

# THE MRC CONNECTION

## MARCH 2011



Peninsula Medical Reserve Corps, 416 J. Clyde Morris Blvd., Newport News, VA

Inside this Newsletter:

- Volunteer Highlights . . . . . 1
- Thank You . . . . . 2
- Public Health Events Calendar . . . . . 3
- Training Calendar . . . . . 4
- EP & R Calendar . . . . . 5
- Tips and Reminders . . . . . 5

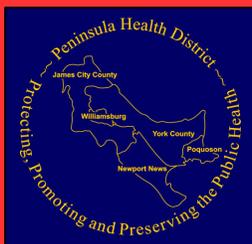
Welcome approved volunteers in February 2011:

- Jennifer Basak, RN
- Kristina Castner, Vet Tech
- Margaret Duffy, RN
- Tracy Jones-Killans
- Kimberly Lerche
- Dr. Leana Long
- Charles McLeod
- Kristian Montgomery

Don't forget to sign up for your Orientation—  
See training calendar and watch for alert to register.

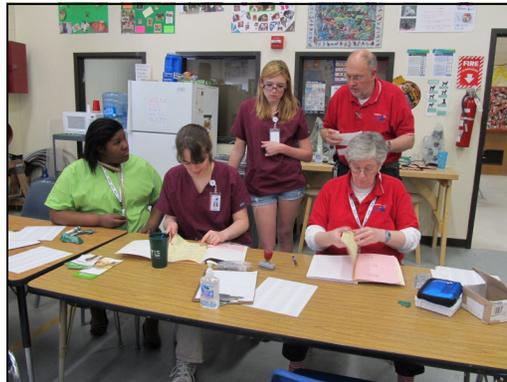
# of volunteers to date:  
620

Thank you for helping protect the health of Virginia!



# Volunteer Highlights

**HOSA—Health Occupations Students of America Veterinary Program at New Horizons School/Woodside Lane Campus work with Sam Tate, DVM and Deb Rosson, Vet. Tech to vaccinate 147 animals**



On Saturday, February 19 Sam Tate, DVM, and Deb Rosson, Vet. Tech lead the HOSA Veterinary Program students at New Horizons in providing rabies vaccinations. A total of 35 cats and 112 dogs were vaccinated. There were 40 dogs and 17 cats vaccinated for the first time. Pets and their owners came from Newport News, Hampton, Gloucester Co., New Kent Co., Williamsburg, Norfolk, and Suffolk.



Volunteers Protecting the Health of Virginia

**Very special thanks to each of the following PenMRC volunteers who helped fulfill the mission of MRC in February 2011**

**PUBLIC HEALTH—105.5 hours:**

**BP Screenings—5 hours (M)**

Ashley Swingle—RN—1.5 hours/15 BP's- Pinecroft Community

College Healthy Heart Expo Newport News

Carolyn Conley- RN—1.5 hours/12 BP's—Mennowood Newport News

Mary Loesch—RN—2 hour/28 BP's—Lexington Commons + Denbigh Sr. Ctr., NNews

Brenda Sarno- RN-1 hour/12 BP's- Warwick SRO, Newport News

**Rabies Clinic—1 Hours (M); 88.5 hours (NM) - New Horizons Veterinary Program—Woodside Campus Newport News**

Sam Tate—DVM, Deb Rosson- Vet. Tech, Brittney Garrison (for marketing materials),

Anglele Wright, Lorna Woodie, Janelle Tucker, Sequoyah Tucker, Ashley Steinetz,

Marie Lockwood, Brittany Gray, Tiara Easley, Kiana Cunningham, Patrick Brosnan,

Jennifer Barber, Katie Baker, Katherine Rahman, Tabitha Turenchalk, Sierra Carless,

Marquita Pritchett, Jonathon Boyd, Tabytha Bevis, Heather Bell, Chardonnay King.

