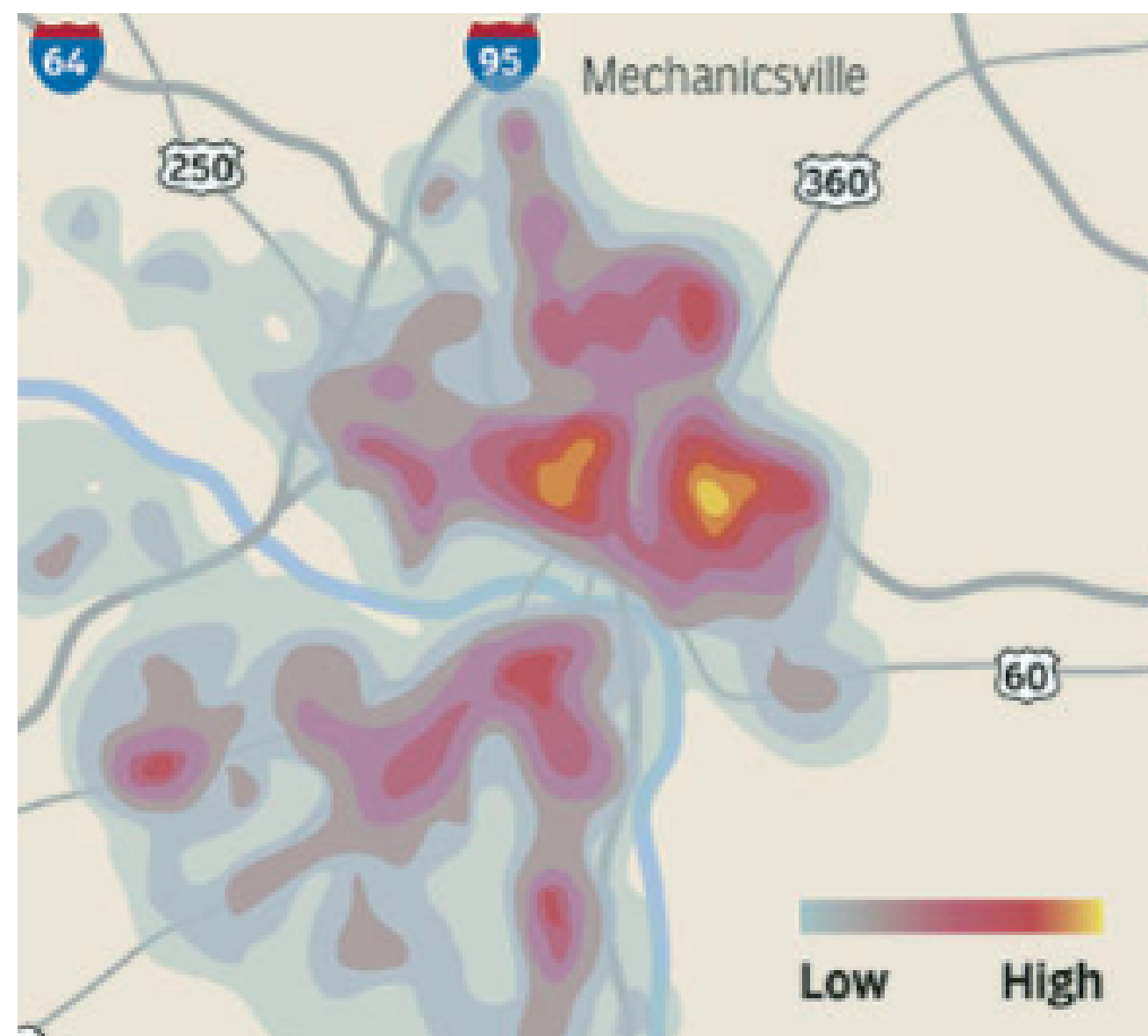


### Naloxone Training and Distribution

- Used ambulance service data to identify areas of Richmond/Henrico with high opioid overdose rates
- Reached out to businesses in these areas to offer training in naloxone administration; coordinated through RHHD COVID-19 Case Managers
- Through the REVIVE! program, trained employees across Richmond in naloxone administration + distributed doses of naloxone
- Future program expansion to areas without high overdose rates

