Why Should I Get the COVID Vaccine?



Because it's effective. In clinical trials that included more than 40,000 people who varied in age, race, gender, and health condition, the Pfizer and Moderna vaccines had an efficacy rate greater than 90% at preventing COVID-19 infection in adults and children 12 and older. The vaccines the FDA has considered also do not contain live virus cells, so there is no risk of becoming infected with COVID by receiving the vaccine.

Because it's free. The vaccine will be available at no cost to every person in the US (although providers will be permitted to charge an administrative fee). It will be offered at a range of locations to ensure anyone who wants the vaccine can get it, including primary care provider offices, public health clinics, and pharmacies.

Because everyone in your circle will be safer. Young and otherwise healthy adults may think they don't need the vaccine because their risk of serious illness is low. It's important to remember that if you become infected you may expose more vulnerable people to the virus. Choosing to be vaccinated has a ripple effect that helps protect your loved ones, coworkers, and neighbors.

Because ending the pandemic depends on most of us getting vaccinated. While experts do not know the percentage of people that would need to get vaccinated to achieve herd immunity (the point when so many people are immune that the virus doesn't have enough viable hosts to keep spreading), we do know that without widespread vaccination, reaching this point will take years and risk countless additional lives.

Because the COVID vaccine fights more than just the virus. The pandemic has taken a toll on every aspect of our lives. Widespread vaccination fights not just COVID but hunger, unemployment, loss of housing, loneliness, and drug overdose. It puts our kids back in schools, brings families back into balance, and reduces risks of violence. It fights for communities that have been hit hardest by COVID, including our elders and Black, Latino, undocumented, and tribal communities.

Because the rest of us need you to stay as healthy as possible. Public health and healthcare workers and first responders are receiving some of the first available doses because the communities you serve are counting on you to see them through this pandemic. This means protecting your own health to the greatest extent possible, especially getting the COVID vaccine.