



# RAPPAHANNOCK- RAPIDAN HEALTH DISTRICT ANNUAL REPORT



**VDH** VIRGINIA  
DEPARTMENT  
OF HEALTH

*To protect the health and promote the  
well-being of all people in Virginia.*

## FISCAL YEAR 2023

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**\*Unless otherwise noted, all data provided is from Fiscal Year (FY) 2023: July 1, 2022- June 30,2023**

# ABOUT RRHD

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## Who We Are

The Rappahannock-Rapidan Health District (RRHD) is one of 35 health districts within The Virginia Department of Health (VDH). We encompass 5 localities- Culpeper, Fauquier, Madison, Orange, and Rappahannock- and serve over 179, 000 people.

## Our Mission

Our mission is to attain optimal health for the people of our community through disease prevention, environmental safeguards and health promotion.

## Our Locations

### Culpeper County

640 Laurel Street  
Culpeper, VA 22701  
540-829-7350  
Environmental Health:  
540-829-7466

### Fauquier County

330 Hospital Drive  
Warrenton, VA 20186  
540-347-6400  
Environmental Health:  
540-347-6363

### Madison County

1480 N. Main Street,  
Suite A  
Madison, VA 22727  
540-948-5481  
Environmental Health:  
540-948-5481

### Orange County

450 N. Madison Rd.  
Orange, VA 22960  
540-672-1291  
Environmental Health:  
540-672-1291



### Rappahannock County

338-A Gay Street  
P. O. Box 5  
Washington, VA 22747  
540-675-3516  
Environmental Health:  
540-675-3516

Email: [ASKRRHD@vdh.virginia.org](mailto:ASKRRHD@vdh.virginia.org)

Website: [rrhd.org](http://rrhd.org)

# A LETTER FROM OUR ACTING DIRECTOR

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I am proud to share the Rappahannock-Rapidan Health District's (RRHD) Annual Report for Fiscal Year 2023 (FY23). The report highlights the hard work of our dedicated staff working in Culpeper, Fauquier, Madison, Orange and Rappahannock counties from July 1, 2022 through June 30, 2023.

In May of this year, the federally declared public health emergency related to COVID-19 ended. Fortunately, we have been able to retain a number of staff funded through COVID-19 grants. This has allowed RRHD to expand services to provide additional epidemiological support,

vaccination clinics, community engagement and outreach, and communications. Our challenge moving forward will be to identify funding to continue to support these services that provide so much to our community. In collaboration with community partners, RRHD completed a community health assessment in 2023. Identified health concerns include chronic disease, mental health, and substance use. The next step will be to work with our partners to prioritize work to address these important issues.

Please take a moment to read through this report to better understand the services RRHD provided in FY23. Consider how we can continue to partner in FY24 to build a community where everyone has the opportunity to be healthy.

