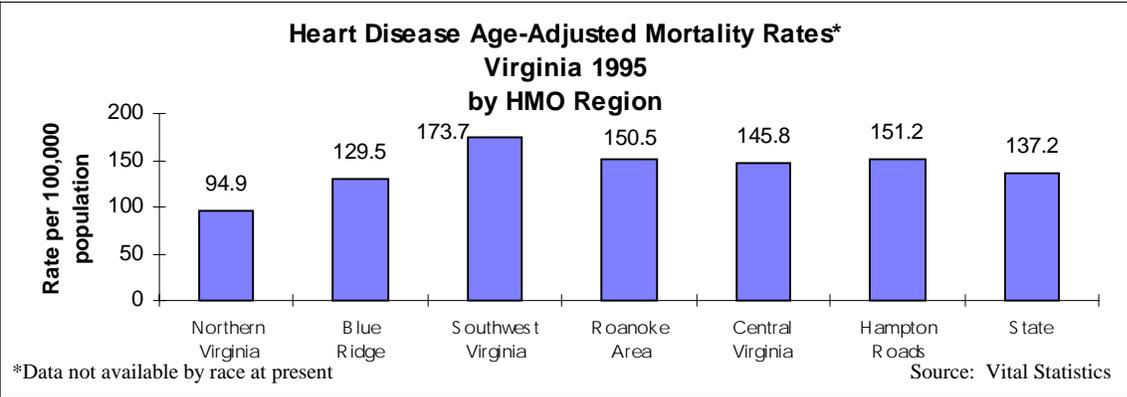
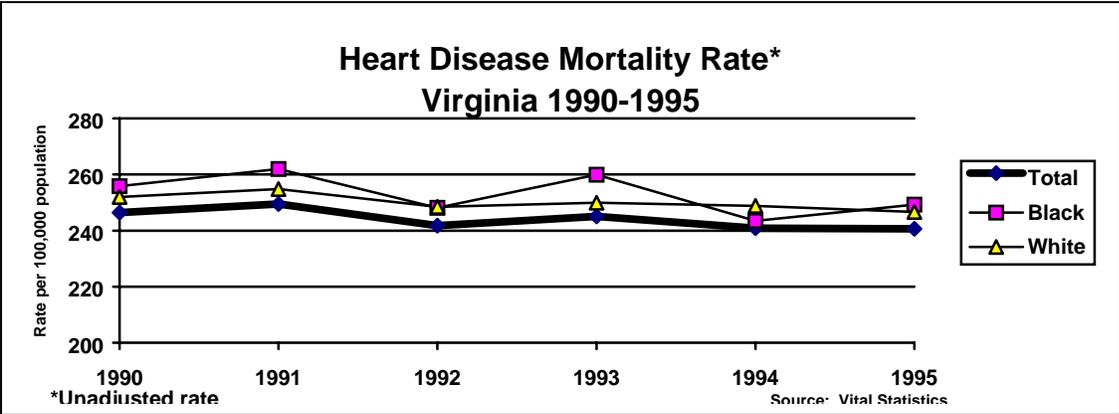


Coronary Heart Disease Deaths

Objective: *Reduce coronary heart disease deaths to no more than 100 per 100,000 people (age-adjusted).*

The leading cause of death in Virginia is heart disease, with 30% of all resident deaths recorded in 1995 attributable to this factor. Mortality rates for heart disease have declined in recent years. However, the age-adjusted rate in 1995 of 137.2 per 100,000 population is still significantly above the objective for the year 2000 of 100 per 100,000 per population. Age-adjusting is a statistical procedure that takes into account the differences in the age distribution of the population, thereby allowing for better comparison of rates for conditions that are associated with age. The first chart below shows unadjusted rates because age-adjusted rates are not available for years prior to 1995. Major risk factors for coronary heart disease include smoking, age, family history, uncontrolled high blood pressure, diabetes mellitus, obesity, elevated LDL cholesterol and decreased HDL cholesterol levels.



**Coronary Heart Disease Age-Adjusted Death Rates*
by Health District, Virginia 1995**

FIRST QUARTILE	Fairfax	81.7	Virginia 2000 Objective
	Arlington	96.9	
	Alexandria	106.8	100 per 100,000
	Chesterfield	107.7	
	Virginia Beach	118.8	U.S. Rate 1993
	Loudoun	121.3	
	Rappahannock/Rapidan	126.5	
	Henrico	127.9	
	Thomas Jefferson	128.2	
SECOND QUARTILE	Three Rivers	131.9	Virginia Rate 1995
	Prince William	132.9	
	Lord Fairfax	134.8	
	Central Shenandoah	136.8	
	Central Virginia	137.4	
	Rappahannock	138.6	
	Alleghany	141.0	
	Hanover	142.2	
	Peninsula	143.0	
THIRD QUARTILE	Hampton	146.0	137.2 per 100,000
	New River	146.2	
	West Piedmont	154.7	
	Mount Rogers	157.0	
	Eastern Shore	159.8	
	Portsmouth	168.9	
	Western Tidewater	169.9	
	Richmond	170.2	
	Piedmont	171.9	
FOURTH QUARTILE	Chesapeake	173.7	
	Roanoke	177.8	
	Lenowisco	178.1	
	Crater	179.2	
	Pittsylvania/Danville	180.7	
	Cumberland Plateau	181.3	
	Southside	181.9	
Norfolk	190.5		

* Rates per 100,000 population