

Division of Community Nutrition

<i>Subject: Lactose Reduced / Lactose Free Food Prescription</i>		<i>Policy: FDS 02.3.1 - C</i>
<i>Reference: CFR §246.10</i>	<i>Effective: August 12, 2013</i>	<i>Supersedes: October 1, 2009</i>

I. Policy:

Prescribe a lactose-reduced / lactose-free food prescription for participants intolerant to regular cow's milk and who report lactose intolerance.

II. Procedure(s):

- A. Prescribe lactose-reduced or lactose-free dairy products before non-dairy milk alternatives. Medical documentation is not required.
- B. Customize the food package by prescribing lactose-reduced / lactose-free milk to replace the amount of regular cow's milk the participant would have received.