

# TIPS FOR PREVENTING LEAD EXPOSURE IN THE HOME

**VDH** VIRGINIA  
DEPARTMENT  
OF HEALTH



1

**Wet-wipe and wet-mop around windowsills and home entrances**

2

**Wash children's hands and toys regularly, especially after they play outside**

3

**Prevent children from playing in bare soil**

4

**Remove shoes before entering the home**

5

**Run water for 60 seconds before use, and cook with cold water only**

For more information on how to stay lead safe, please visit

**[www.vdh.virginia.gov/leadsafe/](http://www.vdh.virginia.gov/leadsafe/)**