

LEAD & *Mental Health*

CHILDHOOD LEAD EXPOSURE CAN CAUSE:



**Hearing and
speech problems**

**Brain and nervous
system damage**

**Slowed growth and
development**

Sources of lead include:

- Chipping and peeling paint
- Soil
- Water from lead pipes
- Imported candy and toys
- Folk remedies
- Ceramic and pottery dishes

Lead can also impact your child many years later. Children exposed to lead when they are young are at an **increased risk** of developing a mental disorder when they are older, **such as:**



Anxiety



Depression



ADHD

**If you think your child(ren) may have been exposed to lead, ask
their doctor to give them a blood lead test**



Learn more:
www.vdh.virginia.gov/leadsafe/

VDH VIRGINIA
DEPARTMENT
OF HEALTH


Virginia Childhood Lead
Poisoning Prevention Program