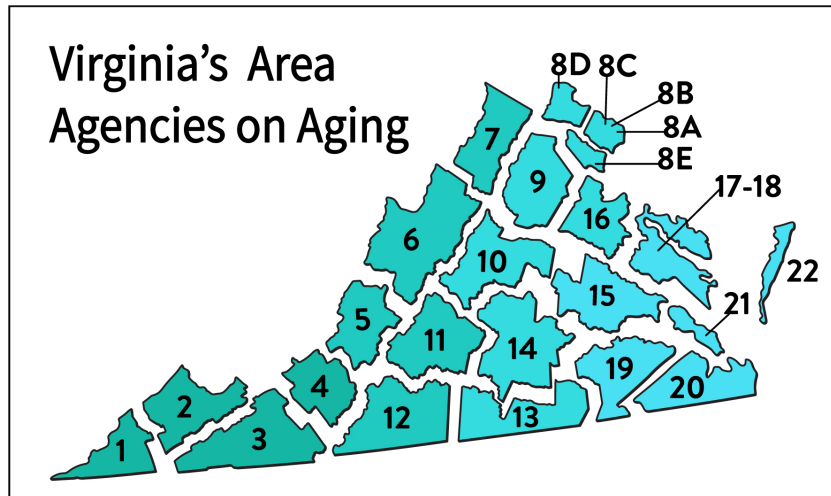


V4A is a network of the 25 local area agencies on aging in Virginia. Contact your local AAA for more information on resources available in your community.

Click the Service Areas on the map below to find your Area Agency on Aging.



Planning Service Area	Agency	Areas Served
1	Mountain Empire Older Citizens, Inc. (http://meoc.org/) Toll-free: 800-252-6362 Local: 276-523-4202	Counties of Lee, Wise & Scott; City of Norton
2	Appalachian Agency for Senior Citizens, Inc. (http://aasc.org/) Toll-free: 800-656-2272 Local: 276-964-4915	Counties of Dickenson, Buchanan, Tazewell & Russell
3	District Three Governmental Cooperative (http://district-three.org/) Toll-free: 800-541-0933 Local: 276-783-8157	Counties of Washington, Smyth, Wythe, Bland, Grayson & Carroll; Cities of Galax & Bristol
4	New River Valley Agency on Aging (http://www.nrvaoo.org/) Toll-free: 866-260-7724 Local: 540-980-7720	Counties of Giles, Floyd, Pulaski & Montgomery; City of Radford
5	Local Office on Aging, Inc. (https://www.loaa.org/) Toll-free: 888-355-6222 Local: 540-345-0451	Counties of Roanoke, Craig, Botetourt & Alleghany; Cities of Salem, Roanoke, Clifton Forge & Covington

6	Valley Program for Aging Services, Inc. (https://www.vpas.info/) Toll-free: 800-868-8727 Local: 540-949-7141	Counties of Rockingham, Rockbridge, Augusta, Highland & Bath; Cities of Buena Vista, Lexington, Waynesboro & Harrisonburg
7	Shenandoah Area Agency on Aging, Inc. (http://www.shenandoahaaa.com/) Local: 540-635-7141	Counties of Page, Shenandoah, Warren, Clarke & Frederick; City of Winchester
8A	Alexandria Division of Aging & Adult Services (https://www.alexandriava.gov/Aging) Local: 703-746-5999	City of Alexandria
8B	Arlington Agency on Aging (https://aging-disability.arlingtonva.us/) Local: 703-228-1700	County of Arlington
8C	Fairfax Area Agency on Aging (https://www.fairfaxcounty.gov/familyservices/older-adults) Local: 703-324-7948	County of Fairfax; Cities of Fairfax & Falls Church
8D	Loudoun County Area Agency on Aging (https://www.loudoun.gov/1104/Area-Agency-on-Aging) Local: 703-777-0257	County of Loudoun
8E	Prince William Area Agency on Aging (http://www.pwcgov.org/government/dept/aaa/Pages/default.aspx) Local: 703-792-6374	County of Prince William; Cities of Manassas, Manassas Park & Woodbridge
9	Rappahannock-Rapidan Community Services (https://www.rrcsb.org/) Local: 540-825-3100	Counties of Orange, Madison, Culpeper, Rappahannock & Fauquier
10	Jefferson Area Board For Aging (https://www.jabacares.org/) Local: 434-817-5222	Counties of Nelson, Albemarle, Louisa, Fluvanna & Greene; City of Charlottesville
11	Central Virginia Alliance for Community Living, Inc. (https://cvcl.org/) Local: 434-385-9070	Counties of Bedford, Amherst, Campbell & Appomattox; Cities of Bedford & Lynchburg
12	Southern Area Agency on Aging (http://www.southernaaa.org/) Toll-free: 800-468-4571 Local: 276-632-6442	Counties of Patrick Henry, Franklin & Pittsylvania; Cities of Martinsville & Danville

13	Lake Country Area Agency on Aging (http://lcaaa.org/) Toll-free: 800-252-4464 Local: 434-447-7661	Counties of Halifax, Mecklenburg & Brunswick; City of South Boston
14	Piedmont Senior Resources Area Agency on Aging, Inc. (https://www.psrAAA.org/) Toll-free: 800-995-6918 Local: 434-767-5588	Counties of Nottoway, Prince Edward, Charlotte, Lunenburg, Cumberland, Buckingham & Amelia
15	Senior Connections – The Capital Area Agency on Aging, Inc. (https://seniorconnections-va.org/) Toll-free: 800-989-2286 Local: 804-343-3000	Counties of Charles City, Henrico, Goochland, Powhatan, Chesterfield, Hanover & New Kent; City of Richmond
16	Healthy Generations Area Agency on Aging (http://healthygenerations.org/) Local: 540-371-3375	Counties of Caroline, Spotsylvania, Stafford & King George; City of Fredericksburg
17/18	Bay Aging, Inc. (https://bayaging.org/) Toll-free: 800-493-0238 Local: 804-758-2386	Counties of Westmoreland, Northumberland, Richmond, Lancaster, Essex, Middlesex, Mathews, King & Queen, King William & Gloucester
19	Crater District Area Agency on Aging (https://www.princegeorgeva.org/government/citizen_boards_and_commissions/crater_district_area_agency_on_aging.php) Local: 804-732-7020	Counties of Dinwiddie, Sussex, Greensville, Surry & Prince George; Cities of Petersburg, Hopewell, Emporia & Colonial Heights
20	Senior Services of Southeastern Virginia (https://www.ssseva.org/) Local: 757-461-9481	Counties of Southampton & Isle of Wight; Cities of Franklin, Suffolk, Portsmouth, Chesapeake, Virginia Beach & Norfolk

21	Peninsula Agency on Aging, Inc. (http://www.paainc.org/) Local: 757-873-0541	Counties of James City & York; Cities of Williamsburg, Newport News, Hampton & Poquoson
22	Eastern Shore Area Agency on Aging-Community Action Agency, Inc. (https://www.esaaa-caa.net/) Local: 757-442-9652	Counties of Accomack & Northampton