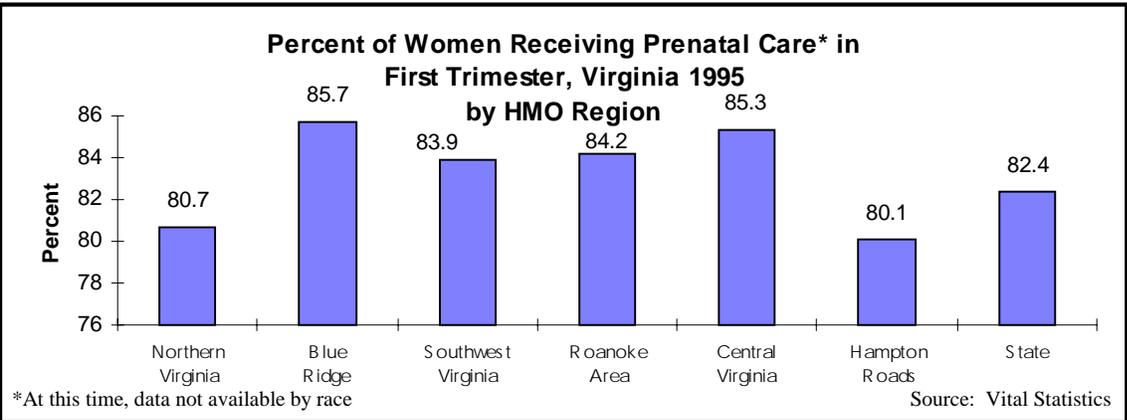
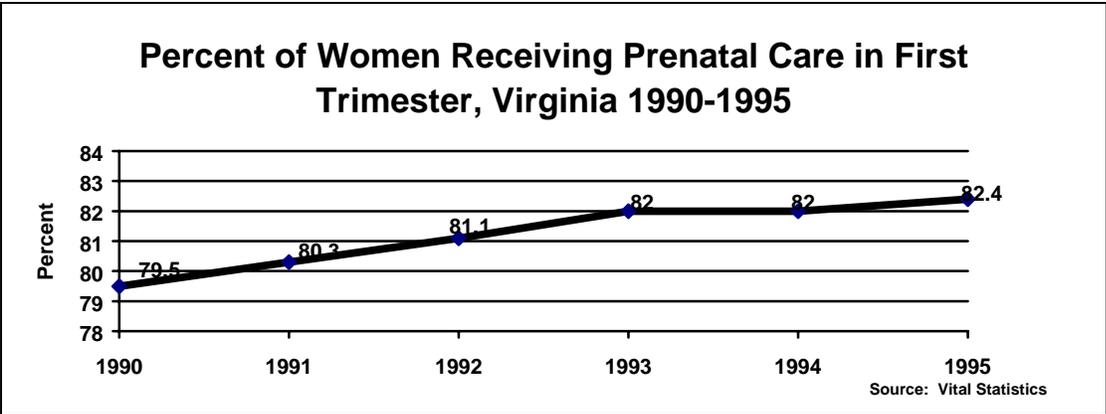


Prenatal Care

Objective: *Increase to at least 90% the proportion of all pregnant women who receive prenatal care in the first trimester of pregnancy.*

An expectant mother who receives no prenatal care is three times more likely to deliver a low birthweight baby. Conversely, high quality prenatal care that is initiated in the first trimester is associated with improved pregnancy outcomes and the physical and emotional support needed during gestation. This is especially important for women at increased medical and/or social risk, such as those from low income households, those with less than a high school education, those who become pregnant as teenagers, and those with a large number of children. It is critical that such individuals be targeted for the most influential components of prenatal care, including early identification and management of medical risk factors, lifestyle behavioral risk reduction (improved diet, cessation of smoking, alcohol and/or drug use), and referral to other needed services. Effectively addressing such issues for these high-risk populations will enable the Commonwealth to go a long way towards realization of its objective in this area.



Percent of Pregnant Women Who Receive Prenatal Care in the First Trimester by Health District, Virginia 1995

FIRST QUARTILE	Hanover	93.5	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Virginia 2000 Objective 90.0% </div>
	Henrico	91.4	
	Alleghany	91.3	
	Chesterfield	91.0	
	Loudoun	90.0	
	Roanoke	88.3	
	Mount Rogers	87.4	
	Thomas Jefferson	87.3	
	Chesapeake	86.5	
SECOND QUARTILE	Central Virginia	86.3	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Virginia 1995 82.4% </div>
	Lord Fairfax	86.0	
	Rappahannock	85.1	
	Central Shenandoah	84.8	
	Rappahannock/Rapidan	84.7	
	Virginia Beach	83.9	
	New River	83.5	
	Lenowisco	83.3	
	Western Tidewater	82.8	
THIRD QUARTILE	Peninsula	82.2	<div style="border: 1px solid black; padding: 5px; text-align: center;"> U.S. 1994 80.2% </div>
	Norfolk	82.2	
	Pittsylvania/Danville	82.2	
	Prince William	82.1	
	Fairfax	81.5	
	Three Rivers	81.1	
	Piedmont	80.9	
	Cumberland Plateau	79.8	
	West Piedmont	78.4	
FOURTH QUARTILE	Hampton	78.3	
	Richmond	78.2	
	Crater	77.6	
	Portsmouth	73.8	
	Alexandria	70.1	
	Arlington	68.9	
	Eastern Shore	67.7	
Southside	66.4		