**Obasanjo O. Olugbenga, M.D.**  
**Interim Health Director,**  
**Rappahannock-Rapidan Health District**

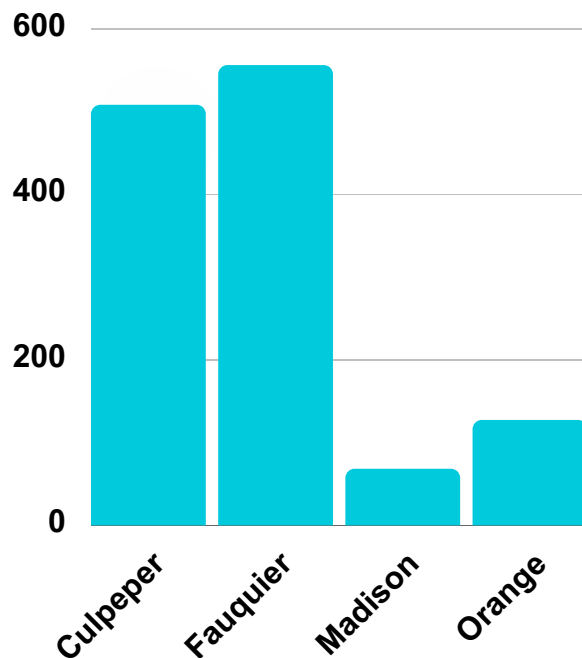


# CLINICAL SERVICES

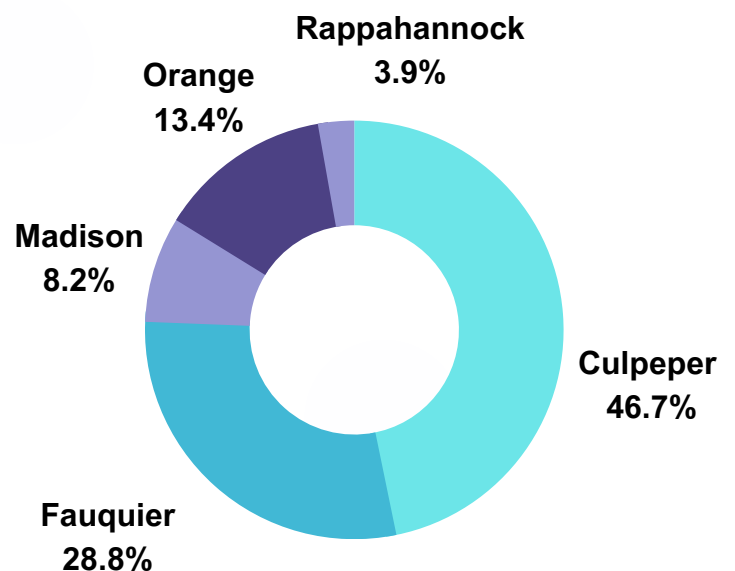
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Clinical Services are available to all RRHD residents, including teens, regardless of insurance status. Services include but are not limited to family planning, immunizations, evaluations for tuberculosis and sexually transmitted infections. Staff offer screenings for residents eligible and approved for Medicaid who are requesting at-home care or care in licensed facility.

## Family Planning Visits (1,259 Total)



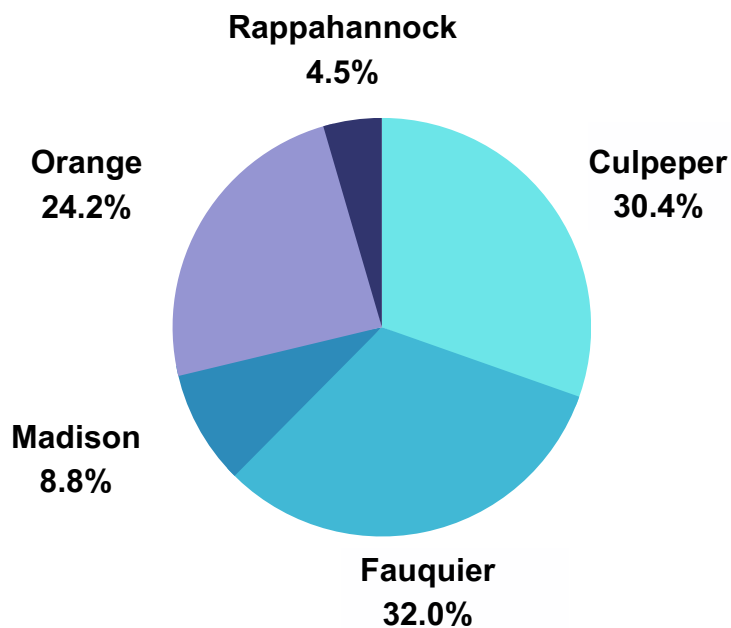
## Immunizations (5,048 Total)



