



TO ENSURE ALL VIRGINIANS HAVE ACCESS TO REPRODUCTIVE HEALTH SERVICES

Plan For When You Want to Have Your Family!

The Virginia Department of Health (VDH) is committed to doing our part by ensuring that all Virginians have access to reproductive health services. West Piedmont Health District is one of more than 150 clinics in the state that are able to provide free or reduced-cost birth control methods to patients.

West Piedmont Health District offers a number of health and wellness services for the entire family.
<https://www.vdh.virginia.gov/west-piedmont/>

- *There is no current evidence that getting a COVID-19 vaccination causes problems with breastfeeding, pregnancy, or fertility. A COVID vaccine, whether you are pregnant or not, protects you from severe illness from the virus. Visit our website for more information:*

<https://www.vdh.virginia.gov/west-piedmont/health-services-especially-for-women/>

Hours

8:00 a.m. to 4:30 p.m.
Monday through Friday.

*Please call for Family Planning
appointments.*

Health Department Locations

Henry-Martinsville Health Dept.
295 Commonwealth Blvd., Martinsville, VA 24112
Phone: (276) 638-2311

Franklin County Health Dept.
365 Pell Ave., Rocky Mount, VA 24151
Phone: (540)-484-0292

Patrick County Health Dept.
106 Rucker Street Suite 123, Stuart, VA 24171
Phone: (276)-693-2070

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VDH VIRGINIA
DEPARTMENT
OF HEALTH
Protecting You and Your Environment
www.vdh.virginia.gov

Family Planning Services



Martinsville City
Henry County
Franklin County
Patrick County

www.vdh.virginia.gov/west-piedmont
facebook.com/westpiedmonthealthdistrict



Family Planning Services for Men & Women

Family planning services are offered to both men and women to help plan when to start a family. Dedicated public health staff strive to help reduce unplanned pregnancies through education, counseling, and the most up-to-date contraceptive services. The Family Planning program provides contraceptive services, as well as sexually transmitted infection screening and treatment, pre-pregnancy planning, health screening and exams, immunizations, and education.

Eligibility

Any resident of Henry County, Franklin County, Patrick County or the City of Martinsville may come to the Health Department for family planning services. See the back of this brochure for locations.

Cost

Fees for services are based on a sliding scale. Insurance-covered clients are welcome also.

Appointments

Clinics are held at each Health Department location. Please call one of the phone numbers on this brochure to schedule your appointment. Patients are seen by appointment only.

Contraceptive Services

LARC (Long Acting Reversible Contraceptive)

LARCs are reversible contraceptives that provide an extended period of contraceptive protection. These include injections, implants, and intrauterine devices.

Depo Provera Injection

Depo is a form of contraception that is given in an injection every three months. This method of birth control is 99% effective if given on schedule every three months.

Implants

Implants are placed under the skin of the inner arm and provide contraception for three years. The implant is 99% effective in preventing pregnancy.

IUD (Intrauterine Device)

These devices are inserted into the uterus by a clinician and can provide from three to 10 years protection from pregnancy. IUDs are 99% effective in preventing pregnancy.

More information

All health department services are strictly confidential. We offer language assistance for those who need it.

Monthly Contraceptives

Oral contraceptives

The birth control pill needs to be taken at the same time every day. The pill is 99% effective in preventing pregnancy if used correctly.

Nuva Ring

The ring must be inserted into the vagina by the user and left in place for three weeks out of the month. The ring is 99% effective if used properly.

Other Contraceptives

Male condom

Condoms must be placed over the erect penis before having sex. This method is only about 88% effective in preventing pregnancy.

Emergency Contraceptives

These pills are commonly known as the “morning-after pill”. This method may help prevent pregnancy if a woman has had unprotected sex. Emergency Contraception must be used as soon as possible after unprotected sex. Emergency contraception may or may not work.

Sterilization

Counseling and referrals are provided for these procedures.

