

WHAT YOU NEED TO KNOW ABOUT **MPOX**



WHAT ARE THE SYMPTOMS?

Rash

Can look like pimples or blisters. Might develop on one part of the body or on many parts of the body. The rash may be painful.

OTHER POSSIBLE SYMPTOMS



Fever



Headache



Muscle / Back Aches



Swollen Lymph Nodes



Chills



Tiredness

To learn more about the mpox virus, call the **VDH** Hotline at **877-829-4682** or visit **vdh.virginia.gov/mpox/**

HOW CAN YOU **PREVENT** THE SPREAD?



AVOID CLOSE CONTACT

including sexual contact, with people who are sick or have a rash.



AVOID SHARING

personal items. Clean and disinfect personal items before others use them.



STAY HOME

and contact your doctor if you have symptoms.



GET VACCINATED

if you are exposed to mpox or are eligible.



HOW DO I LEARN MORE?

Scan the QR code

Visit: www.vdh.virginia.gov/mpox/

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