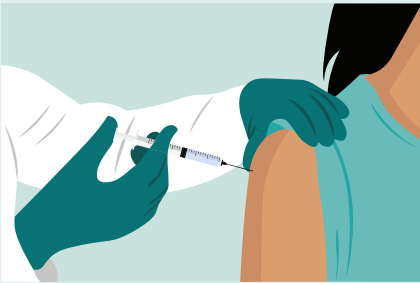




# COVID-19 Vaccine for Pregnant People

Knowing how best to protect yourself and your baby from COVID-19 while pregnant or nursing can be overwhelming, especially deciding whether to get the COVID-19 vaccine. If you are pregnant, here are a few things to know as you make your decision:



The CDC recommends that all pregnant and nursing people receive the vaccine. Consider talking with your doctor about risks and benefits for you.



Vaccine safety for pregnant and nursing people is still being studied, but there is no evidence at this point to suggest that the vaccine is unsafe for pregnant or nursing people or their babies.



While it is still possible to contract COVID-19 after you are vaccinated, all the available vaccines have been 100% effective at preventing fully vaccinated people from being hospitalized or dying from COVID-19—including pregnant and nursing people.

The vaccine is available to pregnant and nursing people in Virginia now. To register for the vaccine, visit [vaccinate.virginia.gov](https://vaccinate.virginia.gov). To connect with a member of our vaccination team and learn more, call (804) 205-3501 or email [RHHDvax@vdh.virginia.gov](mailto:RHHDvax@vdh.virginia.gov).