

Division of Community Nutrition

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| <i>Subject:</i> Nutrition Education Contacts | | <i>Policy:</i> NEd 02.0 - C |
| <i>Reference:</i> CFR §246.11 | <i>Effective:</i> August 12, 2013 | <i>Supersedes:</i> April 2, 2013 |

I. Policy:

At least four nutrition education contacts shall be offered during each certification period to all adult participants and parents / legal guardians / caretaker of children and all infants enrolled under six months of age. At least two nutrition education contacts shall be offered by a child's first birthday to all parents / legal guardians / caretaker of infants enrolled older than six months of age. At least four nutrition education contacts shall be offered to all breastfeeding participants during each certification period.

II. Procedure(s):

- A. Emphasize the benefits of nutrition education and encourage the participant, parent / legal guardian or caretaker to attend and participate in nutrition education activities.
- B. Offer nutrition education activities directly to children, if possible.
- C. If the participant, parent / legal guardian or caretaker refuses to receive nutrition education, document the refusal in the participant's record.
- D. Supplemental food shall not be withheld from participants who refuse nutrition education.