Virginia Beach Health District Confirms its Fifth COVID-19 Case

The Virginia Beach Health Department has reported its fifth case of COVID-19 in the Health District. The positive case is 49 year old male. The resident has a history of international travel to an area affected by COVID-19. Upon return to the U.S., he followed guidelines to remain at home and limit his contact with others. Upon development of symptoms, he was tested through a private laboratory. The Virginia Beach Health Department was notified on March 16 of the positive test results for COVID-19. To protect patient privacy, the health district will provide no further information about the patient. This case will be included in the statewide count of cases at www.vdh.virginia.gov/coronavirus.

To lower the risk of respiratory germ spread, including COVID-19, the Virginia Department of Health encourages the following effective behaviors:

- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer only if soap and water are not available.
- Avoid touching your eyes, nose, and mouth.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick.
- Avoid contact with sick people.
- Avoid non-essential travel.

This is a rapidly changing situation, and information is being shared as it becomes available.

Residents may learn more about COVID-19 from www.vdh.virginia.gov/coronavirus.