Virginia Neonatal Abstinence Syndrome Active Case Reporting
Year to Date Reporting Summary
January 1, 2021 through December 31, 2021

Total NAS Cases Reported† 236
Missing 0
In State 220
Out of State 16

Sex of Infant†
Missing 0
Females 111
Males 124
Unknown 1

Race/Ethnicity of Infant†
Missing 23
Black/African American 30
White 169
Other 1
Unknown 13

Severity of NAS Signs
Mild signs requiring non-pharmacologic treatment 106
Severe clinical signs requiring pharmacotherapy 130

Other Supportive Elements for Diagnosis‡
Maternal history of substances known to cause NAS 224
Positive maternal screening test for substances known to cause NAS 139
Positive neonatal screening test for substances known to cause NAS 169
No other supportive elements for diagnosis 2

Source of Exposure‡
Medication-assisted treatment (MAT) 174
Legal prescription of opioid pain reliever 14
Legal prescription of a non-opioid 10
Prescription opioid obtained without prescription 33
Non-opioid prescription obtained without prescription 10
Heroin 28
Other non-prescription substance (e.g. illicit drugs other than heroin) 71
No known exposure but clinical signs consistent with NAS 2
Other (e.g. SSRIs, another drug used in the polysubstance instances) 12

NAS Cases Reported by Quarter (2018-2021 Active Case Report)

†Data is reported as missing here if the clinician filing the case report omitted a response to this field in the data collection form.
‡More than one option may have been selected, so totals may sum to >100% of overall case total.
Note: Cases in system where reporter indicated that there were no signs or symptoms of withdrawal were omitted from this case report, as they do not meet the standard case definition in use.
*This report includes data recorded as of February, 4 2022