

EXPOSURE CONTROL PLAN FOR A BODY ART STUDIO

An **Exposure Control Plan** is defined in the Portsmouth Health Department Body Art Guidelines as a written plan, applying to all those who perform tattooing or body piercing within a facility, describing how the applicable requirements of this standard will be implemented. It is designed to eliminate or minimize employee and client exposure to blood-borne pathogens and other communicable diseases.

Each body art facility shall have an Exposure Control Plan that contains at least the following elements:

1. Clients,
2. Facility Requirements,
3. Temporary Facility Guidelines (if applicable),
4. Housekeeping Standards,
5. Approved Sterilization Equipment and Monitoring Methods,
6. Instrument Sterilization and Set-Up,
7. Contaminated Wastes Procedures,
8. Tattooing Procedures,
9. Permanent Cosmetics and Body Piercing Procedures (if applicable).

The owner of a body art facility shall establish a written Exposure Control Plan applying to all those who perform body art within a facility. This plan shall be specific to the operations of an individual body art facility. A copy of the plan must be available at all times and during inspections.

The Portsmouth Health Department's Environmental Health Services Division requires that all persons who obtain a permit with this Division who perform tattooing, application of permanent cosmetics, or body piercing must receive exposure control training.

Additional training must be completed when changes such as modification of procedures or institution of new procedures affect the practitioner's or client's exposure.

The person conducting the training shall be knowledgeable in the subject matter covered by the training program as it relates to the workplace that the training will address. The training program shall contain, at a minimum:

1. An accessible copy of these and other applicable standards and an explanation of their contents;
2. A general explanation of the epidemiology and symptoms of blood-borne diseases and other exposures appropriate for the practice of the trainee;
3. An explanation of the modes of transmission of blood-borne pathogens and other communicable disease appropriate for the practice of the trainee;
4. An explanation of the appropriate methods for recognizing tasks and other activities that may involve exposure to blood for either the practitioner, the client, or both;
5. An explanation of the use and limitations of methods that will prevent or reduce exposure to both the practitioner and the client;

6. Information on the types, proper use, and removal of gloves and proper hand-washing techniques;
7. Information on the Hepatitis B vaccine, including information on its efficacy, safety, method of administration, and the benefits of being vaccinated;
8. An explanation of what constitutes a blood exposure incident, the risk of disease transmission following a blood exposure incident, and the options for post-exposure evaluation and follow-up if an exposure incident occurs, specific to each blood-borne pathogen;
9. An opportunity for interactive questions and answers with the person conducting the training session.

If you have any questions, please contact the Portsmouth Health Department's Environmental Health Service Division at (757) 393-8585 ext. 8585.

Studio Name Here: _____

BLOODBORNE PATHOGEN EXPOSURE CONTROL PLAN

FOR NON-MEDICAL FACILITIES

For compliance with the OSHA Bloodborne Pathogens Standard, 29 CFR 1910.1030

Facility Name: _____

Date of Preparation: _____

In accordance with the OSHA Bloodborne Pathogens Standard, 1910.1030, the following exposure control plan has been developed:

PURPOSE The Bloodborne Pathogens Exposure Program is to reduce occupational exposure to bloodborne pathogens.

EXPOSURE DETERMINATION Designated employees that may come into contact with human blood or other potentially infectious materials (OPIM): *(attach a list of employees with their job classifications)*

METHODS OF COMPLIANCE Universal precautions will be utilized in the handling of all human blood and OPIMs.

ENGINEERING CONTROLS

1. Hand sinks are located in all departments and are readily accessible to all employees who have the potential for exposure.
2. Employees will wash their hands and any other exposed skin with soap and hot water immediately or as soon as possible after contact with blood or OPIM, for 15 seconds, in a manner causing friction on both inner and outer surfaces of the hands.
3. Employees will be provided with antiseptic hand cleaner and paper towels when hand washing is not feasible. However, hand washing must still take place as soon as possible after exposure.
4. Eating, drinking, smoking, applying cosmetics or lip balm, and handling contact lenses is prohibited in work areas where there is the potential for exposure to bloodborne pathogens.
5. If professional medical attention is required, a local ambulance will be the first choice, a personal car will be the second. If a personal car is taken, impervious material should be used to prevent contamination of the vehicle.
6. New employees or employee being transferred to other sections will receive training about any potential exposure from the section manager.

PERSONAL PROTECTIVE EQUIPMENT

All personal protective equipment used at this facility will be provided without cost to employees. Personal protective equipment will be chosen based on the anticipated exposure to blood or OPIM. The protective equipment will be considered appropriate only if it does not permit blood or OPIM to pass through or reach the employees' clothing, skin, eyes, mouths, or other mucous membranes under normal conditions of use.

