West Piedmont Health District – County Health Rankings 2020

	VIRGINIA	Franklin	Henry	Martinsville	Patrick
HEALTH OUTCOMES (good = low #)	**133 localities**	**Rank 65/133**	**Rank 97/133**	**Rank 128/133**	**Rank 93/133**
Premature death	6,400	8,300	9,300	14,800	9,900
QUALITY OF LIFE		**69/133**	**110/133**	**128/133**	**89/133**
Poor or fair health	16%	16%	21%	22%	17%
Poor physical health days	3.5	3.7	4.2	4.3	4.0
Poor mental health days	3.8	3.9	4.3	4.4	4.3
Low birthweight	8%	9%	9%	13%	9%
Life expectancy	79.5	78.3	76.5	69.1	76.1
Frequent physical distress	11%	11%	13%	13%	12%
Frequent mental distress	12%	12%	14%	14%	13%
Diabetes prevalence	11%	15%	21%	14%	17%
HEALTH FACTORS		**68/133**	**107/133**	**123/133**	**88/133**
Adult smoking	16%	16%	19%	20%	18%
Adult obesity**	30%	36%	34%	29%	25%
Food environment index**	8.9	8.2	7.4	6.0	8.1
Physical inactivity**	23%	31%	33%	35%	36%
Access to exercise opportunities	83%	42%	40%	95%	46%
Excessive drinking	17%	18%	14%	14%	15%
Alcohol-impaired driving deaths	30%	22%	30%	--	11%
Sexually transmitted infections**	500.3	315.4	349.4	793.7	169.8
Teen births	18	20	27	57	26
Drug overdose deaths		25	23	35	36
Food insecurity	10%	10%	14%	20%	12%
Limited access to healthy foods	6%	6%	7%	10%	5%
Physical inactivity	23%	31%	33%	35%	36%
Insufficient sleep	36%	33%	38%	40%	36%

	VIRGINIA	Franklin	Henry	Martinsville	Patrick
CLINICAL CARE		52/133	83/133	82/133	114/133
Uninsured	10%	13%	13%	10%	14%
Primary Care Physicians	1,320:1	2,820:1	1,650:1	13,140:1	3,530:1
Dentists	1,460:1	6,240:1	1,700:1	--	8,841:1
Mental Health Providers	570:1	1,760:1	8,490:1	260:1	2,520:1
Mammography screening	44%	48%	48%	49%	44%
SOCIAL & ECONOMIC FACTORS		78/133	106/133	126/133	97/133
High school graduation	92%%	90%	88%	87%	93%
Some college	71%	53%	55%	56%	54%
Unemployment	3.0%	3.1%	3.7%	4.6%	3.9%
Children in poverty	14%	23%	28%	34%	23%
Income inequality	4.8	4.6	4.4	5.8	5.0
Children in single-parent households	30%	31%	36%	61%	36%
Social associations	11.4	10.1	14.3	27.4	8.5
Violent crime	207	150	227	282	146
Injury deaths	63	93	105	138	108
Reading scores	3.3	3.2	3.1	2.8	3.3
Math scores	3.3	3.3	3.2	2.9	3.3
Median household income	$ 72,600	$53,500	$36,500	$33,900	$ 42,900
Children receiving free/reduced lunch	44%	55%	85%	99%	46%
Homicides	21	5	6	12	--
Suicides	5	15	18	19	18
Firearms fatalities	13	14	19	22	18
Juvenile arrests	12	59	32	40	34
Air pollution – particulate matter	8.9	9.4	9.7	9.5	9.1
Drinking water violations	--	No	Yes	--	No
Severe housing problems	15%	12%	12%	15%	13%
Driving alone to work	77%	79%	88%	80%	87%
Long commute - driving alone	40%	51%	27%	18%	40%
Home ownership	66%	80%	72%	58%	76%
Severe housing cost burden	13%	12%	12%	16%	13%

Source: CountyHealthRankings.org | Compiled by West Piedmont Health District

Notes:

- Rankings are distributed among 133 Virginia localities. The smaller the number, the better the outcome.
- Premature Death – Years of potential life lost before age 75 (age adjusted)
- Poor-to-Fair Health Days – self reported by adults and calculated as a percentage of the adult population.
- Poor Physical Health – Average # of physically unhealthy days in past 30 days, as self-reported.
- Poor Mental Health – Average # of mentally unhealthy days in past 30 days, as self-reported.
- Low Birthweight -- % of live births at a weight of 5.12 pounds or below.
- Adult Obesity -- % over 20 with a BMI greater than or equal to 30 kg/m2.
- Food Environment Index – Factors that contribute to a healthy food environment with 0 being "worst" and 10 being "best."
- Physical Inactivity -- % of adults 20+ reporting NO leisure time physical activity.
- Access to Exercise -- % of the population with adequate access to locations for physical activity.
- Excessive Drinking -- % of self-reported binge or heavy drinking.
- Alcohol-Related Driving Facilities -- % of deaths with alcohol involvement.
- Sexually-transmitted infections -- # of newly diagnoses cases of chlamydia per 100,000 population.
- Teen Pregnancy – age 15-19 birth rate per 1,000 females.
- Income Inequality – Ratio of household income at the 80th percentile to income at the 10th percentile.
- Social Connections -- # of membership associations per 10,000 population.
- Violent Crime Rate -- # of crimes per 100,000 population
- Injury Rate – injuries per 100,000 population