ATTENTION
COVID-19

IF YOU HAVE TRAVELED

If you have recently traveled, or had close contact with someone who recently traveled to an affected area and was **SICK**

AND YOU HAVE

A FEVER, COUGH, OR TROUBLE BREATHING, CALL YOUR HEALTHCARE PROVIDER IMMEDIATELY!

Cover your coughs and sneezes
Use a tissue or your sleeve, not your hands.

Wash your hands
Wash hands often with soap and water.

Avoid touching your face
Do not touch your eyes, nose or mouth with unwashed hands.

Always dispose of used tissues in a waste can
Do not leave used tissues lying around.

Visit **vdh.virginia.gov/coronavirus** for the latest information.

VDH VIRGINIA DEPARTMENT OF HEALTH