

CHILDHOOD LEAD POISONING PREVENTION



Lead can harm a child's ability to learn. It damages the brain and nervous system. It can also shorten attention span.

Focus on these lead safe practices at home so your child can stay focused in school:



- 1 Wash hands before eating and after playing outside
- 2 Wet-wipe and wet-mop floors, windowsills, and entryways
- 3 Run water for 60 seconds before use and cook with cold water only
- 4 Ask your doctor if your children should get a blood lead test

The **American Academy of Pediatrics** and The **American Nurses Association** support lead poisoning prevention activities to protect children.