

Division of Community Nutrition

Subject: **Nutrition Education Contact-Follow-up, Low Risk**

Policy: **NEd 02.2-C**

Reference: **§CFR 246.11**

Effective: **August 12, 2013**

Supersedes: **July 1, 2010**

I. Policy:

Secondary nutrition education shall be made available to all low risk participants during each certification period. Secondary nutrition education shall be based on the participant's needs, interests, cultural and language needs.

II. Procedure:

- A. Nutrition education shall follow the basic principles outlined in NEd 01.0-C.
- B. Secondary nutrition education classes shall be scheduled at the point of certification/subsequent certification and be documented in Crossroads. This appointment shall be referred to as secondary nutrition education, not food benefit issuance.
- C. Levels 3-5 personnel are authorized to provide secondary education to low risk participants.
- D. Group activities, web-based and / or computer based training shall be used to provide follow-up education to low risk participants. Individual counseling is not the preferred method of follow-up education to low risk participants.
- E. The preferred method shall consider the participant's household situation, cultural preferences, spoken language and literacy level. This contact shall also include anticipatory guidance appropriate for the participant's category, age and developmental stage.
- F. Telephone contacts are allowed but only as a supplement to the nutrition education methods listed above.