

Tidewater

Norfolk

Sentara Stroke Support Group

- Brock Cancer Center
- 6251 E Virginia Beach Blvd Norfolk, Virginia 23502
- Room 306
- 2nd Thursday of each month
- 6:00 PM-7:30 PM Eastern

Contact Richard Booker, MSED

rbook005@gmail.com

(757) 282-1231

Newport News

Riverside Rehabilitation Hospital (Yorktown) Stroke Support Group

Offers free, monthly support groups for stroke survivors and caregivers

- In-person (cafeteria) and Zoom options.
- Cafeteria, 250 Josephs Drive, Yorktown, VA 23693
- 3rd Thursday of each month
- 10:30 AM-11:30 AM

Contact Katie Sherlock or Stefanie Gormly

KaSherlock@selectmedical.com

sgormly@selectmedical.com

Virginia Beach [Not Coverdell but geographically close]

Sentara Virginia Beach General Hospital Stroke Support Group

Provides specialized support for stroke and traumatic brain injury survivors. Friends, families, and caregivers are all welcome to join. Meetings are in-person and virtual.

- Virtual meeting option available.
- 1060 First Colonial Road, Virginia Beach, Virginia 23454
- Executive Board Room, First Floor
- 3rd Wednesday of each month
- 2:00 PM-4:00 PM

Contact Janice Taylor

janicetaylor104@gmail.com

(347) 752-1384