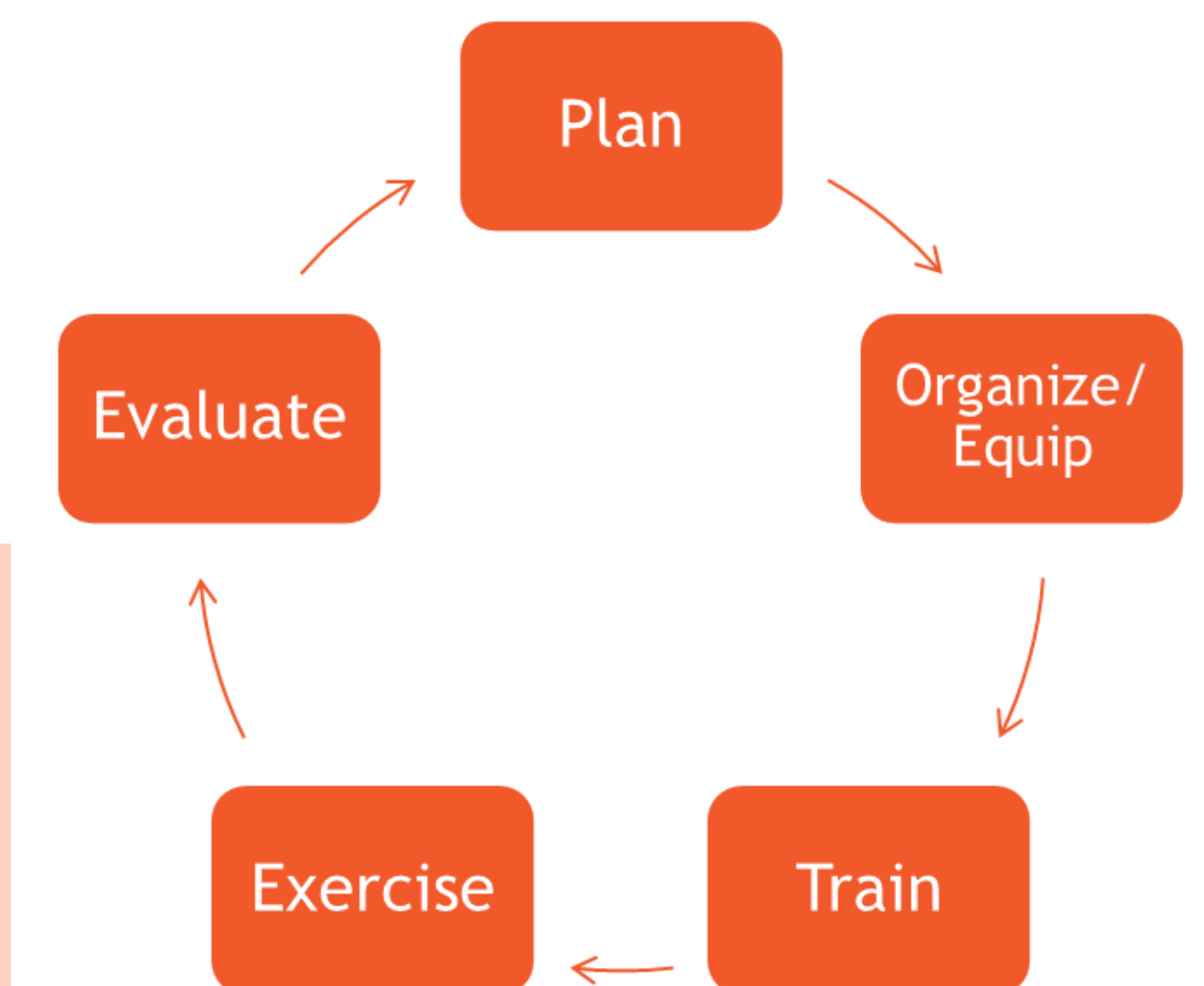
### Emergency Preparedness Training

- Led an emergency preparedness training to the Community Health Workers that manage the seven Resource Centers around Richmond/Henrico
- Educated on evidence-based recommendations for various emergencies
- Structured presentation around the FEMA preparedness cycle



*Training staff at the Richmond Main Library!*

**Email:** [nick.tort1@gmail.com](mailto:nick.tort1@gmail.com)  
 Thank you to everyone at RHHD and VDH for making this internship such a valuable and rewarding experience. Special thanks to Ed Porner and Amanda Tedesco for their guidance and mentorship!



### Other Projects and Experiences

- Assisted with state peer review of Project Public Health Ready applications from other LHDs
- Visited the Whitcomb Resource Center at their 13-year celebration and handed out food to community members
- Met with providers at the Richmond clinic, Henrico East and West clinics, and the Southwood Resource Center

### What I Learned

- How to mobilize data to construct a program that addresses a disparity
- Engaging with stakeholders and building community trust is crucial to developing programs that adequately and accurately address population needs
- Almost every public health program or project involves collaboration between professionals in different departments of the health district
- You can never be too prepared for a presentation or a meeting!