1	1	5	1	3	Recent major surgery, trauma, burns, severe acute infections
801	7010	4	4	6	4	5	Homeless
802	7020	4	4	6	4	5	Migrant
502	7030	9	9	9	9	9	Transfer of certification (VOC)
601	7040		1				Breastfeeding an infant who is a WIC participant
701	7050				2		Infant born to a WIC participant
702	7051				1		Breastfed infant's mother is a WIC participant
701	7052				2		Infant born to a non-WIC participant
903	7060	4	4	6	4	5	Foster Care – entering or changing homes within the last 6 months
<b>8000 Substance abuse</b>							
372	8010R	1	1	5			Alcohol Use
372	8020R	1	1	5			Illegal Drug Use
371	8030R	1	1				Smoking
<b>9000 Dietary</b>							
<b>Diet Low In Two Dietary Guidelines</b> , missing one food group, or high intake in fat or sugar (Participants 2 years and older)							
401	9110	4	4	6		5	Diet low in Fruits and Vegetables
401	9111	4	4	6		5	Diet low in Vitamin A foods
401	9112	4	4	6		5	Diet low in Vitamin C foods
401	9120	4	4	6		5	Diet low in Milk or Calcium rich foods

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Risk Code	Category and Priority					Risk Definition	
	P	B	N	I	C		
<b>9000 Dietary (Cont.)</b>							
<b>Inappropriate Feeding Practices for Infants</b>							
<i>USDA Code</i>	<i>VA Code</i>	<i>Priority</i>					<i>Nutrition Risk</i>
401	9130	4	4	6		5	Diet low in Bread, Cereal and Grain foods
401	9140	4	4	6		5	Diet low in Meats and other protein foods
401	9150	4	4	6		5	Diet high in dietary fat
401	9160	4	4	6		5	Diet high in dietary sugar
420	9170		4				Excessive caffeine intake (Breastfeeding Woman)
<b>Restrictive Diets</b>							
403	9310	4	4	6	4	5	Highly restrictive diet
402	9320	4	4	6	4	5	Vegan diet
411	9501				4		Inappropriate infant feeding practices
412	9510				4		Early introduction of solid foods
415	9520				4		Improper dilution of formula
419	9530				4	5	Inappropriate use of nursing bottle
417	9540				4		Lack of sanitation in preparation of nursing bottles
418	9550				4		Infrequent breastfeeding as sole source of nutrients
413	9560				4		Feeding cow's milk during 1 <sup>st</sup> 12 months
416	9570				4		Feeding other foods low in essential nutrients
414	9580				4		No dependable source of iron after 4-6 months
<b>Inappropriate Feeding Practices for Children</b>							
425	9610					5	Excessive juice intake (>or = 12 oz a day)
425	9620					5	Non-fat/reduced fat milk as primary milk source (1-2 years)
425	9630					5	Foods low in essential nutrients/high in calories (1-2 years)
425	9640					5	Foods that put children at risk of choking (< 4 years)
425	9650					5	Forcing a child to eat a certain type/amount of food
425	9660					5	Ignoring child's requests for appropriate foods when hungry
425	9670					5	Restricting appropriate consumption of nutritional meals
425	9680					5	Not supporting a child's need for self-feeding

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425	9690					5	Inappropriate feeding/offering primarily pureed/liquid food
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