

Treatment of *Candida auris*

Background and Data

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Candida auris

- Type of yeast first described in 2009
- Mortality is >45% for clinical infections within the first 30 days
- Can cause bloodstream, wound, and ear infections
- It also has been isolated from respiratory and urine specimens, but it is unclear if it causes infections in the lung or bladder
 - CDC does not recommend treatment of *C. auris* identified from noninvasive sites when there is no evidence of infection



Typically affects the sickest of the sick



**Ventilator-dependent/
Tracheostomies**



**Colonized with other
MDROs**

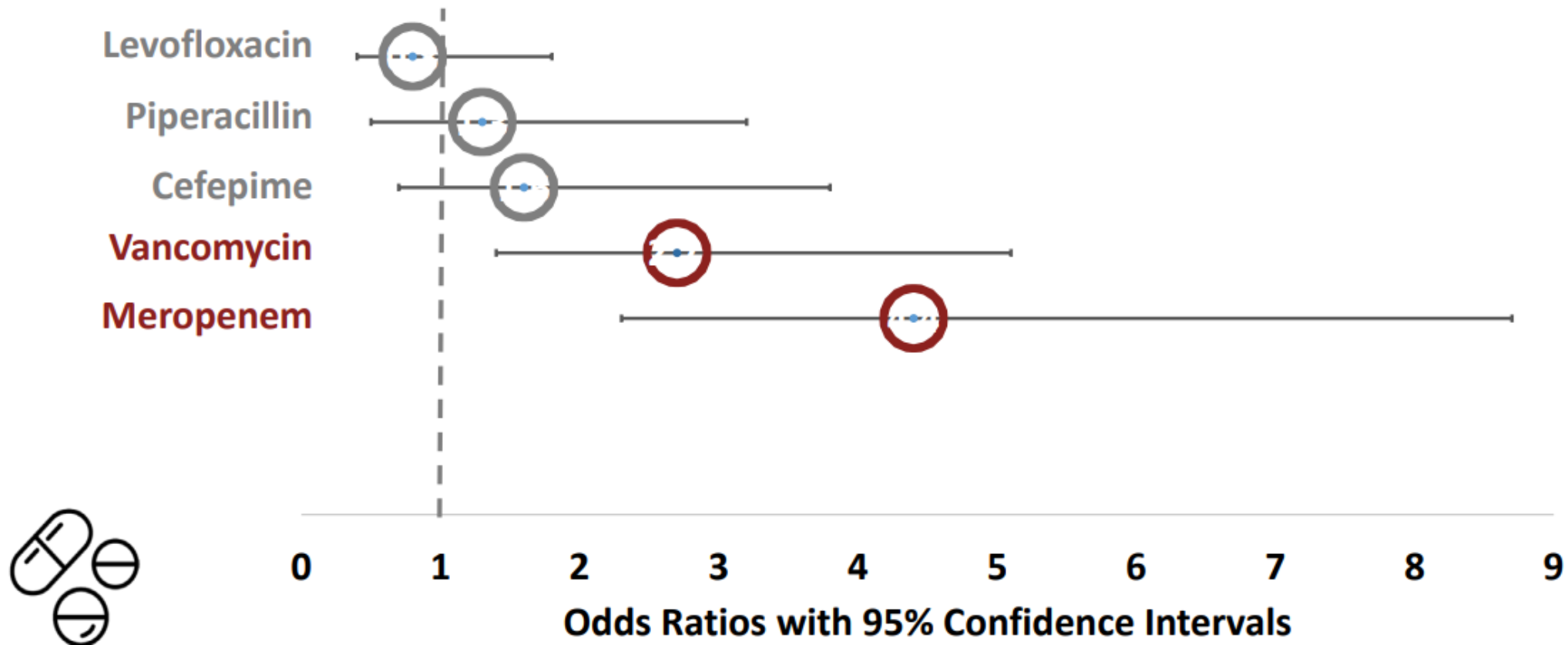


