

## Division of Community Nutrition

<i>Subject:</i> <b>Mid-Certification Assessment - Children</b>		<i>Policy:</i> <b>NEd 09.0 - C</b>
<i>Reference:</i> <b>N/A</b>	<i>Effective:</i> <b>August 12, 2013</b>	<i>Supersedes:</i> <b>April 2, 2013</b>

### I. Policy:

Mid-certification nutrition assessment shall be conducted to update the child's medical and health history.

### II. Procedure(s):

- A. Mid-certification appointments shall be scheduled six months from certification date.
- B. During the mid-certification appointment the child's height/length and weight measurements shall be collected in accordance with policy [CRT 06.1-C](#).
  - 1) Height/length and weight shall be documented on the medical screen in Crossroads
  - 2) Referral data (less than 60 days old) is acceptable
- C. During the mid-certification appointment a hematological test for anemia shall be performed for children requiring a follow-up blood test.
  - 1) A hematological test shall be collected for a child who has not already fulfilled hematological testing requirements in accordance with policy [CRT 06.2-C](#)
  - 2) A follow-up hematological test shall be collected for a child participant with a positive anemia screening result at his/her last certification in 6 month intervals until an anemia screening result within normal range is documented
  - 3) Referral data (less than 90 days old) is acceptable
  - 4) Document the hematological test results in Crossroads
- D. During the mid-certification appointment a brief update of health and dietary assessment shall be completed.
  - 1) A dietary assessment and health history shall be completed for all applicants to determine dietary deficiencies that impair or endanger health in accordance with policy [CRT 06.3-C](#).
- E. During the mid-certification appointment nutrition education shall be provided using VENA to actively involve the parent/legal guardian or caretaker in accordance with policies [NEd 03.0-C](#) and policy [NEd 03.1-C](#).
  - 1) Make appropriate referrals of services for the participant and document the referrals in Crossroads
  - 2) Discuss and review previous goals set by the participant and document the follow-up in Crossroads
  - 3) Record the goals in Crossroads