

# LEAD & *Mental Health*

## CHILDHOOD LEAD EXPOSURE CAN CAUSE:



**Hearing and  
speech problems**

**Brain and nervous  
system damage**

**Slowed growth and  
development**

### Sources of lead include:

- Chipping and peeling paint
- Soil
- Water from lead pipes
- Imported candy and toys
- Folk remedies
- Ceramic and pottery dishes

**Lead can also impact your child many years later.** Children exposed to lead when they are young are at an **increased risk** of developing a mental disorder when they are older, **such as:**



**Anxiety**



**Depression**



**ADHD**

**If you think your child(ren) may have been exposed to lead, ask their doctor to give them a blood lead test**