

KNOW SOMEONE WITH MEMORY LOSS?

Subjective Cognitive Decline
Among Adult Women

1 in 9

adult Women aged 45 years and older are experiencing (SCD) Subjective Cognitive Decline

Only half

of adult Women with SCD have discussed their symptoms with a healthcare provider

**MEMORY LOSS IS NOT
A NORMAL PART OF AGING**

43% of Women

with SCD had to give up day-to-day activities such as:



Cooking



Cleaning



Taking Medication

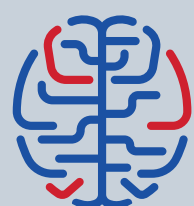
Talk to a healthcare provider about:

Possible treatment

Care planning

Management of chronic conditions

Caregiving needs



USAGAINSTALZHEIMER'S CENTER *for*
BRAIN HEALTH EQUITY

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SOURCE: Behavioral Risk Factor Surveillance System (BRFSS) as published in Taylor, MMWR July 2018 ; Data from Women in 50 States, Puerto Rico, and the DC: People Aged 45 Years and Older <https://go.usa.gov/xUZT3>