

Norfolk
VIRGINIA



Norfolk MRC News

May 2011

Volume 1, Issue 1

Calendar:

- Orientation, May 7th, 9A-12P
- Orientation, May 12, 6-9P
- KEEP—Kidney Early Evaluation Program, May 14th, 9A-2P. Grace Episcopal Church. VOLUNTEERS NEEDED!
- Orientation, June 6th, 6-9P
- Orientation, June 19th, 9A-12P

All Orientation training located at Norfolk Health Department, 830 Southampton Ave. Room 2083.

Online:

- IS-100.b Incident Command System
- IS-700.a National Incident Management System
- IS-22 Are You Ready? In Depth Guide to Citizen Preparedness

All online courses are FREE and may be accessed through <http://training.fema.gov/EMIWeb/IS>.

Norfolk Welcomes New Coordinator

Greetings MRC friends and partners! I am Linda Botts, and I'm excited to come on-board with Norfolk as the MRC Coordinator. I come to you with previous experience from two MRC units I coordinated in Wisconsin. I've been with the MRC for the past six years, first with the Kenosha County, WI MRC unit, then as coordinator for the Southeast Wisconsin unit, a regional group of six counties.

In my time with the

MRC, I've had the great fortune to meet LOTS of wonderful volunteers and see the impact they make in the community. I've also had the pleasure of learning from and



working with other leaders in public health,

emergency management, emergency services, and state and local government. These people inspired me to continue in service through volunteer organizations.

I was attracted to the MRC in Virginia by the robust state-level support and the many entrepreneurial activities that come out of each unit. Virginia is a very progressive state for volunteers, and I can't wait to see what the Norfolk MRC will add to the mix!

KEEP Event, May 14th

The National Kidney Foundation Serving Virginia is holding a Kidney Early Evaluation Program (KEEP) screening event on Saturday, May 14th at Grace Episcopal Church, 1400 E. Bram-

bleton Ave., Norfolk.

Volunteers are needed to assist with registration, as well as to perform BP checks, BMI, urinalysis, glucose testing, blood drawing and centrifuging. Training

is provided onsite at 9 AM, and the event closes at 2 PM. Interested volunteers must first complete MRC Orientation to assist, please see schedule included in sidebar. *Thanks for your help!*