SMOKING AND PREGNANCY

What are your risks? Effects on Your Health

- Difficult getting pregnant
- · Placenta separates from the womb too early, causing bleeding
- · Placenta covers the cervix causing problems
- Water breaks too early
- · Pregnancy occurs outside the womb
- Miscarriage

THE IMPACT SMOPKING WHILE PREGNANT

- Baby born too small
- Baby born too early
- Cleft lip/palate
- Still birth
- Sudden unexplained infant death

Quitting is Hard. We're Here to Help. Call 1-800-QUIT-NOW (1-800-784-8669)





This institution is an equal opportunity provider.



Tobacco User Quitline VDHLiveWell.com/tobacco