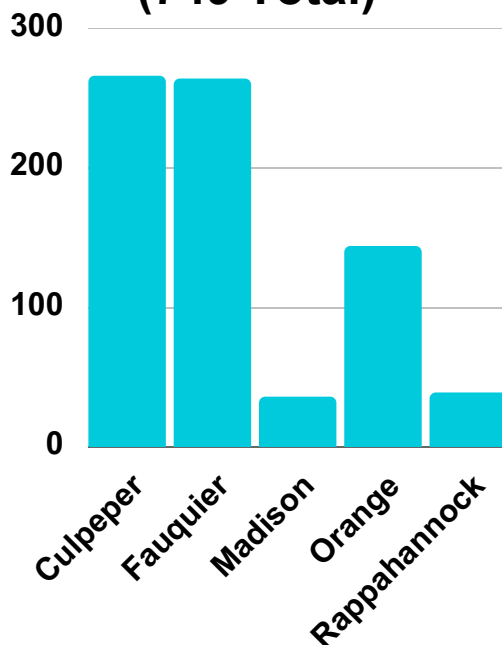
# CLINICAL SERVICES

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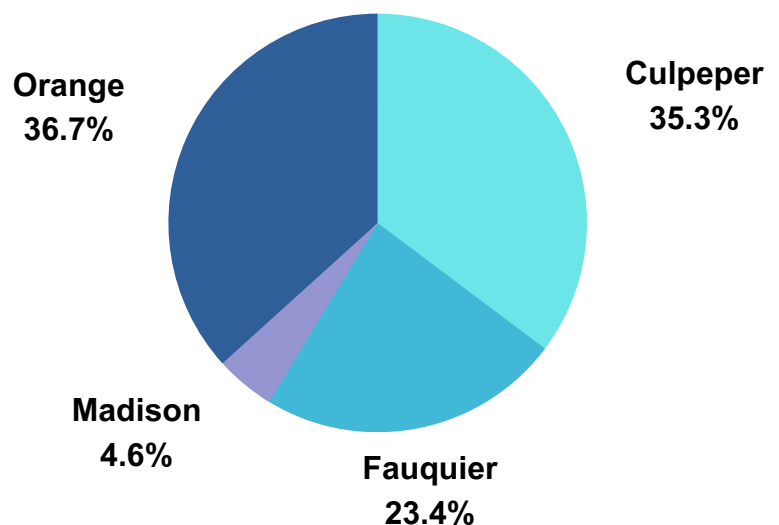
## Long-term Services & Support (Pre-nursing home) Screenings (487 Total)