*Special thanks to Barbara Smith for organizing this effort!*

**PROGRAM SUPPORT—80.25 hours:**

**Administrative Support/MRC Office—37.25 hours (NM)**

Frances Doyle, Amber Robertson, Sara Hendricks (HOSA)

**Get P.R.E.P.D. Peninsula—Planning—6 hours (M); 8 hours (NM)**

Winnie Bennett—RN, Diamora Fernandez—RN, Pat Olson—RN, Chuck Olson, Dale

Bull, and Marie Harrell. Special thanks to Shelley Trautman for chairing the committee

**Zoonosis Lecture Preparation—29 hours (M)**

Sam Tate- DVM

**TRAINING—55.5 hours:**

**Peninsula MRC Orientation—6 hours (M); 2 hours (NM)**

Dr. John Shepherd, Patricia Brown—AVRN, Jennifer Basak- RN, Amber Robertson

**IS-100—9 hours (M)**

Susan Jones- RN, Jessica Lassiter-CNA, Lynne Hinnenkamp- Pharmacist

**IS-200—3 hours (NM)**

Frances Doyle

**Psychological First Aid—20 hours (M); 15.5 hours (NM)**

Sherri Kelley-Davis, Kathy Whitehead- RN, Diondria Sanders—RN, Diamora Fernandez—

RN, Jennifer Basak- RN, Dale Bull, Laurence Watson—EMT, Helayna Banks, Dr. Sydney

Fink, Richard Garfield, Kristen Hamill, Karen Hunter—RN, Susan Jones—RN,

Lynne Hinnenkamp, Pharmacist, and Renate Wygnanski.

*Special thanks to Mary Begor, Instructor for taking the time out of her busy schedule to provide this training.*

**TOTAL HOURS: 241.25**

**87 Medical, 154.25 Non-Medical**



***Volunteers Protecting the Health of Virginia***

# March 2011—Public Health Events

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 BP Screenings Berkley Vil West 10:30am-12pm Berkley Vil.South 1pm-2:30pm	3 BP Screenings Seton Manor 10am-12:30pm	4	5
	6	7	8 BP Screenings Lexington Commons 2 pm—3:30 pm	9 Lafayette Village Williamsburg 11:30am—1:30pm	10 BP Screenings Denbigh Senior Center 11 am—1 pm	11
13	14	15	16 BP Screenings Clean Comfort 9am-10am	17 BP Screenings Christian Village 1pm-2:30pm	18	19
20	21	22	23	24	25	26
27	28	29 BP Screenings Wellesley Comms 2pm-3pm  Mennowood 2pm-3:30pm	30 BP Screenings Warwick SRO 2:30-3:30pm	31		

Public Health Schedule of Events—BP Screenings:

~March 2—Mary Loesch

~March 3—Need Volunteer RN/LPN

~March 8—Mary Loesch

~March 9—Need Volunteer RN/LPN (new)

~March 10— Mary Loesch

~March 16—Need volunteer RN/LPN

~March 17— Mary Loesch

~March 29—Mary Loesch/ Carolyn Conley

~March 30— Brenda Sarno

Public Health Schedule of Events—Messages:

**Thank you for providing this important public health activity!**

Please remember to submit your hours and # of BP's to [Teresa.Blakeslee@vdh.virginia.gov](mailto:Teresa.Blakeslee@vdh.virginia.gov) for State and National reporting.

This calendar is provided for reminders or awareness of upcoming events. Please do not self-deploy to non-BP screening events; you will be notified of non-BP screening events via VVHS activation alerts; Please use this system to express your interest in serving. You will be contacted only if selected to deploy.

# March 2011—Training Events

SUN	MON	TUE	WED	THU	FRI	SAT
		1 ~CPR Health Care Provider	2	3	4	5
6	7	8	9	10	11	12
13	14	15 ~CPR Health Care Provider	16 ~BP Measurement Refresher ~PenMRC Orientation	17	18	19
20	21 ~CPR Non-Medical	22	23	24	25	26
27	28	29	30	31		

**Training Schedule of Events—please provide MRC with certificate upon completion**

- ~3/1—8 am—1pm CPR for Health Care Providers—Mary Immaculate Health Ed Room (TRAINVirginia # 1025276)
- ~3/15— 8 am—1pm CPR for Health Care Providers—Mary Immaculate Health Ed Room (TRAINVirginia # 1025276)
- ~3/16— 8:30am—11am—BP Class—Peninsula Health Center—416 J. Clyde Morris, Blvd., 2nd Fl conf. rm.
- ~ 3/16-1pm-3:pm — Orientation- Peninsula MRC Unit—416 J..Clyde Morris.,2nd floor NNews (Alert or TRAINVirginia # 1020123)
- ~3/21— 8 am—1 pm CPR for Non-Medical—Heartsavers—Mary Immaculate Ed Room (TRAINVirginia # 1025278)

