

CONSIDER MONKEYPOX

An outbreak of monkeypox is occurring in Virginia. Monkeypox is a contagious rash illness.

MONKEYPOX SYMPTOMS

Suspect monkeypox in patients who present with:

- Skin rash on any part of the body (even if it is only 1 or 2 spots). For some people, this rash may be their only symptom.

Prodrome (not seen in all patients):

- Fever
- Chills
- Headache
- Muscle aches and back aches
- Enlarged lymph nodes

Ask the patient about these exposures in the 21 days before symptom onset:

- Having contact with a person or people with a similar appearing rash or who received a diagnosis of confirmed or probable monkeypox OR
- Had close or intimate in-person contact with individuals in a social network experiencing monkeypox activity, this includes men who have sex with men (MSM) who meet partners through an online website, digital application (“app”), or social event (e.g., a bar or party) OR
- Traveled outside the US to a country with confirmed cases of monkeypox or where *Monkeypox virus* is endemic OR
- Had contact with a dead or live wild animal or exotic pet that is an African endemic species or used a product derived from such animals (e.g., game meat, creams, lotions, powders, etc.)

ACTIONS TO TAKE IF MONKEYPOX IS SUSPECTED

IMMEDIATELY isolate the patient in a private room, provide a well-fitting mask, and cover any exposed skin lesions with a sheet or gown.

USE standard and transmission-based precautions when evaluating a person with suspected monkeypox. Use an airborne infection isolation room if intubating, extubating, or other procedure that can cause aerosolization.

AVOID activities that could resuspend dried material from lesions, e.g., use of portable fans, dry dusting, sweeping, or vacuuming.

REPORT suspected cases to the local health department.

WHERE CAN I GET MORE INFORMATION ABOUT MONKEYPOX?

VDH Monkeypox website: www.vdh.virginia.gov/monkeypox/



VDH Healthcare Provider website