## TB Visits/Screenings (749 Total)



## Sexual Health Visits (235 Total)

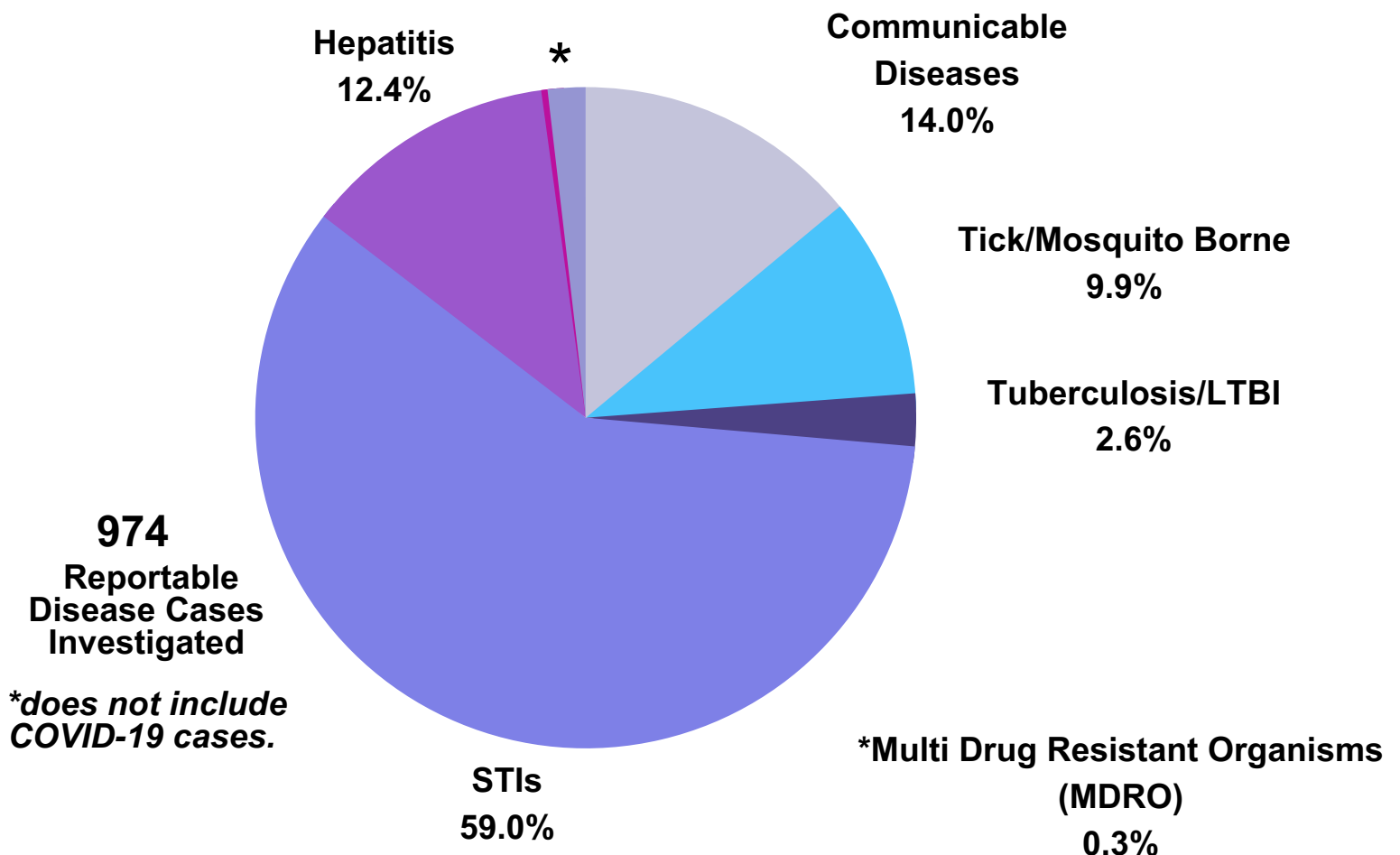


# EPIDEMIOLOGY

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The Epidemiology Team works to prevent and control the spread of illness by investigating reportable diseases, suspected foodborne illnesses, and outbreaks. Staff interview patients to help determine possible sources or exposures, and provide education to reduce further transmission.

RRHD investigated 36 outbreaks in FY23: Thirty-one (31) respiratory outbreaks were caused by SARS-CoV-2 (87%), Influenza (9.7%), Respiratory Syncytial Virus (RSV) (3.2%), and 1 outbreak for which the agent could not be identified.



