

**Southwest Virginia**

**Lynchburg**

The Centra Stroke Survivor Support Group for survivors and caregivers.

- Centra Virginia Baptist Hospital
- 3300 Rivermont Ave
- 3rd Thursday each month, 3-4 PM

**Contact** Crystal Martin, RN  
(434) 200-6634

[crystal.martin@centrahealth.com](mailto:crystal.martin@centrahealth.com)

Centra Health Brain Injury Support Group

- Lynchburg Family Residency
- 2323 Memorial Ave, Suite 10
- Lynchburg, VA 24501
- 4th Thursday each month, 1-2 pm

**Contact** Kaitlin Riley  
[Kaitlin@bisolutions.org](mailto:Kaitlin@bisolutions.org)  
434-993-8417

**Martinsville**

Martinsville Area Stroke and Brain Injury support group

- Sovah Health
- 320 Hospital Dr.
- Martinsville, VA 24112.
- 2nd Friday of each month
- 11 am-Noon

**Contact** Linda Adams  
[linda@bisolutions.org](mailto:linda@bisolutions.org)

**Roanoke**

Stroke and Brain Injury Support Group of SW Virginia:

- 2<sup>nd</sup> Monday of each month, from 6:00 PM-7:00 PM
- Lifetime Wellness Center.
- 1 Health Way, Marion, Virginia 24354

**Contact** Christy Vaught or Hannah Caudill  
(276) 685-1205  
[kcvaught92@gmail.com](mailto:kcvaught92@gmail.com)  
[strokegroupswva@gmail.com](mailto:strokegroupswva@gmail.com)

Brain Injury Support Program Carilion Clinic Institute for Orthopedics and Neurosciences

- 2331 Franklin Road SW, Roanoke, VA
- Conference room 5, Level 2
- 1st Wednesday of each month, Noon-1:00 pm

**Contact** Lisa Linger, Keeley Healing Arts Program manager  
[lmlinger@carilionclinic.org](mailto:lmlinger@carilionclinic.org)