**High-acuity, long length of stay
facilities**



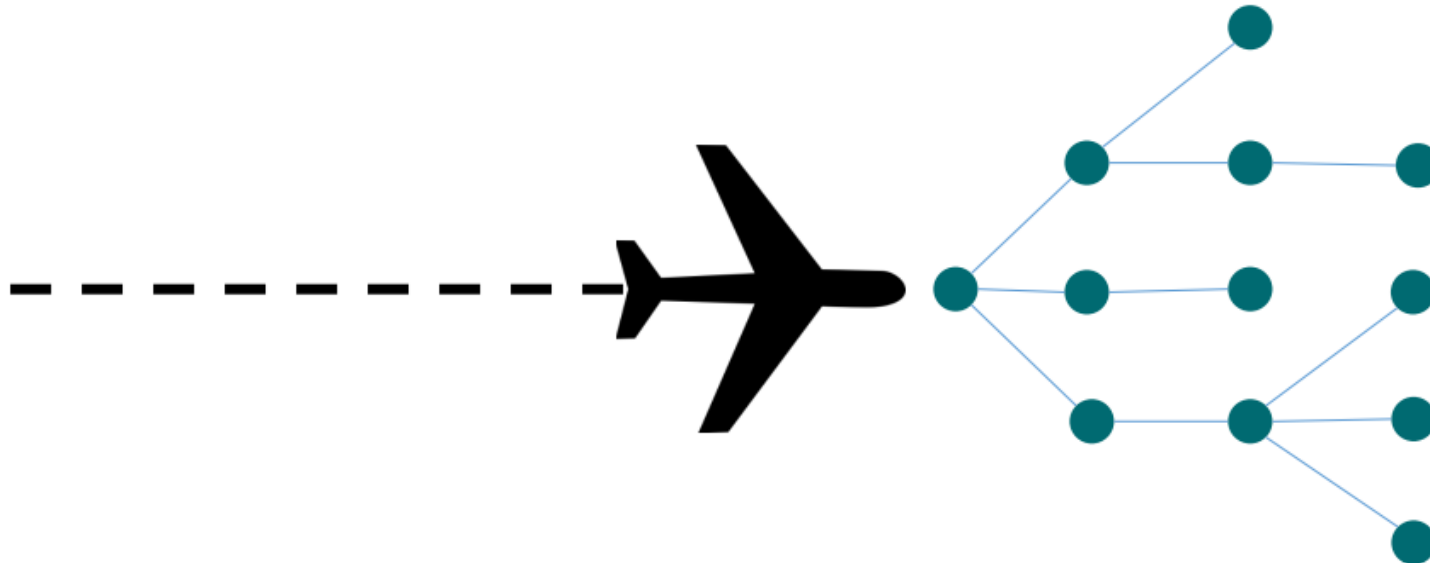
**Recently received antibiotics
and antifungals**

Certain broad-spectrum antibiotics were associated with *C. auris* colonization



Role of International Healthcare Exposure

- Majority of Virginia cases don't have direct links to healthcare abroad
- Cases are a result of introductions from abroad followed by local transmission



Obtaining healthcare exposure history is still important.....

This map is no longer being updated given how widespread *C. auris* has become.



VDH VIRGINIA
DEPARTMENT
OF HEALTH
*To protect the health and promote the
well-being of all people in Virginia.*

