

## GET HELP WITH 211 VIRGINIA

HOUSING, FOOD, HEALTHCARE, AND MORE.

**DIAL 211, OR FOR LIVE CHAT  
TEXT “CONNECT” TO 247211**



### FOOD ACCESS

- Feed More Helpline: 804-237-8617

### GENERAL COMMUNITY SUPPORT

- YWCA of Central VA Hotline  
(Call or text): 804-612-6126



### INCLEMENT WEATHER HOTLINES

- **City of Richmond**  
Rain Line:  
804-646-0751
- **Chesterfield Parks**  
Field Closing:  
804-748-1001
- **Henrico Parks**  
Field Closing:  
804-501-5132

## CRISIS & EMERGENCY INTERVENTION

- **Suicide & Crisis Lifeline: 988**  
Select 1 – Veteran, Select 2 – Spanish
- **Trevor Lifeline** (LGBTQ+ youth):  
866-488-7386; Text 'START' to 678-678

### LOCAL MENTAL HEALTH CRISIS LINES

- **RBHA (Richmond):** 804-819-4100
- **Henrico MH/Development Services:**  
804-727-8484
- **Chesterfield CSB:** 804-748-6356
- **Crossroads CSB:** 800-548-1688
- **District 19 CSB:** 804-862-6095
- **Hanover CSB:** 804-365-4200
- **Henrico CSB:** 804-727-8484
- **Goochland CSB:** 804-598-2697, 804-556-3716

### CRISIS STABILIZATION UNITS

- **REACH - RBHA:** 833-968-1800
- **St. Joseph's Villa:** 804-874-9119

### COMMUNITY-BASED MENTAL HEALTH CRISIS SERVICES

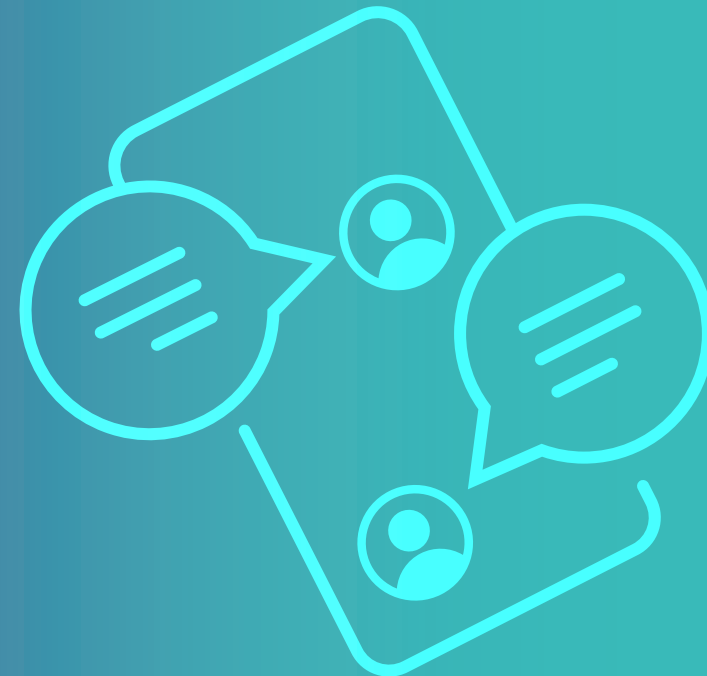
- **Latinos in VA Empowerment:** 888-969-1825
- **Commonwealth Catholic Charities Crisis Services:** 804-615-7007
- **St. Vincent de Paul Crisis Line:**  
804-997-4489
- **Safe Harbor Crisis Line:** 804-500-2755

### MENTAL & BEHAVIORAL HEALTH SUPPORT (NON-EMERGENCY)

- **Trans Lifeline (LGBTQIA+):** 877-565-8860
- **Gay & Lesbian National Hotline** (25 and under): 888-843-4564
- **Nat. Eating Disorders Assoc.:** 866-662-1235
- **Crystal Meth Anonymous:** 855-638-4373

**CALL 911 IF SOMEONE IS HURT, IN DANGER,  
OR NEEDS HELP RIGHT AWAY.**

# HOTLINES & 24/7 HELPLINES DIRECTORY



RICHMOND & HENRICO HEALTH DISTRICTS

**SUPPORT STARTS WITH A CALL.**

# INTIMATE PARTNER VIOLENCE, ABUSE, AND CHILD AND ELDER PROTECTION SUPPORT

## DOMESTIC & INTIMATE PARTNER VIOLENCE

- EmpowerNet: 804-612-6126
- LGBTQIA+ Partner Abuse & Sexual Assault Helpline:
  - Phone: 866-356-6998
  - Text: 804-793-9999
- Manavi Immigrant Survivors: 732-435-1414
- National DV Hotline: 800-799-7233
- NOVA (National Organization for Victim Assistance): 800-879-6682
- Safe Harbor: 804-500-2755

## CHILD PROTECTION

- Child Protective Services (CPS): 800-552-7096
- Child Find of America: 800-I-AM-LOST
- National Center for Missing & Exploited Children: 800-843-5678

## ELDER PROTECTION

- AARP Elder Support: 888-687-2277
- Adult Protective Services (APS): 888-832-3858

## CAREGIVER SUPPORT

- VA Caregiver Support Line: 855-260-3274

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DANGER, OR NEEDS HELP RIGHT AWAY.**



## FORENSIC & MEDICAL EXAMS

- St. Mary's Hospital (Forensic Exams): 804-281-8184
- VCU Medical Center (Forensic Exams): 804-628-0623



## HEALTH HOTLINES

### CHRONIC & OTHER ILLNESSES

- Alzheimer's Association: 800-272-3900
- American Cancer Society: 800-227-2345
- Arthritis Foundation: 844-571-4357
- Breast Cancer (Komen): 877-GO-KOMEN
- Sickle Cell Hotline: 800-421-8453
- Spinal Cord Injury Hotline: 800-962-9629

### COMMUNICABLE DISEASES

- AIDS Hotline: 800-344-7432
- HIV/AIDS/STD/Viral Hepatitis: 703-302-1040
- VA Disease Prevention Hotline: 800-533-4148

### POISON CONTROL HOTLINE

- Poison Control Center: 800-222-1222



## LAW ENFORCEMENT & FIRST RESPONDER MENTAL HEALTH

- Cop Lifeline: 800-267-5463
- Code Green (1st Responders): 206-459-3020

## MATERNAL HEALTH & PREGNANCY SERVICES

- Birthright: 800-550-4900
- Bloom by PRC Richmond
  - Forest Park: 804-673-2020
  - Midlothian: 804-548-4051
- East End Pregnancy Center: 804-564-5852

## SUBSTANCE USE & ADDICTION SUPPORT

- Alive RVA (Recovery Support): 833-473-3782

## VETERAN SUPPORT

- Veterans Crisis Line: 988 then press 1, or text 838255

## YOUTH SUPPORT

- Boys Town National Hotline and Crisis Support: 800-448-3000