*Special Note: Due to the volume of activities inside of the PenMRC office, training reminders are not sent. If you have clicked available in the training opportunity email alert, or signed up for the course via TRAINVirginia, please mark your calendar. Your name is automatically added to the roster and the instructor is expecting you. Please withdraw in TRAIN (if you have an account), or email the PenMRC to cancel. Thanks for your understanding.*



**‘Training is the Gateway to Serving’ and builds confident and competent volunteers.**

Emergency Preparedness and Response - Schedule of Events

# March 2011—EP & R Exercises

} No EP & R Exercises have been scheduled to date.  
 } **Stay tuned for EP & R Exercises in May and June.**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## Tips and Reminders

**Virginia Volunteer Health System (VVHS) Alerts:** If you have received an alert for an opportunity with MRC, at the bottom of the alert is a link to select your availability. If you select available, your name is automatically added to a roster. If you change your mind, you can go back to that same alert email and select unavailable to have your name removed. Please note in order to prepare materials for participants, I expire training alerts 24—48 hours before the class. If you decide you cannot make the class, and you cannot select unavailable, please call me or send me an email. Your participation could spell the difference in holding the class or not. Also, if you registered in TRAIN, you will need to withdraw from the course in TRAIN. I do not send out reminders for training classes, but you will hear from me if a class is cancelled.

When I send out a training alert, currently, the VVHS system cannot eliminate volunteers who have already had that particular training. You will receive the alert. If you know that you have had the training already you can ignore the alert.



If you have signed up to be part of the **Riverside Emergency Response Team**, you have received several emails and a phone call with reminders that we are still waiting for you to complete your MRC prequalification's before I can turn you over to Riverside for their specific training. I will be forming groups of six at a time. Please try to complete this training as soon as possible. Riverside Emergency Department Staff eagerly awaits your smiling faces.



***“IS-100 is now a mandatory course for Eastern Region MRC volunteers.”***

As with most all volunteer organizations training is the gateway to serving. It is now mandatory that all volunteers in the Eastern Region complete the **IS-100** course. If you have taken an IS-100 course in the past and you have not submitted your certificate to me, please fax or mail a copy to my attention as soon as possible. The current course offering through FEMA is IS-100.b, but there is no need currently to re-take if you have had an earlier version. I simply need the certificate of completion. Below is the link to take the course on-line. It will take 2– 3 hours including the exam—you must receive an 80% pass rate to receive a certificate. You will receive a certificate link via email usually within 2 business days after passing the exam. Please send that email to me so I can mark your record. Please note, FEMA does not send the certificate to me, and I don't have access to their database. If you have passed the exam but have not received a certificate, check your spam mail or call 301-447-1200 to have one mailed to you. **To take the course on-line go to TRAINVirginia #1024627 or FEMA: <http://emilms.fema.gov/IS100b/index.htm>**

Contact Information

Peninsula Medical Reserve Corps  
Peninsula Health Center  
416 J Clyde Morris Blvd.  
Newport News, VA 23601  
Main: 757-594-8045  
Fax: 757-594-8612

*Please bookmark these websites:*

PenMRC Website: <http://www.vdh.virginia.gov/MRC/peninsulamrc>

VVHS (Virginia Volunteer Health System): <https://vms.vdh.virginia.gov/vms/default.jsp?main=reg>

TRAINVirginia: <http://va.train.org>

Receiving this newsletter by USPS? You are missing out on critical email alerts!  
Please update your email address by logging in to **VVHS** or by calling 594-8045 or emailing [Teresa.Blakeslee@vdh.virginia.gov](mailto:Teresa.Blakeslee@vdh.virginia.gov)

facebook

See us on Facebook!  
Search Peninsula Medical Reserve Corps

twitter

Teresa D. Blakeslee  
Peninsula MRC Coordinator/Volunteer Manager  
[Teresa.Blakeslee@vdh.virginia.gov](mailto:Teresa.Blakeslee@vdh.virginia.gov)  
Cell: 757-570-2918



The MRC Connection Newsletter  
Assistant Editor:  
Amber Robertson, MRC Volunteer



THE MRC CONNECTION  
MARCH 2011



Virginia Department of Health  
Peninsula Health Center  
416 J. Clyde Morris Blvd.  
Newport News, VA 23601

*Volunteers Protecting the Health of Virginia*