

Virginia Stroke Systems Task Force

Quarterly Meeting (Virtual Available)

Host Location: Centra Lynchburg General Hospital in
Lynchburg, VA

April 22, 2022

10:00 AM - 2:00 PM



Introductions

Name, Title, Organization/Hospital, City/County

For those joining virtually, introduce yourselves using the chat box to let your colleagues know you are here

Virtual Housekeeping

- ▶ Participants will be muted automatically at the start. **Please remain on mute for the duration of the meeting, unless speaking.**
- ▶ **Please turn your camera on!** It's always nice for the speaker to be able to see faces instead of talking to a bunch of blank squares.
- ▶ **Open the chat box** so you can view the discussion and ask any questions of the speaker. The chat box will be monitored by meeting hosts to ensure the questions are brought to the speakers attention.
- ▶ If you want to speak to contribute to the conversation or ask a question, **please use the “raise hand” feature** found along the bottom of the participants box.
- ▶ If joining the meeting over the phone only, you **can mute and unmute yourself by pressing *6** on your phone's keypad.

Agenda

Friday, April 22, 2022

- ▶ **10:00 AM - 10:15 AM:** VSSTF Business | Pankaja Ramakrishnan, MD, Riverside Regional Medical Center and Chad Aldridge, PT, DPT, MS-CR, NCS, UVA Medical Center
- ▶ **10:15 AM - 11:00 AM:** Stroke Ethics | John Gaughen, MD, Neurointerventional Surgeon, Commonwealth Neurovascular Specialists
- ▶ **11:00 AM - 11:30 AM:** Public Policy Approaches to Reduce Disability from Stroke in Virginia | Haydon Pitchford, Candidate for Master of Public Policy and Leadership, University of Virginia Frank Batten School of Public Policy and Leadership
- ▶ **11:30 AM - 12:30 PM:** Networking and Lunch
- ▶ **12:30 PM - 1:00 PM:** Quality of Life Post Stroke | Angel Medina Bravo, MD, Medical Director of Centra Health Inpatient Rehabilitation Services
- ▶ **1:00 PM - 1:30 PM:** Stroke Survivor Testimony | Michelle Adams
- ▶ **1:30 PM - 2:00 PM:** Virginia Stroke Care Quality Improvement Initiative / Virginia CDC Paul Coverdell National Acute Stroke Program Updates | Patrick Wiggins, MPH, Virginia Department of Health and Kathryn Funk, AGACNP-BC, MSN, SCRNP, CNRN, Virginia Department of Health
- ▶ **2:00 PM - 3:00 PM:** *Virginia Stroke Coordinators Consortium Meeting*
- ▶ **3:00 PM - 4:30 PM:** *Virginia Stroke Care Quality Improvement Advisory Group*

VSSTF Business

VSSTF Co-Chairs: Pankajavalli Ramakrishnan, MD, Riverside Regional Medical Center and Chad Aldridge, PT, DPT, MS-CR, NCS, UVA Medical Center

- ▶ Next Meeting Date: July 15, 2022
- ▶ Meeting Location: Riverside Regional Medical Center in Newport News, VA



VSSTF Co-Chair Election Results



Congratulations to **Dr. Melanie Winningham!**

Neurohospitalist and Vascular Neurologist, Stroke Medical Director,
Sentara Martha Jefferson Hospital, Charlottesville, Virginia

- ▶ Active Member of VSSTF and the Virginia Stroke Care Advisory Group
- ▶ Working with Sevaro to provide acute teleneurology care to facilities in several states.

Board Certifications

- ▶ Neurology and Vascular Neurology

Medical Education

- ▶ M.D. : Ponce Health Sciences University in Ponce, Puerto Rico - 2011

Medical Experience

- ▶ Internship: Emory University School of Medicine (July 1, 2011 - June 30, 2012)
- ▶ Residency: Emory University School of Medicine (July 1, 2012 - June 30, 2015)
- ▶ Fellowship: Emory University School of Medicine (July 1, 2015 - June 30, 2016)



SENTARA[®]

Martha Jefferson Hospital

May is National Stroke Awareness Month

Stroke Smart Virginia

Chronic Disease/Health Promotion Materials Order Form

VDH VIRGINIA DEPARTMENT OF HEALTH
To protect the health and promote the well-being of all people in Virginia

HOME ABOUT US HOW DO I HEALTH TOPICS A-Z HEALTH DEPARTMENTS DATA NEWSROOM PLAN FOR WELL-BEING CONTACT US

Virginia Department of Health > Stroke > Chronic Disease/Health Promotion Materials Order Form

CHRONIC DISEASE/HEALTH PROMOTION MATERIALS ORDER FORM

Chronic Disease Materials Order Form

INSTRUCTIONS: Complete the sections below to let us know where to ship your order and enter the quantity for each item requested. Orders will be fulfilled based on availability of items and is at the discretion of VDH staff.

Name *

First Last

Phone Number *

Fax Number

Email *

Be Stroke Smart

STROKE SIGN TEST: SMILE

Pass Fail: One side droops. **CALL 911**

STROKE SIGN TEST: RAISE ARMS

Pass Fail: Arm drifts downward. **CALL 911**

OTHER STROKE SIGNS

SUDDEN TROUBLE:

- Speaking or Understanding
- Walking or Balance
- Seeing
- Weak or Numb on one side of body

CALL 911 for even ONE SIGN
CALL 911 even if SIGNS STOP

Stroke Smart VIRGINIA Kwikpoint

¿Derrame Cerebral? ¡Conozca los Signos!

PRUEBA DE SIGNOS DEL DERRAME CEREBRAL: SONREÍR

Normal Anormal: Si un Lado de la Cara se Cae. **LLAME 911**

PRUEBA DE SIGNOS DEL DERRAME CEREBRAL: LEVANTAR LOS BRAZOS

Normal Anormal: Si el Brazo se Cae. **LLAME 911**

OTROS SIGNOS DEL DERRAME CEREBRAL

PROBLEMAS REPENTINOS:

- Hablar o Entender
- Caminar o Equilibrio
- Viendo
- Adormecimiento o Debilidad en un Lado del Cuerpo

LLAME 911 Si Observa un SIGNO
LLAME 911 Si los Signos DESAPARECEN

Stroke Smart VIRGINIA Kwikpoint

The VSSTF Stroke Smart Virginia Working Group has made available *Free* Stroke Smart Virginia Magnets and Wallet Cards, available in English and Spanish. Order them here:

<https://www.vdh.virginia.gov/stroke/chronic-disease-health-promotion-materials-order-form/>

For more information, Contact Alan Stillman alan@Kwikpoint.com and

Patrick Wiggins patrick.wiggins@vdh.virginia.gov

