Virginia Neonatal Abstinence Syndrome Active Case Reporting

Year to Date Reporting Summary
January 1, 2021 through September 30, 2021

Total NAS Cases Reported†	191
Missing	0
In State	176
Out of State	15
Sex of Infant†	
Missing	0
Females	88
Males	102
Unknown	1

Source of Exposure‡	
Medication-assisted treatment (MAT)	134
Legal prescription of opioid pain reliever	13
Legal prescription of a non-opioid	9
Prescription opioid obtained without prescription	26
Non-opioid prescription obtained without prescription	8
Heroin	20
Other non-prescription substance (e.g. illicit drugs other than heroin)	59
No known exposure but clinical signs consistent with NAS	2
Other (e.g. SSRIs, another drug used in the polysubstance instances)	9

Race/Ethnicity of Infant†	
Missing	22
Black/African American	23
White	133
Other	1
Unknown	12

Severity of NAS Signs	
Mild signs requiring non-pharmacologic treatment	88
Severe clinical signs requiring pharmacotherapy	103

Other Supportive Elements for Diagnosis‡	
Maternal history of substances known to cause NAS	188
Positive maternal screening test for substances known to cause NAS	105
Positive neonatal screening test for substances known to cause NAS	132
No other supportive elements for diagnosis	2



‡More than one option may have been selected, so totals may sum to >100% of overall case total. Note: Cases in system where reporter indicated that there were no signs or symptoms of withdrawal were omitted from this case report, as they do not meet the standard case definition in use.