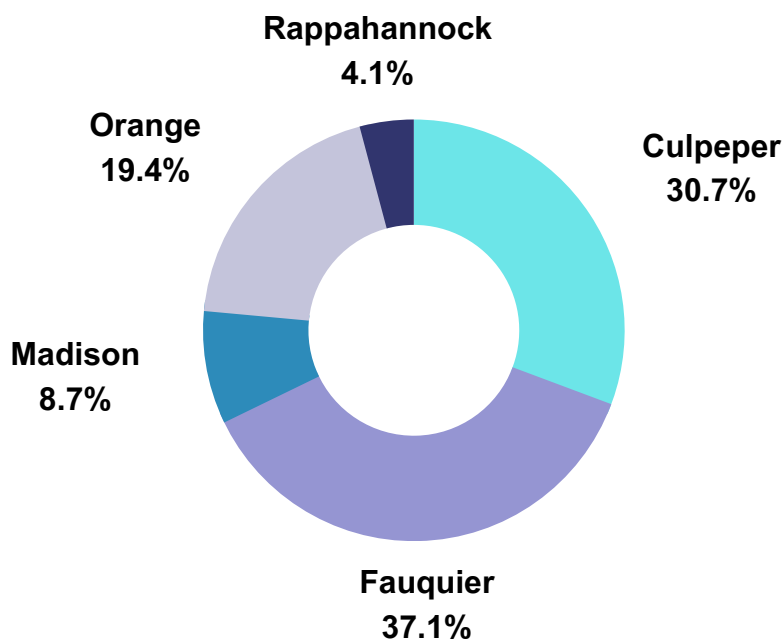
# ENVIRONMENTAL HEALTH

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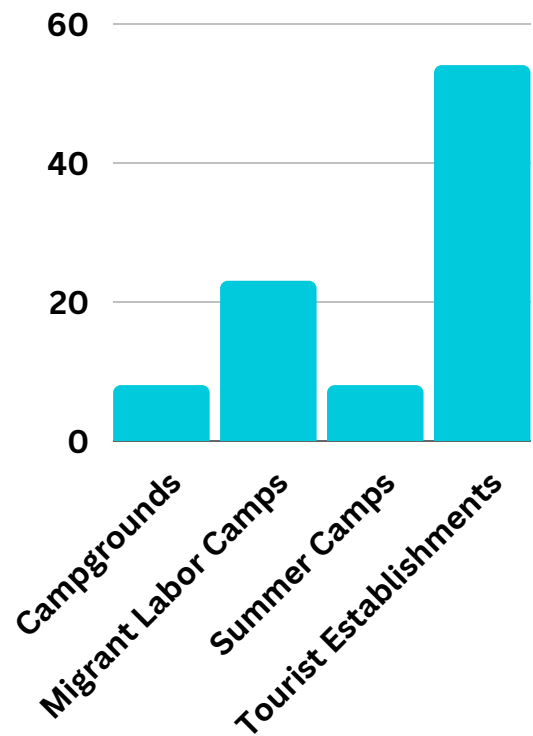
The RRHD Environmental Health Division includes a wide range of programs that include food safety, consumer services, land divisions, onsite sewage and water, and rabies prevention. Our team of 13 staff consists of 8 Environmental Health Specialists, 2 Environmental Health Technical Specialists, 2 Environmental Health Supervisors, and 1 Environmental Health Manager.

While much of our daily work includes regulatory permitting, inspections, and compliance monitoring, we also strive to provide educational outreach to our community and to be a trusted source of information.

