



STATE OF NEW JERSEY
EXECUTIVE DEPARTMENT

Proclamation

WHEREAS, stroke was the 4th leading cause of death in New Jersey and the US in 2023; and

WHEREAS, risk factors for stroke include previous stroke, high blood pressure, high cholesterol, heart disease, diabetes, obesity, and sickle cell disease; and

WHEREAS, 1 in 6 people will have a stroke in their lifetime. Additionally, stroke is the leading cause of long-term disability, putting a tremendous financial burden on individuals, families, and society; and

WHEREAS, eating a heart-healthy diet, getting regular physical activity, reducing alcohol consumption, and quitting smoking reduces the risk of stroke; and

WHEREAS, knowing the warning signs and symptoms of stroke increases the chances of survival by ensuring that life-saving emergency treatment begins quickly; and

WHEREAS, all New Jersey health and safety-focused entities such as hospitals, clinics, local health departments, fire, public safety, social services, and the local departments of aging, etc., are urged to participate in improving stroke literacy in the State of New Jersey; and

WHEREAS, the State of New Jersey is a Stroke Smart State in full support of "Spot-a-Stroke, Stop-a-Stroke, Save-a-Life." All New Jersey communities, businesses, civic organizations, faith-based organizations, etc., are encouraged to participate in and contribute to the Stroke Smart: Spot-a-Stroke, Stop-a-Stroke, Save-a-Life campaign through active citizenship efforts; and

WHEREAS, improving stroke recognition and education in the State of New Jersey reduces the time between onset of stroke and dialing emergency responders, which is an interval measured by Emergency Medical Services (EMS) and local hospitals to emphasize the importance of immediately dialing 911 upon recognition of a stroke to advance the vision of a Stroke Smart New Jersey;

NOW, THEREFORE, I, Philip D. Murphy, Governor of the State of New Jersey, do hereby proclaim:

OCTOBER 29, 2025

AS

STROKE AWARENESS DAY

in New Jersey.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this twenty-third day of October in the year two thousand twenty-five, the two hundred fiftieth year of the Independence of the United States.


Lt. GOVERNOR


GOVERNOR