

# ATTENTION

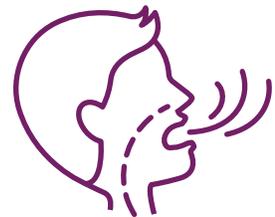
## C O V I D - 1 9

### IF YOU HAVE TRAVELED

If you have recently traveled, or had close contact with someone who recently traveled to an affected area and was **SICK**



### AND YOU HAVE



**A FEVER, COUGH, OR TROUBLE BREATHING,  
CALL YOUR HEALTHCARE PROVIDER IMMEDIATELY!**



#### **Cover your coughs and sneezes**

Use a tissue or your sleeve, not your hands.



#### **Wash your hands**

Wash hands often with soap and water.



#### **Avoid touching your face**

Do not touch your eyes, nose or mouth with unwashed hands.



#### **Always dispose of used tissues in a waste can**

Do not leave used tissues lying around.

Visit [vdh.virginia.gov/coronavirus](https://vdh.virginia.gov/coronavirus) for the latest information.