## Food Establishment Permits (531 Total)



## Other Establishment Permits (93 Total)

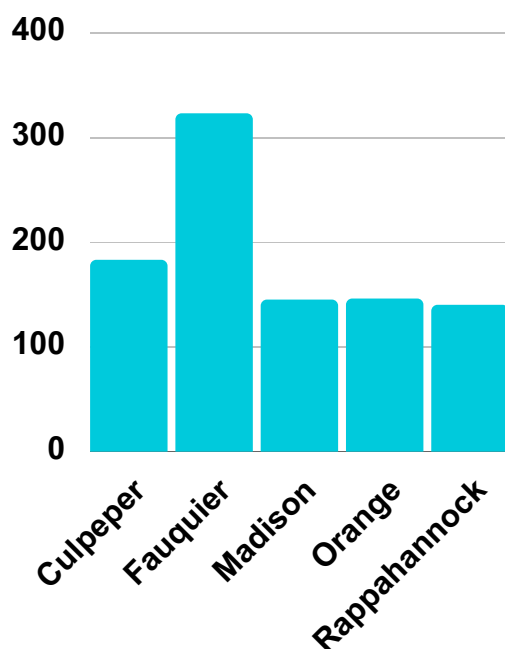




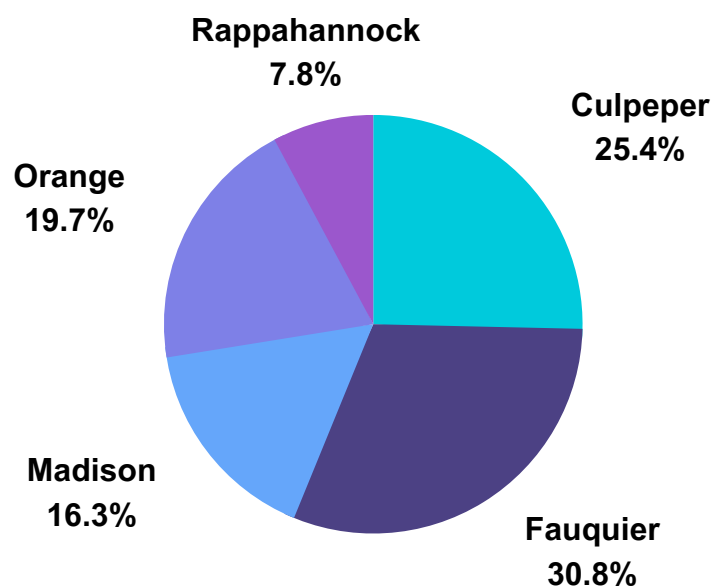
# ENVIRONMENTAL HEALTH

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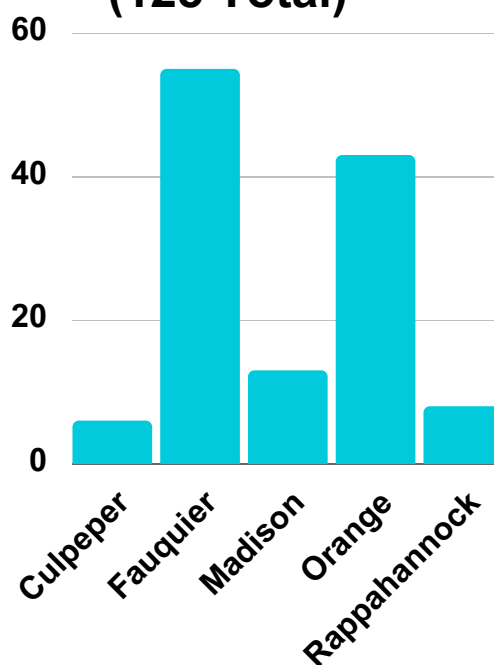
## Onsite Sewage Applications (937 Total)



## Private Well Applications (639 Total)



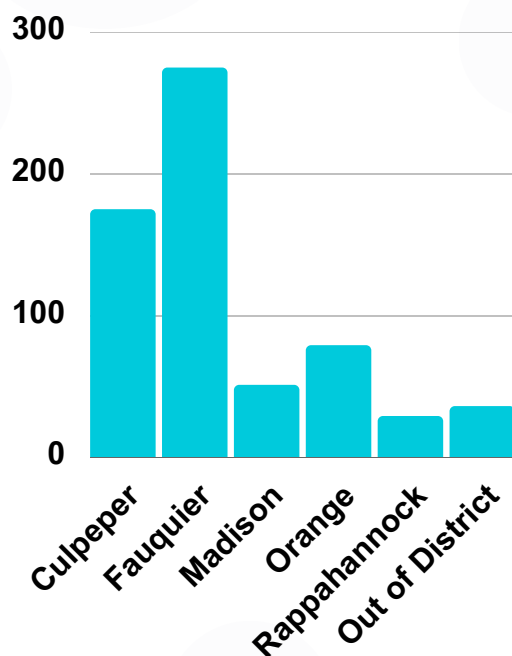
## Lot Reviews (125 Total)