DISPOSAL OF CONTAMINATED ITEMS AND COMMUNICATION OF HAZARD

1. Employees must:
 - a. Use bleach to disinfect any blood or OPIM
 - b. Apply the bleach with single-use gloves and allow to sit for 15 minutes
 - c. Place any single-use gloves that have been contaminated in a biohazard garbage bag and cover
 - d. Dispose of the bag (*explain how*): _____
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2. Regulated waste should be placed in appropriate containers; label and dispose of in accordance with applicable state, federal and local laws.
 3. Employees will be warned of biohazard bags by labels attached to the disposal bags. Labels used will be orange-red and marked with the word BIOHAZARD or the biohazard symbol.

HOUSEKEEPING

Maintaining our work areas in a clean and sanitary condition is an important part of the Blood-borne Pathogens Compliance Program. Employees must decontaminate working surfaces and equipment with an appropriate disinfectant after completing procedures involving blood or OPIM. All equipment, environmental surfaces, and work surfaces shall be decontaminated immediately or as soon as feasible after contamination.

1. Employees must clean and disinfect when surfaces become contaminated and after any spill of blood or OPIM.
2. Employees will use a solution of one part bleach to ten parts water for cleaning and disinfecting.
3. Working surfaces and equipment will be routinely cleaned, disinfected and maintained.
4. Potentially contaminated broken glass will be picked up using mechanical means, such as dustpan and brush, tongs, etc.
5. Employees use universal precautions for handling of all soiled laundry.
6. Laundry contaminated with blood or OPIM will be handled as little as possible. Employees who handle contaminated laundry will utilize personal protective equipment to prevent contact with blood or OPIM from coming into contact skin or street clothes.
7. Contaminated clothing will remain on the premises or will be sent directly to a laundry facility for cleaning. Employees will be given the option of reimbursement for the cost of contaminated clothing, and the clothing will be disposed of.

HEPATITIS B VACCINATION AND POST-EXPOSURE EVALUATION AND FOLLOW-UP

The operator of this Body Art facility shall make available within 10 days of possible exposure the Hepatitis B vaccine and vaccination series to all employees who have occupational exposure. An exposure incident is any contact of blood or OPIMs with non-intact skin or mucous membranes. Any employee having an exposure incident shall immediately notify the operator of this Body Art facility. All employees who have an exposure incident will be offered a confidential post-exposure evaluation and follow-up in accordance with the OSHA standard. This includes a visit to a physician selected by the employer. The health care professional's written opinion will be provided to the employee within 15 days of the evaluation.

TRAINING

Training is provided at the time of initial assignment to tasks where occupational exposure may occur, and it shall be repeated within twelve months of the previous training. Training shall be tailored to the education and language level of the employee and offered during the normal work shift. The training will be interactive and cover the following:

- A copy of the standard and an explanation of its contents;
- A discussion of the epidemiology and symptoms of bloodborne diseases;
- An explanation of the modes of transmission of bloodborne pathogens;
- An explanation of this Body Art facility's Bloodborne Pathogen Exposure Control Plan and a method for obtaining a copy;
- The recognition of tasks that may involve exposure;
- An explanation of the use and limitations of methods to reduce exposure; for example, engineering controls, work practices and personal protective equipment (PPE);
- Information on the types, use, location, removal, handling, decontamination, and disposal of PPE;
- An explanation of the basis of selections of PPE;
- Information on the Hepatitis B vaccination, including efficacy, safety, method of administration, benefits, and that it will be offered free of charge;
- Information on the appropriate actions to take and persons to contact in an emergency involving blood or OPIM;
- An explanation of the procedures to follow if an exposure incident occurs, including the method of reporting and medical follow-up;
- Information on the evaluation and follow-up required after an employee exposure incident;
- An explanation of the signs, labels, and color-coding systems.

The person conducting the training shall be knowledgeable in the subject matter.

RECORDKEEPING

Medical records shall be maintained in accordance with OSHA Standards. These records shall be kept confidential and must be maintained for at least the duration of employment plus 30 years.

Disclaimer

This representation of a bloodborne pathogen exposure control plan does not intend, and is not expected to identify every possible hazardous situation, risk deficiency, code violation, and potential area of liability or deviation of safe practices. The purpose of this representation is to identify general areas where careful planning and great caution should be exercised. For this reason, no party should rely on this representation as being a comprehensive identifier of each and every potential liability situation. This representation does not guarantee, assure or warrant in any way that the user is in compliance with any Federal, State or local laws, statutes or regulations or compliance with the recommendations of this representation will eliminate any or all hazards or eliminate accidents.

Print name _____

Date _____

Signature _____

Title _____