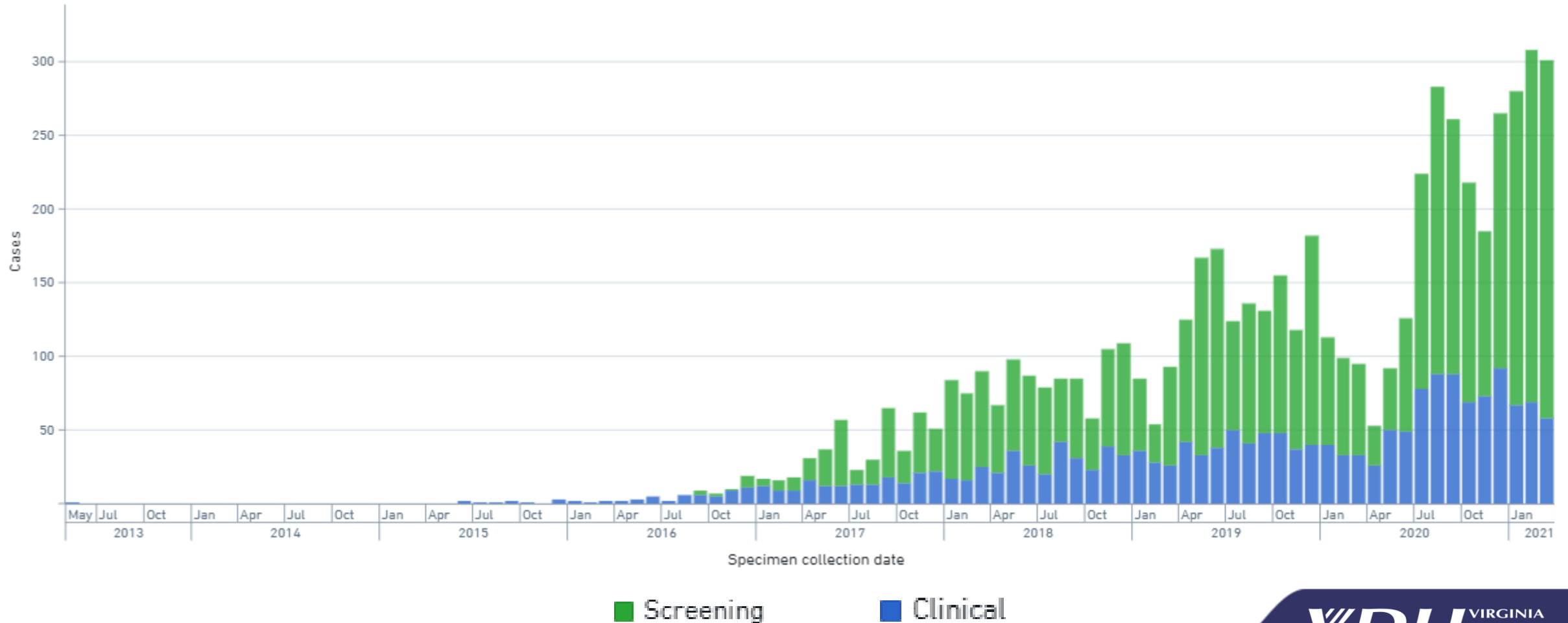
Virginia Reporting Requirements (since Nov 2018)

Virginia Reportable Disease List	Virginia Isolate Submission List
<p>Report suspected or confirmed <i>C. auris</i>, infection or colonization.</p> <p>Include available antifungal susceptibility testing (AFST) results.</p>	<p>Submit any of the following isolates to DCLS using the DCLS Clinical Microbiology/Virology Request Form and including AFST results with submission:</p> <ol style="list-style-type: none">1. All confirmed <i>C. auris</i> and <i>Candida haemulonii</i> isolates from any specimen source. <p>OR</p> <ol style="list-style-type: none">2. Yeast isolates from any specimen source when unable to identify species after identification is attempted per laboratory policies. <p>OR</p> <ol style="list-style-type: none">3. Suspected <i>C. auris</i> isolates from any specimen source. <i>C. auris</i> can be misidentified if your laboratory uses certain yeast identification methods.

Public Health Terminology: Clinical vs Colonized

- Clinical case: A person with *C. auris* identified through microbiological cultures obtained for routine care.
 - Ex. Blood or urine cultures (doesn't have to represent a “true” infection)
- Colonized/Screening case: A person with *C. auris* identified at a laboratory from a swab collected for the purpose of determining if they are colonized
 - *C. auris*: primarily skin

Increasing transmission of *C. auris* in the United States



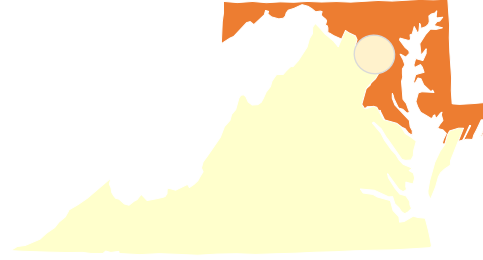
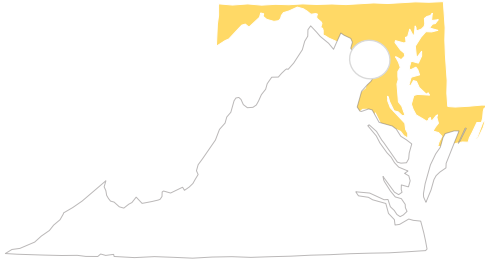
C. auris in the Mid-Atlantic Region

