

# Pocket Pal

Services for the Homeless · Virginia Beach, VA

## Regional Housing Crisis Hotline

<b>Regional Housing Crisis Hotline Number</b> Monday through Friday, from 8 a.m.-7 p.m.	227-5932
<b>Non-Virginia Beach Residents</b>	587-4202

## Information

<b>Police Dispatch</b>	385-5000
<b>Va. Department of Human Services</b> 3432 Virginia Beach Blvd	437-3200
Child Protection Services	800-552-7096
Adult Protection Services	888-832-3858
<b>Va. Beach City Public Schools</b> Project HOPE Va. Beach Projecthope@vbschools.com	263-2300 #1
<b>Department of Housing and Neighborhood Preservation (includes Section 8)</b>	385-5750
<b>Virginia Department for Aging and Rehabilitative Services</b>	800-552-5019
<b>Legal Aid</b>	552-0026
<b>Social Security Administration</b> 2875 Sabre St. (Lynnhaven)	498-8726

## Emergency Shelter

<b>The Lighthouse Day Support Center</b> 825 18 <sup>th</sup> Street, Virginia Beach, VA 23451 Office line	385-5160
Drop-in Center/Day Support Services Monday through Friday 7:15 am– 5:00 pm	
<b>JCOG Winter Shelter</b>	491-2846
Emergency shelter for adult men and women (Late October - Late March)	
<b>FORKIDS Inc.- Haven Housing</b> 131 D View Ave, Norfolk	587-4202
Emergency Housing for families with children	
<b>Union Mission (Norfolk)</b> Men's Shelter	627-8686, ext. 200
Women's Shelter– Single	627-8686, ext. 331
Women's Shelter– with Children	627-8686, ext. 335

## Meals

<b>Potter's House ( Bag Lunch)</b> Pacific and 18 <sup>th</sup> St, Tuesday and Thursday	9:30am - 11:00am
<b>Star of the Sea (Bag Lunch)</b> Corner of 15 <sup>th</sup> St and Pacific Avenue Monday, Wednesday, and Friday	9:30am - 11:30am
<b>Judeo-Christian Outreach Center (Hot Meals)</b> 1053 Virginia Beach Blvd Monday through Friday	6:00pm
Saturday, Sunday, and Major Holidays	3:00pm
<b>PIN Ministry</b> Beach Pentecostal Church 501 15th Street Breakfast (Saturday)	8:00am - 8:45am
Dinner (Sunday)	2:30pm– 3:30pm

# Pocket Pal

Services for the Homeless · Virginia Beach, VA

## Regional Housing Crisis Hotline

<b>Regional Housing Crisis Hotline Number</b> Monday through Friday, from 8 a.m. to 7 p.m.	227-5932
<b>Non-Virginia Beach Residents</b>	587-4202

## Information

<b>Police Dispatch</b>	385-5000
<b>Va. Department of Human Services</b> 3432 Virginia Beach Blvd	437-3200
Child Protection Services	800-552-7096
Adult Protection Services	888-832-3858
<b>Va. Beach City Public Schools</b> Project HOPE Va. Beach Projecthope@vbschools.com	263-2300 #1
<b>Department of Housing and Neighborhood Preservation (includes Section 8)</b>	385-5750
<b>Virginia Department for Aging and Rehabilitative Services</b>	800-552-5019
<b>Legal Aid</b>	552-0026
<b>Social Security Administration</b> 2875 Sabre St. (Lynnhaven)	498-8726

## Emergency Shelter

<b>The Lighthouse Day Support Center</b> 825 18 <sup>th</sup> Street, Virginia Beach, VA 23451 Office line	385-5160
Drop-in Center/Day Support Services Monday through Friday 7:15 am– 5:00 pm	
<b>JCOG Winter Shelter</b>	491-2846
Emergency shelter for adult men and women (Mid October - March)	
<b>FORKIDS Inc.- Haven Housing</b> 131 D View Ave, Norfolk	587-4202
Emergency Housing for families with children	
<b>Union Mission (Norfolk)</b> Men's Shelter	627-8686, ext. 200
Women's Shelter– Single	627-8686, ext. 331
Women's Shelter– with Children	627-8686, ext. 335

## Meals

<b>Potter's House (Bag Lunch)</b> Pacific and 18 <sup>th</sup> St, Tuesday and Thursday	9:30am - 11:00am
<b>Star of the Sea (Bag Lunch)</b> Corner of 15 <sup>th</sup> St and Pacific Avenue Monday, Wednesday, and Friday	9:30am - 11:30am
<b>Judeo-Christian Outreach Center (Hot Meals)</b> 1053 Virginia Beach Blvd Monday through Friday	6:00pm
Saturday, Sunday, and Major Holidays	3:00pm
<b>PIN Ministry</b> Beach Pentecostal Church 501 15th Street Breakfast (Saturday)	8:00am - 8:45am
Dinner (Sunday)	2:30pm– 3:30pm

## Health Services

<b>Beach Health Clinic</b> (call for Appointment) 3396 Holland Rd	428-5601
<b>Virginia Beach Health Department</b> 4452 Corporation Lane	518-2700
<b>LGBT Life Center</b> 248 W. 24th St, Norfolk	640-0929
<b>PIN Ministries—Preventative Medical</b> Beach Pentecostal Church 501 15th St., VB 23451 Soap Chips Showers	962-3567 Sunday 2:00 pm Saturday 7:00am –9:00am
<b>Family Medical Center</b> 940 General Booth Blvd, Virginia Beach 23451 (Sliding scale pricing)	757-425-3610

