



### NEWS IN A "HEARTBEAT"



**WELCOME:** Lawrence Barclay, Carol Davis, and Maggie Doley.

*PenMRC Volunteers to date = 604*

**THANK YOU to volunteers who trained or served:** Diana Bailey, Lawrence Barclay, Jennifer Basak, RN, Mary Begor, Michelle Boone-Thornton, Dale Bull, Mark Callazzo, Morgan Castner, DVM, Carolyn Conley, RN, Fran Doyle, Sidney Fink, Mark Fisher, Linda Hairston, RN, Steven Heaston, RN, Sherri Kelley-Davis, Stephanie King, RN, Mary Loesch, RN, Howard Masters, Steven Neilson, Carol Perenzin, Monique Plummer RN, Patricia Olson, RN, Kim Roche, Anna Scarafino-McDaniel, RN, John Shepherd, Beth Sigler, Barbara Smith, Claudia Spurill, Sam Tate, DVM, La'Ura Taylor, Rodney Thompson, and Brad Turner  
71 BP Screenings were given at 7 sites across the Peninsula.

**Our website has been updated!** Check it out: <http://www.vdh.virginia.gov/mrc/peninsulamrc/index.htm>; check back often!

**Calendars:** You can find Training, Public Health Outreach, and Emergency Preparedness and Response Calendars under 'Quick Links and Important Resources' from the main page.

#### TRAINING NOTES:

Orientation is now on-line: <http://www.vdh.virginia.gov/mrc/peninsulamrc/trainva.htm>

ICS—100 training core competency: April 12th & May 16th

Medical Surge: ACS and Shelters - May 8th

Please watch your VVHS email alerts for details regarding registration.

#### PUBLIC HEALTH OUTREACH NOTES:

Hurricane Season is just around the corner and we need more people with medical and non-medical skill sets to become part of the **Medical & Functional Needs Shelter Teams** AND **Hospital Emergency Response Teams** in order to rapidly deploy during emergencies. We need your help in finding interested and committed individuals like YOU who want to serve in the Peninsula community. Please have your referrals complete an online application <http://www.vdh.virginia.gov/mrc/peninsulamrc>

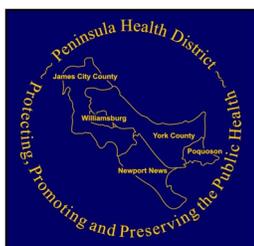
#### EMERGENCY PREPAREDNESS AND RESPONSE EXERCISES NOTES:

##### INSIDE YOUR MRC OFFICE – 2012— "Narrowing the Focus, Broadening the Reach" - First Half 2012

Do you have any suggestions of programs that you would like to see PenMRC offer our volunteers? What do you think will enable our volunteers to become more active? Send Julie an email with your ideas, [Julie.segor@vdh.virginia.gov](mailto:Julie.segor@vdh.virginia.gov).

In 2011, we have had a serious case of the "no call/no show" to events and this trend is continuing in 2012. As a reminder if you sign up for a training, an exercise, or an event and cannot attend please out of courtesy call the office (757) 594-8045 or email Julie or Teresa. Our funding is based on several factors one of which is volunteers showing up to events. Chronic no calls/no shows will result in removal from the program.

Alerts 101: Please do not delete the email alerts you receive; you must click on the link inside of the email and select available or unavailable. Your response is crucial to continued MRC funding for programs.



Peninsula Medical Reserve Corps—  
Peninsula and Hampton Health Districts

**Volunteers Protecting the Health of Virginia**



**Contact Information**

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Search 'Peninsula Medical Reserve Corps'



@PeninsulaVAMRC



<http://www.youtube.com/user/VAMRC>

*Please bookmark these websites:*

PenMRC: <http://www.vdh.virginia.gov/MRC/peninsulamrc>

VVHS (Virginia Volunteer Health System): <https://vms.vdh.virginia.gov/vms/default.jsp?main=reg>

TRAINVirginia: <http://va.train.org>

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E-NEWS FLASH FROM PENINSULA MRC—APRIL 2012

**Awards Ceremony**

PenMRC Awards Ceremony was held at Peninsula Health Center on March 7th, 2012. We honored volunteers for their outstanding service during 2011. Congratulations to: Dale Bull, Carolyn Conley, Brett Dorsey, Fran Doyle, Sidney Fink, Stephanie Gomez, Mary Loesch, Marjorie Ouelette, Dana Perry, Monique Plummer, Kim Roche, Deb Rosson, Barbara Smith, Sam Tate, and Renice Zimmerman.



For more pictures check out our Peninsula Medical Reserve Corps Facebook Page.

***Volunteers Protecting the Health of Virginia***