Data through August 2021

Clinical Cases

Screening Cases

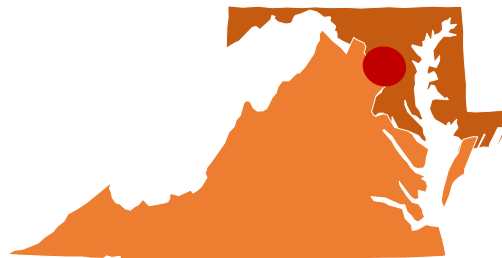
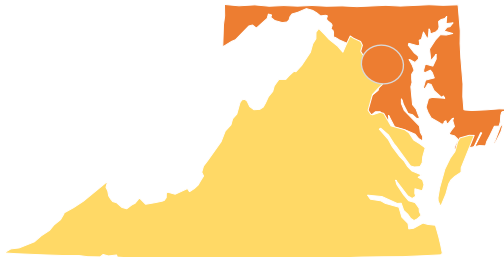
2019



2020



2021



Legend

1 to 5

5 to 10

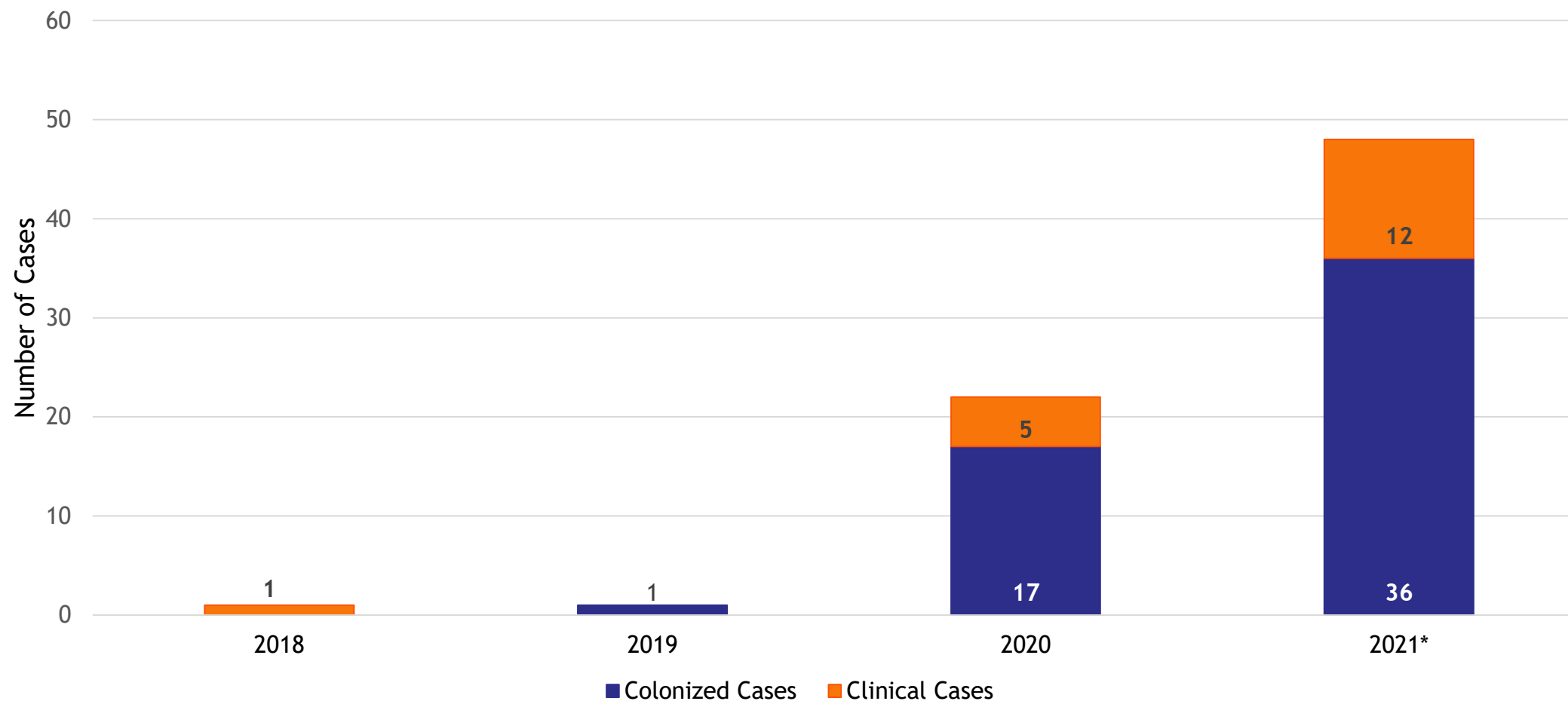
11 to 25

26 to 50

50 or more

Virginia *C. auris* Case Counts

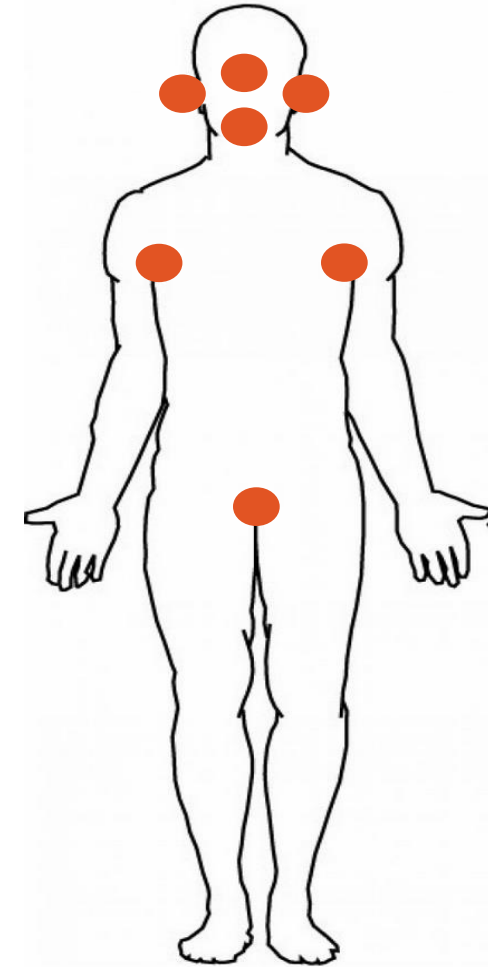
C. auris Cases Reported to VDH, 2018-2021



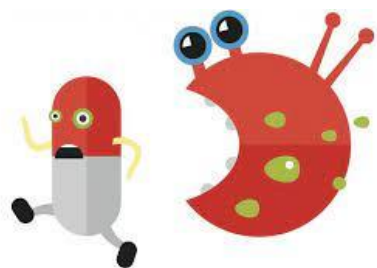
*Data reported to VDH as of November 1, 2021

C. auris Colonization Duration

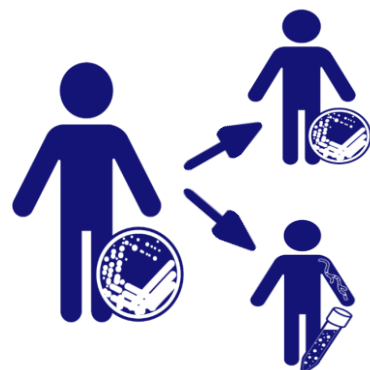
- Colonization can persist for many months
- Many different body sites can be colonized with *C. auris*
- 5-10% of patients colonized with *C. auris* develop invasive infections
- Currently, no well-established decolonization strategies for *C. auris*



Why are we concerned about *Candida auris*?



