

## Stroke Support Group Resources

### Coverdell and Nearby Areas

#### Richmond Area

##### Richmond

###### Richmond - Sheltering Arms Institute Stroke Support Group

- [Link](#) to register: Join us virtually or in person at:  
Sheltering Arms Institute  
2000 Wilkes Ridge Drive  
Richmond, VA 23233
- 4th Wednesday of each month, 2:00 PM-3:00 p.m.

**Contact** Jessica Gulizia, CTRS

(804) 578-6532

[community.engagement@sai.rehab](mailto:community.engagement@sai.rehab)

###### Richmond - Encompass Health Stroke Support Group

- Join us virtually or in person at:
- 5700 Fitzhugh Ave, Richmond, Virginia 23226
- 3<sup>rd</sup> Thursday - Monthly, 3:00 PM-4:00 PM
- Medical Group Room

**Contact** Morgan Rowell nor Natalie Ayares

[morgan.rowell@encompasshealth.com](mailto:morgan.rowell@encompasshealth.com)

[natalie.ayares@encompasshealth.com](mailto:natalie.ayares@encompasshealth.com)

(804) 288-5700

##### **Petersburg [Not Coverdell but geographically close]**

###### Petersburg - Encompass Health Rehabilitation Hospital

###### Stroke Support Group

- 1st Monday of the month
- Noon-1:30 PM
- 95 Medical Park Blvd

**Contact** Olivia Wilson, CCC-SLP

[Olivia.Wilson@encompasshealth.com](mailto:Olivia.Wilson@encompasshealth.com)

(804) 504-8225