

WHO WE ARE

The Roanoke City & Allegheny Health Districts led the development of the CHIP, guided by the organizations, groups, and individuals of the Live Well Allegheny Highlands Steering Committee. We all have a role to play in building a healthier Allegheny Highlands.



WHAT WE DO

The CHIP is the action plan to address needs identified in the 2024 Community Health Assessment (CHA). The assessment seeks to understand which health conditions affect the length and quality of life of Allegheny Highlands residents, which population groups are more affected by poor health, and to identify health priority areas.

Based on CHA findings, the CHIP focuses on two key health priority areas with action plans for each. Because our community is always changing, the CHIP is designed to be flexible to meet our community's evolving needs.

Chronic Disease

Create a community culture of wellness and healthy living.

- Promote healthy behaviors to "Live Well."
- Increase and promote locations for outdoor activities.

Educate on healthy behaviors and wellness.

- Expand nutrition and healthy behaviors education in the community.
- Expand ongoing healthy behavior programs among school-aged children.

Help families access healthy foods and ways to be active.

- Reduce financial and transportation barriers to healthy foods and fitness resources.
- Improve childhood nutrition behaviors and reduce consumption of sugar-sweetened beverages.

Key CHIP Goals

Mental Health & Substance Use Disorder

Ensure people can get access to judgement-free mental health and substance use services.

- Reduce stigma connected to substance use disorder and promote trauma-informed care.

Expand partnerships for mental health and substance use services.

- Increase awareness of local substance use disorder & mental health resources.
- Expand community capacity to provide mental health and substance use disorder treatment.

Prevent substance use and mental health disorders for teens and adults.

- Prevent substance use, including tobacco / vaping, alcohol, and illicit substances.
- Improve community mental health among pregnant women, youth, and adults.