



EMS TRAINING PROGRAM ADMINISTRATION MANUAL

Policy Number: T-035	Page: 1	of: 1
Title: Approved Courses in Cardiopulmonary Resuscitation (CPR)		
Regulatory Authority: 12VAC5-31-1450		
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- A. The requirements for certification in Cardiopulmonary Resuscitation (CPR) for the purposes of testing at all Virginia certification levels are based upon the current guidelines of the American Heart Association "Standards for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC). Revisions of these standards are generally considered as the current accepted practice of CPR on a national basis.
- B. The Virginia Office of EMS requires that all individuals hold current certification in **CPR as a prerequisite** for enrollment in the **EMT and Emergency Medical Responder/First Responder Programs** (initial full certification courses). Verification of CPR credentials will be maintained by the EMT-Instructor on the **Individual Skill Performance Record** showing successful course completion by attaching a copy of the CPR card to the **Individual Skill Performance Record**. (Current CPR card or official course rosters are also acceptable to verify CPR certification.) As specified in the curricula listed above, completion of an approved course which tests the following skills is required:
1. Critical concepts of high-quality CPR
 2. The Chain of Survival
 3. 1-Rescuer CPR and AED for adult, child and infant
 4. 2-Rescuer CPR and AED for adult, child and infant
 5. Differences between adult, child and infant rescue techniques
 6. Bag-mask techniques for adult, child and infant
 7. Rescue breathing for adult, child and infant
 8. Relief of choking for adult, child and infant
 9. CPR with an advanced airway
- C. The current courses which are accepted by the Virginia Office of EMS to meet these standards may be found on our website:

<http://www.vdh.virginia.gov/OEMS/Training/CPRRequirements.htm>