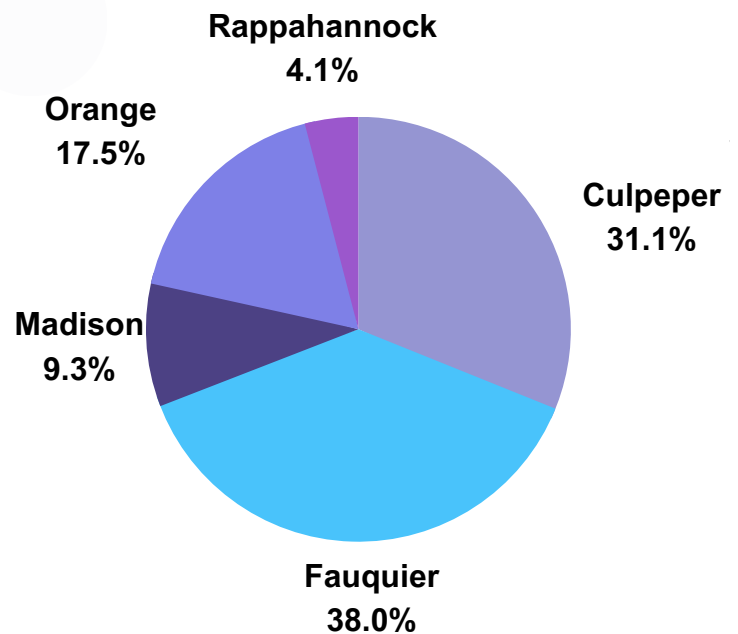
# ENVIRONMENTAL HEALTH

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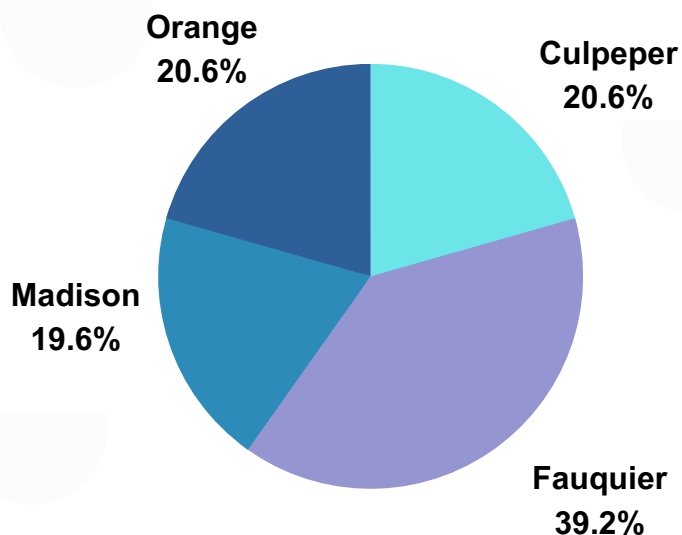
## Rabies Investigations (645 Total)



## Food Establishment Inspections (492 Total)



## Environmental Complaint Investigations (102 Total)



# MATERNAL & CHILD HEALTH AND WIC

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The Women, Infants, and Children's (WIC) Program provides high quality nutrition care and food to participants, as well as breastfeeding support. Services are provided to pregnant, post-partum or breastfeeding women, and infants and children from birth through 5 years of age. Additionally, we provide car seat safety and safe sleep education to our clients with car seat and cribette distribution (must apply and meet income restrictions).



**Women, Infants, and  
Children (WIC) Monthly  
Caseload:  
2,404**

**Car Seat  
Distribution  
Total: 75**

**Safe Sleep Crib  
Distribution  
Total: 6**

# COMMUNITY ENGAGEMENT & HARM REDUCTION

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## COMMUNITY OUTREACH

RRHD funds 5 Community Health Workers (CHWs), both at local health departments and within the community. CHWs help our residents receive the services they need. They meet people where they live, learn, work, play and pray. CHWs assist residents with many things that affect their physical and mental well-being.

**124**  
**Community**  
**Events**  
**Attended**

**616**  
**Trigger Locks**  
**Distributed**

**Naloxone Distributed: 1,042**

Culpeper: **377**  
Fauquier: **379**  
Madison: **69**  
Orange: **157**  
Rappahannock: **60**

Harm Reduction programs aim to reduce negative impacts associated with drug use through public health intervention. RRHD provides Naloxone (Narcan) free of charge to prevent fatal opioid overdoses.



