

Norfolk

VIRGINIA



NORFOLK MRC NEWS

April 2014



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National Volunteer Week is April 6-12 and National Public Health Week is April 7-13—essentially the same week. Coincidence? I think not! In recognition of all that volunteers bring to public health, I asked some of our staff to share what they celebrate about the MRC:



I celebrate the MRC volunteers because they provide wonderful service to the Abstinence Education Program (AEP) by either promoting the program in the community, facilitating youth groups, and/or serving as AEP Community Advisory Board members. Brittany Holmes, Abstinence Education Grant Program Coordinator



I celebrate the MRC because the nurses and staff are always willing to assist in any of our events in the community. They are always happy and smiling, they also bring a new ideas and input into improving our events. **THANK YOU MRC.** – Ronnette Langhorne, Nurse Manager



I celebrate the MRC volunteers because they provide a wonderful expertise in chronic conditions such as cholesterol/glucose and blood pressure and especially in providing assistance in health screenings and education awareness in healthy living.

—Laverne Williams, Health Educator



The Office of the Chief Medical Examiner has worked closely with Medical Reserve Corps units throughout the state. We are excited about this tremendous asset and partnership. MRC unit volunteers bring a wealth of experience, dedication and enthusiasm to all tasks requested. As we face mass fatality response planning in the 21st century, the MRC has a significant and vital role in “force multiplication” and ready response for the OCME. Whether they arrive with advanced training or to receive just in time training based on the circumstance, we know we can depend on our MRC volunteers! - Donna Price, Chief Medical Examiner
(Continued)



We Love Our Volunteers! (con't)

I celebrate the MRC because you inspire me *everyday*. I learn so much from you and with you, and I love the passion and enthusiasm you bring to the work of public health. You make my job challenging and rewarding; so many of the things we take on in the unit are because of bold ideas supported by volunteer expertise. It has been such a pleasure to watch our unit grow and mature, and so much fun to work with you in supporting public health and emergency preparedness—
Thank You MRC!
 -Linda



I celebrate the MRC because of the enthusiasm and dedication shown in their selfless efforts towards the improvement of our community. –
 Nikkia Goforth, Epidemiologist



I celebrate the MRC volunteers because it is a community helping community and it is a wonderful way to share your talents and give back.—Jenn Foster, Regional Healthcare Preparedness Program Manager, Eastern Virginia Healthcare Coalition



I celebrate the MRC because of the distinguished quality of volunteerism and servant leadership with each participant. Never have I relied so heavily on volunteerism within an organization and been as completely satisfied as I have with Norfolk MRC volunteers. Always there when you need them and go above and beyond duty and service, Thank you for your time and efforts! -
 Michelle Clancy, Emergency Planner



I celebrate the MRC because they have proven to be valuable members of the public health team. –Norm Grefe, Epidemiologist



I celebrate the MRC because of their passion and dedication to enhance our community. -Paul Brumund, Business Manager



The Norfolk MRC is the best managed and best organized volunteer group I have seen anywhere. This group broadens the Health Department day-to-day operations and enhances our capabilities during emergency operations. We are fortunate to have this well-managed, well-organized diverse group be a part of our department. This group is highly regarded by management and staff. I hope to become a part of this group when I retire! -
 Harry Bennett, Acting Environmental Health Supervisor



I really appreciated the assistance of the MRC volunteers with the Homeless Connect event in January. They ran the event from start to finish and did so in an exemplary manner. Had it not been for the volunteers, most of the health department clinics would have had to close for the day in order to free up staff for this event. The volunteers made it possible for both the Homeless Connect patrons and our regular health department clients to receive services that day.—Dr. Lisa McCoy, Physician Supervisor



I celebrate MRC volunteers because of the allegiance and the professional assistance they provide to our diverse community outreach projects, programs, and services. It is always a pleasure to interact and work with them as we strive to promote and provide public health services to

Upcoming Training and Activities

APRIL

4/2 Bon Secours EMS Education Series Brains for Breakfast: Anaphylaxis ALS Area 75. 8:00-9:00 AM, DePaul Medical Center Large Cancer Center Conference Room. To register contact travis_mitchell@bshsi.org or 757-947-3185.

4/3– 6/26 Citizen's Police Academy Training, 6:30—9:30P, Second Patrol Division, 2500 N. Military Hwy. To enroll for this free training: <http://www.cpaan.org/About%20the%20Citizens%20Police%20Academy.htm>

4/07-4/13 National Public Health Week/National Volunteer Week

4/10 NMRC Level 1 Leadership Meeting, 9:00-11:00A, Norfolk Health Dept. *Agenda will be sent to all Level One volunteers closer to meeting date.*

4/11 BLS certification, 8:30A—12:30P, Virginia Beach Health Dept. 4452 Corporation Ln. This training is free for MRC volunteers.

