

QMAC COMMUNICATOR

STRONGER TOGETHER

SPRING 2025
NEWSLETTER

IMPORTANT REMINDERS

Medication Access Transition

- As of February 1, 2025, uninsured clients will access medications from Virginia Walgreens pharmacies or have them mailed to their homes. Ramsell Corporation is assisting Walgreens in providing this service. Contact the Call Center (**855-362-0658**) if you have any questions.

End of GY24

- As the grant year comes to an end, remember Q4 QIP submissions are due by April 15th. Use the CQM TA link below for assistance with the GY24 final report.

<https://redcap.vdh.virginia.gov/redcap/surveys/?s=H7T8LMWA7PYNXLFN>

Vaccinations

- Make sure your vaccinations are up to date. Protect yourself and your clients by staying current on key vaccines, including pneumonia, shingles, and COVID-19. Unsure which vaccines are needed? Contact your local health department for guidance and recommendations.

UPCOMING EVENTS

- CM Webinar Training–Mar 25th, 2025
- Community HIV Planning Group– April 10th, 2025
- QMAC Meeting–May 14th, 2025
- VACAC Quarterly Training– May 20th, 2025

WELLNESS CORNER

Spending time outdoors in the spring is a simple yet powerful form of **self-care**. The fresh air, warm sunshine, and blooming nature can positively impact your mental and physical well-being. Whether it's a walk in the park or just sitting outside, taking a moment to connect with nature helps reduce stress, boosts mood, and refreshes the mind. Embracing the season's beauty is a reminder to slow down and prioritize yourself, as an important practice for overall wellness.

VACAC SPOTLIGHT

Northern Region

Congratulations to the Northern Region VACAC members! They received an **Award of Recognition** from Nova Salud for their outstanding dedication, support, and active involvement in the fight to end the HIV epidemic.

Southwest Region

VACAC members in the Southwest region will host a "Let's Hear from the Doctor" event at the Carilion Clinic in March. This event will be an invaluable opportunity for consumers to engage directly with an infectious disease doctor. Topics will include: new medications, HIV and Aging, managing comorbidities, transgender care, and women's health.

COMMITTEE SPOTLIGHT

Hello QMAC! We are the Communications subcommittee and are currently working on re-branding the quarterly QMAC newsletter. Our committee members have redesigned the newsletter to be more concise and ensure that relevant information is communicated to QMAC members and stakeholders in a digestible format. Our updated newsletter will include important dates, committee spotlights, and important links for stakeholders. Be on the lookout for our new newsletter in the near future!