



The Portsmouth Health Department is located at:

**1701 High Street
Suite 102
Portsmouth, VA 23704**

**(757) 393-8585
Fax (757) 393-8027**

Visit us at:

Portsmouth.vdh.virginia.gov

Open Monday - Friday
8:00 - 4:30



Our Mission:

The Portsmouth Health Department is dedicated to promoting, protecting, and preserving a healthy and safe community.

Our Vision:

We envision a community where every person living, working or visiting has the opportunity to achieve optimal health.

Our Values:

- Compassion
- Respect
- Communication
- Excellence
- Integrity
- Partnership
- Accountability

A Message From the Director...

Did you know that public health touches your life everyday? Your health department is an important resource in your life. From food & water safety and infectious disease prevention to teen pregnancy prevention, the Portsmouth Health Department works everyday to make sure you live in a healthier city. We are fully committed to promoting, protecting, and preserving a healthy and safe community. The Portsmouth Health Department provides preventive health services to help lessen or eliminate the impact of illness and disease. Through health promotion efforts, we also provide a broad range of health information and education programs that are designed to help you prevent disease and adopt a healthy lifestyle that will enable you to live a fuller and more productive life. We are pleased to be your health department.

José H. Rodríguez, MD



Community Services

- ◆ **Community / Wellness Programs**
 - ~ Obesity Prevention through community classes
 - ~ Teen Pregnancy Prevention Education
 - ~ Low Income Child Safety Seat and Installation Classes
 - ~ Nursing Home Screenings for Medicaid eligible clients.
 - ~ Baby Care case management program
 - ~ Happiest Baby on the Block classes
 - ~ Infant Mortality Reduction
 - ~ Other Community Health Education Services
- ◆ **Communicable Disease Control**
 - ~ Investigate reportable communicable diseases
 - ~ Investigate and control disease outbreaks
 - ~ Monitor and analyze disease patterns in the community.
 - ~ Partner notification
 - ~ Infection control consultation

Other Services

- ◆ **Vital Records**
 - ~ Applications for Birth Certificates
 - ~ Death Certificates for deaths occurring in Portsmouth
 - ~ Paternity Affidavits
 - ~ Notarizing Services

Medical Services

The Clinic offers the following services:

- ◆ **Immunizations**
 - ~ Immunizations to prevent disease in children & adults including flu, pneumococcal, and shingles.
 - ~ Overseas Travel
- ◆ **Sexually Transmitted Infections & HIV**
 - ~ The clinic offers STI & HIV screening, education, treatment, & counseling services
- ◆ **School & Sports Physicals** (excluding college entry physicals).
- ◆ **Tuberculosis (TB) screening and testing**
- ◆ **Pregnancy Testing**
- ◆ **Family Planning (contraception)**
- ◆ **Child Health Assessments**
- ◆ **Multivitamin distribution for women of childbearing age**
- ◆ **Pre-natal Care (provided by EVMS)**
- ◆ **Ryan White HIV Clinic (provided by EVMS)**

Women, Infants & Children

WIC provides the following services for eligible pregnant and breastfeeding women and children from birth to 5 years old:

- ◆ Healthy eating tips and nutrition counseling.
- ◆ Breastfeeding information, support and equipment.
- ◆ Vouchers to purchase milk, cheese, eggs, juice, cereal, dried beans, fruit, vegetables, whole grain bread, rice, tortillas, peanut butter, salmon and tuna fish. Iron fortified infant formula is also available for infants who require formula.
- ◆ Extended hours for working families.



Emergency Preparedness and Response

- ~ Strategies and plans to protect the community
- ~ Mass dispensing
- ~ Response Planning
- ~ Terrorism surveillance
- ~ **Medical Reserve Corps**
Recruit & train teams of local health providers and other volunteers to help respond in times of community need

Environmental Health

Environmental Health provides the following services:

- ◆ Investigation of animal bites for potential rabies exposure.
- ◆ Surveillance and inspection of restaurants, grocery stores, day care facilities, and other food facilities.
- ◆ Provides consultations regarding environmental issues impacting public health.
- ◆ Surveillance and inspection of tattoo and body piercing studios.
- ◆ Surveillance and inspection of hotels and motels.
- ◆ Issuance of permits for irrigation wells
- ◆ Indoor air quality information.
- ◆ Surveillance of marinas.
- ◆ Certified Professional Food Managers and Food Handler's Classes
- ◆ Vector Control Consultation

