

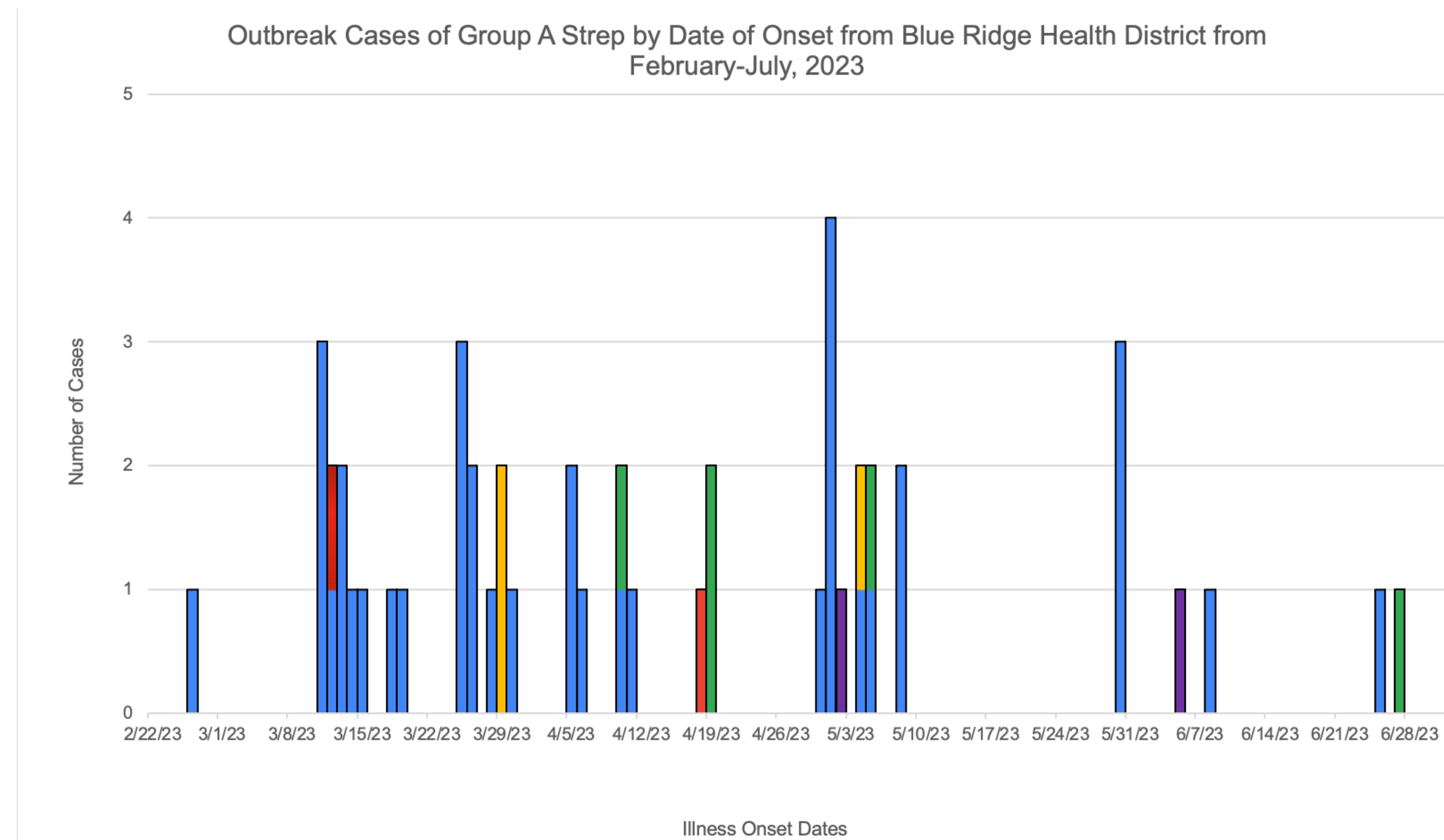


BLUE RIDGE HEALTH DISTRICT

Presenter: Cate Vaughn



The most important thing I took away from this internship is that no one is too young for public health. Despite my age, I took away a plethora of hard public health skills.



For example, I learned how to make epi curves (the one above is from a local strep outbreak!). But this internship taught me the true breadth of public health. We need nurses, doctors, financial analysts, young people, older people, and so many more types of people. Thank you to Jeff, Sam, my mentor, and everybody else involved in this program.

My "Project"(s)

- Discovering all the different facets of public health
- Digging ten-foot DEEP holes to analyze soil patterns
- Conducting hotel and restaurant food safety inspections
- Assisting refugee health screenings
- Analyzing outbreak data and creating graphs for the epi department
- Conducting patient phone calls to provide VDH health resources and information