## Employment Services

<b>Virginia Employment Commission</b> 5145 Virginia Beach Blvd, Norfolk, VA	455-3900 455-3960
<b>OPP, Inc.</b> 861 Glen Rock Rd., Ste. 223 (Norfolk)	461-7537
<b>Step Up, Inc.</b> (Life skills and employment assistance for ex-offenders) 7510 Granby St., Norfolk	588-3151
<b>Temporary Employment</b> <b>Allied Forces Temp</b> 6056 Virginia Beach Blvd	466-7889
<b>Labor Ready</b> 1018 Clarence St., Norfolk	461-7733

## Mental Health Services

<b>National Counseling Group</b>	467-8184
<b>Va. Beach Department of Human Services</b> Emergency Services (For emergencies) Pembroke 3 (Information and Intake) Magic Hollow (Case Management) PATH Outreach Project Link	385-0888 385-0511 385-8222 636-3160 385-0810
<b>Suicide CrisisLink Hotline</b>	622-1126
<b>Suicide Crisis Center</b>	627-5433
<b>Virginia Beach Psychiatric Hospital</b>	496-6000
<b>National Suicide Prevention Lifeline</b>	1-800-273-TALK

## Substance Abuse Help

<b>Va. Beach Department of Human Services</b> Recovery Center/Detox Pembroke 6	385-6950 385-0600
<b>Salvation Army Alcohol Rehabilitation Center</b>	499-0032

## Veteran Services

<b>Veteran's Homeless Hotline</b>	1-877-424-3838
<b>Vets House</b> (Transitional House for Veterans)	724-8614
<b>Veterans' Outreach</b>	623-7584
<b>VBCDC</b>	463-9516

## Domestic Violence

<b>All Domestic Violence, Sexual Assault, Human Trafficking Coordinated Crisis Response Hotline</b>	251-0144
---	----------

## Runaway/Youth Services

<b>Seton Youth Shelter</b> (Emergency shelter for Youth & Safe Place)	757-498-4357
<b>National Runaway Switchboard</b>	800-786-2929
<b>Stand Up for Kids</b>	888-365-4543
Produced by BEACH Community Partnership (revised 7/2017)	

## Health Services

<b>Beach Health Clinic</b> (call for Appointment) 3396 Holland Rd	428-5601
<b>Virginia Beach Health Department</b> 4452 Corporation Lane	518-2700
<b>LGBT Life Center</b> 248 W. 24th St, Norfolk	640-0929
<b>PIN Ministries—Preventative Medical</b> Beach Pentecostal Church 501 15th St., VB 23451 Soap Chips Showers	962-3567 Sunday 2:00pm Saturday 7:00am –9:00am
<b>Family Medical Center</b> 940 General Booth Blvd, Virginia Beach 23451 (Sliding scale pricing)	757-425-3610

## Employment Services

<b>Virginia Employment Commission</b> 5145 Virginia Beach Blvd, Norfolk, VA	455-3900 455-3960
<b>OPP, Inc.</b> 861 Glen Rock Rd., Ste. 223 (Norfolk)	461-7537
<b>Step Up, Inc.</b> (Life skills and employment assistance for ex-offenders) 7510 Granby St., Norfolk	588-3151
<b>Temporary Employment</b> <b>Allied Forces Temp</b> 6056 Virginia Beach Blvd	466-7889
<b>Labor Ready</b> 1018 Clarence St., Norfolk	461-7733

## Mental Health Services

<b>National Counseling Group</b>	467-8184
<b>Va. Beach Department of Human Services</b> Emergency Services (For emergencies) Pembroke 3 (Information and Intake) Magic Hollow (Case Management) PATH Outreach Project Link	385-0888 385-0511 385-8222 636-3160 385-0810
<b>Suicide CrisisLink Hotline</b>	622-1126
<b>Suicide Crisis Center</b>	627-5433
<b>Virginia Beach Psychiatric Hospital</b>	496-6000
<b>National Suicide Prevention Lifeline</b>	1-800-273-TALK

## Substance Abuse Help

<b>Va. Beach Department of Human Services</b> Recovery Center/Detox Pembroke 6	385-6950 385-0600
<b>Salvation Army Alcohol Rehabilitation Center</b>	499-0032

## Veteran Services

<b>Veteran's Homeless Hotline</b>	1-877-424-3838
<b>Vets House</b> (Transitional House for Veterans)	724-8614
<b>Veterans' Outreach</b>	623-7584
<b>VBCDC</b>	463-9516

## Domestic Violence

<b>All Domestic Violence, Sexual Assault, Human Trafficking Coordinated Crisis Response Hotline</b>	251-0144
---	----------

## Runaway/Youth Services

<b>Seton Youth Shelter</b> (Emergency shelter for Youth & Safe Place)	757-498-4357
<b>National Runaway Switchboard</b>	800-786-2929
<b>Stand Up for Kids</b>	888-365-4543
Produced by BEACH Community Partnership (revised 7/2017)	