4/17 Biological Threats polycom (videoconference), 10:00-11:00A, Virginia Beach Health Dept, 4452 Corporation Lane.

4/19 IS-22 Study Group Classroom—8:30-12:30P, Norfolk Emergency Operations Center, 3661 E. Virginia Beach Blvd. *Please sign up via the VVHS alert.*

4/23 MRC Dessert Meeting: Mosquitoes 101, 6:30-8:00P, Norfolk Health Dept.

MAY

5/15 Intro to Mental Health Preparedness, 6:30-9:30 PM, Norfolk Health Dept.

Please register for all activities through Linda unless noted otherwise.

Thank you!

Norfolk citizens.—Dwayne Merritt, Health Promotions Manager



Thank you so much for all your contributions to benefit the health department and the Norfolk community. There are not words to describe the countless hours of service that each volunteer gives! You are the backbone of the health department! - Leah Brown, Abstinence Education Program Facilitator



I celebrate MRC volunteers because of their willingness to share their expertise and experience to support the mission of public health to protect, educate, and empower Norfolk citizens.—Rosalind Johnson, STD Program Manager



I celebrate the MRC because we couldn't do it without you! - Michelle Burnette, Epidemiologist

Congratulations Norfolk CERT!

As many of you know, we have a great partnership with Norfolk CERT and often work and train with them at various events. I recently nominated them for an award with the Division of the Civilian Volunteer Medical Reserve Corps (DCVMRC, our national office) and they were selected to receive the **Outstanding Community Partner Award** for this year.

This is a highly competitive national award. Congratulations Norfolk CERT, and thank you for an awesome partnership and community collaboration - we are proud to have you recognized for this outstanding achievement!





I celebrate the MRC because I rely on them to accomplish the task at hand and

I have no worries about their professionalism and ability to promote a positive image to the general public. I will always look to the MRC when I have a need for reliable and responsible volunteers. —Scott Mahone, Deputy Emergency Manager and CERT Team Coordinator, City of Norfolk



I celebrate the MRC because of its volunteers, whose “ready” energy and unconditional commitment supports the efforts of their public health system and can significantly impact

quality of health to their friends, families, and community.—Linda Rubin, Virginia State Citizen Corps Coordinator

WE LOVE
OUR VOLUNTEERS



Volunteer Spotlight

Thank you to Sean Hess and Ellie Mosholder for facilitating the brand new “Intro to Mental Health Preparedness” course, and to attendees Sara Wood, Mollie MacKenzie, Lara Botts, Mary Popoola, Elicia Liles, Gaby Obedoza, Hannah Miciano, and Shakira Chisolm for completing this training. Special thanks to Lara for technical assistance during the course.

Thank you to Lisa Billow for her continued work as a counselor for the Affordable Care Act. We appreciate your efforts, especially as the big push to register by the March 31st deadline approaches.

Thank you to Alicia Anthony for her gracious and much appreciated assistance in the MRC office, and to Lara Botts for completing some odds and ends tasks for the Abstinence Education Program and the MRC programs in Norfolk and Virginia Beach.

Thank you to Scott Gerwe, Jim Hahn, Natalie Marshall, and Jesse Thomas for completing their BLS certification in Virginia Beach, and to Sara Wood, Nicole Matthews, Elicia Liles, Jane Richardson for completing their CPR/BLS here in Norfolk. Special thanks to instructors Sean Hess, Clarissa Smith, and Tina Nguyen—I couldn’t do it without you!

Thank you to WHRO pledge drive participants Dorolyn Alper, Koku

Ametepe, Phil Davis, Don & Renee Genora, LaChandra Hale, Ken Hart, Sean Hess, Lamonica Holt, Elicia Liles, Jim Weckerly, and Earle Williams for a great time working on behalf of our community partner WHRO. I really enjoyed volunteering with you!

Thank you to Ken Hart, Gaby Obedoza, Mollie MacKenzie, and Susan Eilberg for their assistance in our WIC clinics during the initial roll-out of the eWIC registration program this month. We were grateful for your help in answering questions, directing participants, and conducting surveys.

Thank you to Dorolyn Alper, Yvette Blai, Lara Botts, Edwin Cruz, Shatada Floyd-White, Michelle Fuller, Don & Renee Genora, Jim Hahn, Ken Hart, Sean Hess, Jim Weckerly, Pat Williams, and Sara Wood for participating in the first quarter dessert meeting. As always, it is fun to meet and learn together with you!

Thank you to Lara Botts, Ken Hart, Elicia Liles, Sean Hess, and Jolisa Parham for supporting the STI clinic at Norfolk State and helping to provide testing for 20 students on National Women’s and Girl’s HIV Awareness Day.

Thank you to Johnnie Collins, Phil Davis, Ken Hart, Jagdeesh Ullal, and Earle Williams for attending the IS 700/100 Study Group!

Thank You!