Virginia Department of Health

PrEP Adherence Resource List

A list of resources to help patients, providers and organizations support adherence to daily PrEP medication. PrEP is pre-exposure prophylaxis for the prevention of HIV.

**Patient Resources**

**Patient Brochures**
- **Taking PrEP - A Daily Pill to Reduce Your Risk of Getting HIV**
  Centers for Disease Control (CDC)

**Mobile Adherence Support**
- **MediSafe Mobile App**
- **Yahoo Finance**
- **Top Medication Reminder Apps for Patients**
  Pharmacy Times
- **Top Five Medication Management Apps**
  Caring Village
- **Top 10 Mobile Apps in Medication Management**
  Hempel Digital Health Network

**Adherence Tools**
- **8 Creative Ways to Remember to Take Your Medicine Every Day**
  Drug.com
- **20 Creative Ways People Keep Track of Their Medication**
  The Mighty.com

**Other Resources**
- **VIDEO: PrEP: Figuring out How PrEP Fits into Your Life**
  Project Inform
- **VIDEO: Are you ready for PrEP?**
  CDC
- **PrEP Facts***: https://prepfacts.org/
  San Francisco AIDS Foundation

*Includes Spanish language resources

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**Provider Resources**

- **Implementation Tool for Pre-exposure Prophylaxis of HIV Infection. - Modules 1, 3 and 6 include information on supporting patient adherence.**
  Click here.

- **World Health Organization**

- **Medication Adherence Action Kit Relevant for any medication (not just PrEP)**
  Click here.

  New York City Department of Health and Hygiene

  *“Limitations to Treatment Safety and Efficacy; Adherence to the Continuum of Care”* Click here.

  See Table 14: Strategies to Improve Linkage to Care, Retention in Care, Adherence to Appointments, and Adherence to Antiretroviral Therapy

  National Institutes of Health

- **Screening Tools**

  Click here.

  Click here.

  J Kane, W Kissling, T Lambert and E Parellada for the Centers of Excellence for Relapse Prevention.

  **Adherence Rating Scales**

  Reviews adherence screening tools and scales. Click here.
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**Training and Professional Development**

American Medical Association. *Online training: Medication Adherence: Improve the health of your patients and reduce overall health care costs.* [Click here.](#)

Northwest AIDS Education & Training Center. “Using Motivational Interviewing to Support Adherence.” [Click here.](#)

**Peer-Reviewed Resources**


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