# MEDICAL RESERVE CORPS

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The Rappahannock-Rapidan Medical Reserve Corps (RRMRC) was established in 2003 and is one of 22 units across Virginia. The RRMRC is a force of dedicated volunteers who are prepared to support our community in the event of a public health emergency. Their contribution was and still remains instrumental in our local response to COVID-19 and Opioid Public Health Emergency. In non-emergent times RRMRC volunteers complete training, promote preparedness, attend community events, and support public health initiatives in our community.

**95**  
**Deployed Volunteers**  
**490**  
**Active Members**

- **Support Volunteers**
- **Medical Volunteers**
- **Volunteer Vaccinators**

**58**  
**Trainings**  
**Attended**

**\$16,379**  
**Workforce**  
**Savings**

**191**  
**Deployments**

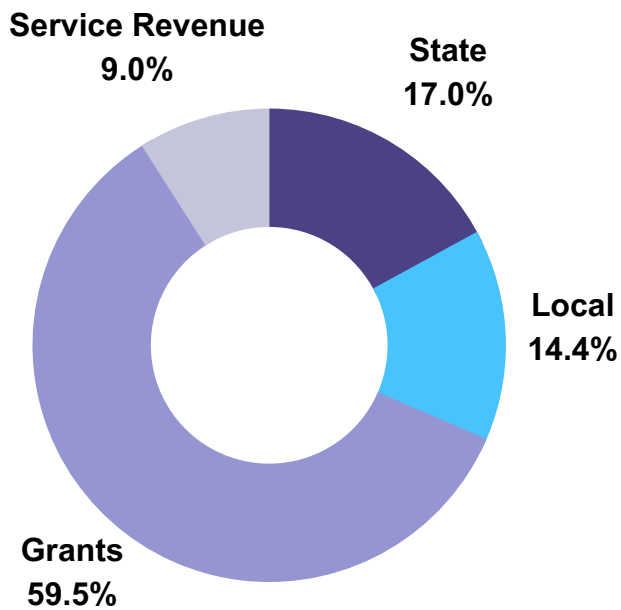
**45**  
**Events**

# FISCAL INFORMATION

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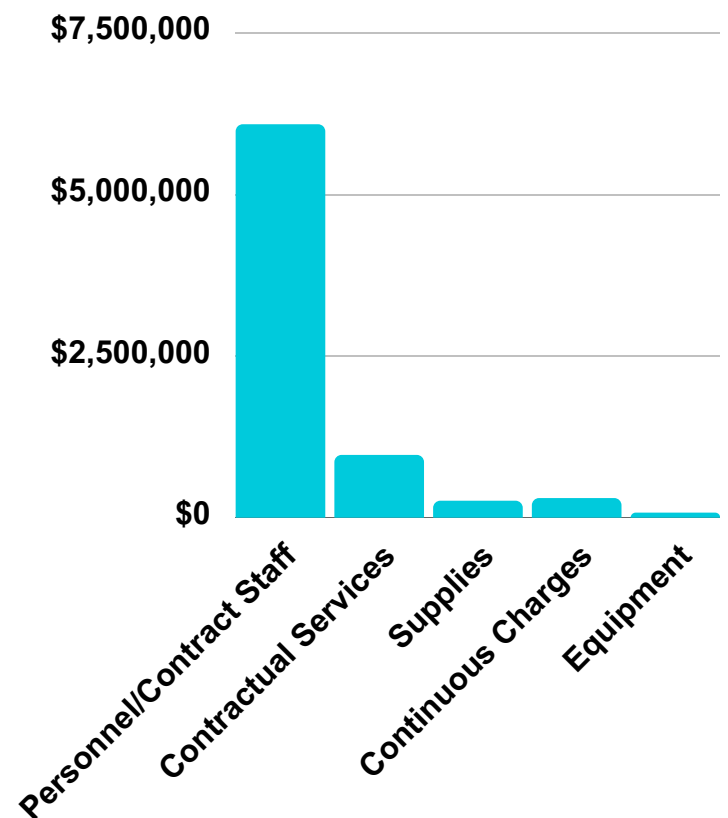
## Funding Sources

\$12,894,819



## Expenditures

\$7,667,148



## Service Revenue

\$1,166,652

