

VIRGINIA DEPARTMENT OF HEALTH

# INTERNSHIP ACADEMY



**RAMATA SESAY, NEUROSCIENCE ICU NURSE . OFFICE OF EMERGENCY MEDICAL SERVICES**

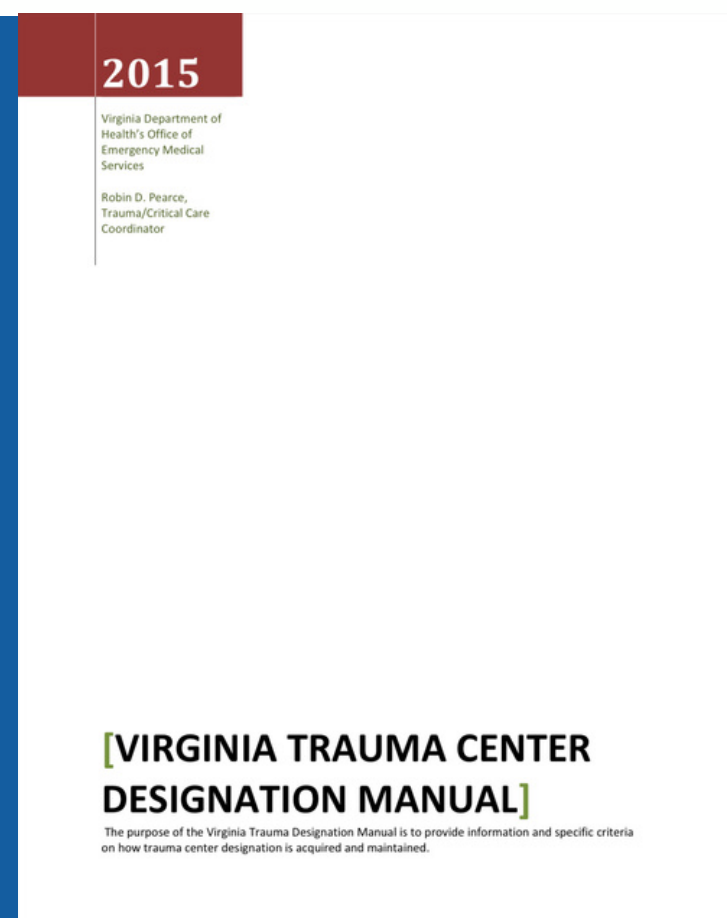
## PROJECTS UNDERTAKEN



- Collaborated directly with the Division Director of Trauma and Critical Care; Mindy Carter and the Trauma and Critical Care Manager; Ashley Camper on the Revision of the **Trauma Designation Manual**.
- Attended a **State Stroke meeting** with key members from Joint Commission, ESO and the Stroke Epidemiologist for the development of a State Stroke data dictionary.
- Attended the **Medical Direction Committee's** quarterly meeting.
- Did a **ride along shift** with the **Richmond Ambulance Authority**, during which I observed a supervisor, paramedics and EMTs as they delivered care to patients
- **Toured a premier Level 1 Trauma Center** that is verified in Adult, Pediatric and Burn care.
- Explored the process of data validation.

## WHAT I LEARNED

- Discovered the power of networking, learning how to build professional relationships. My mentor Jessica Rosner helped me better my communication skills and was my accountability partner throughout this experience.
- Learned about the Virginia Trauma system, how hospitals can attain trauma accreditation through both the State and the ACS and some of its global implication.
- Grew a new deep found sense of respect and value for prehospital staff such as EMTs and Paramedics as an integral part of ensuring positive patient outcomes.
- Recognized the importance of Epidemiologists and how they are one of the cornerstones of Public Health and how they help us understand clinical data and see key patterns that advocate for the better health outcomes.
- Expanded my understanding of the involvement of nurses in Public Health and all the roles and responsibilities they can assume.



IN THE OFFICE



ON THE HELIPAD



RAA RIDE ALONG