**Highly
drug-resistant**



**Patients can become colonized
and develop invasive infections**



**Spreads in healthcare
settings**



**Can persist on surfaces in
healthcare environments**



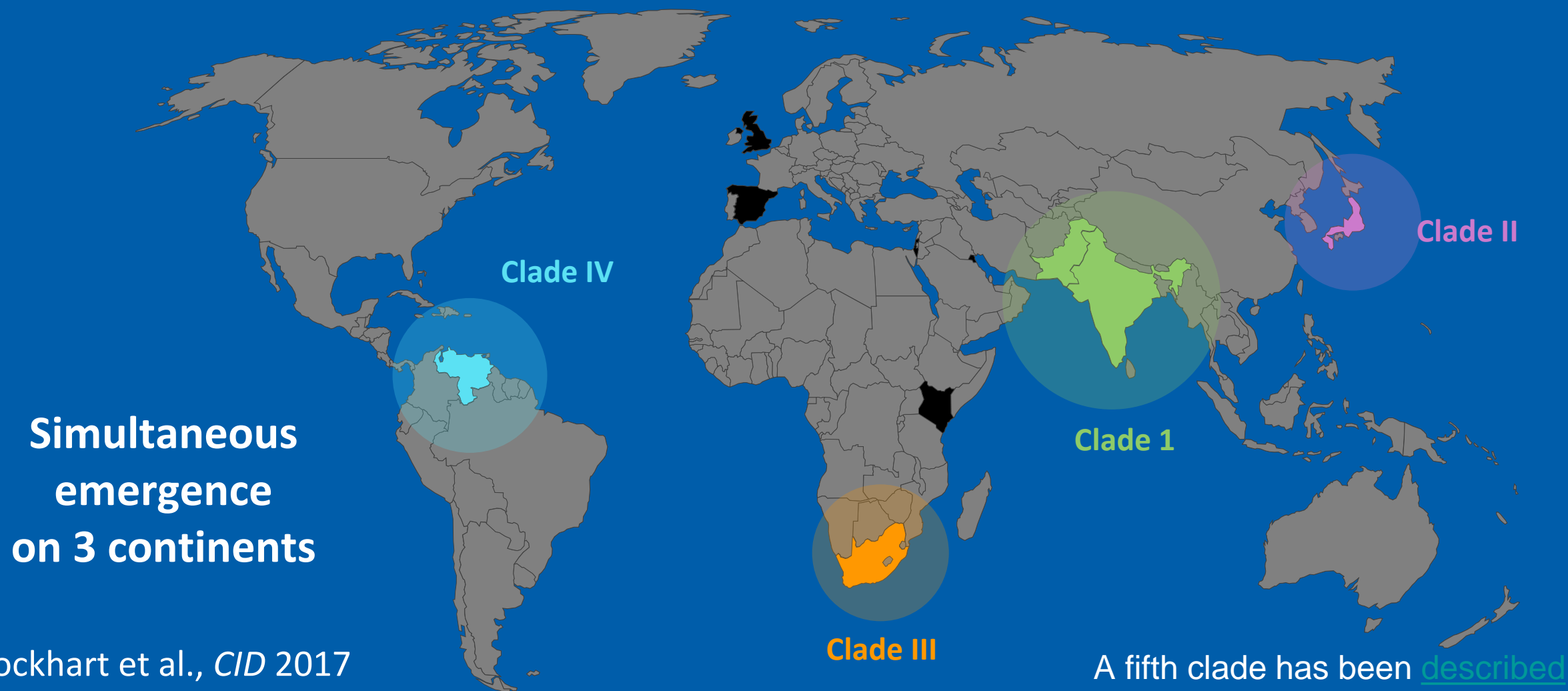
**Difficult to identify
(improving)**

C. auris resources

- [AFST Interpretation](#)
- [Tracking](#)
- [Infection Prevention](#)
- [EPA List P](#)
- [Identification](#)

Strong phylogeographic structure – 4 clades

Virginia has identified all 4 clades



C. auris Resistant Isolates in DC, MD, and VA

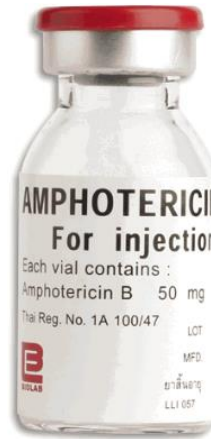
301 isolates through 8/12/2021



Azoles

99%

National: 85%



Polyenes

64%

National: 33%



Echinocandins

4%

National: 2%

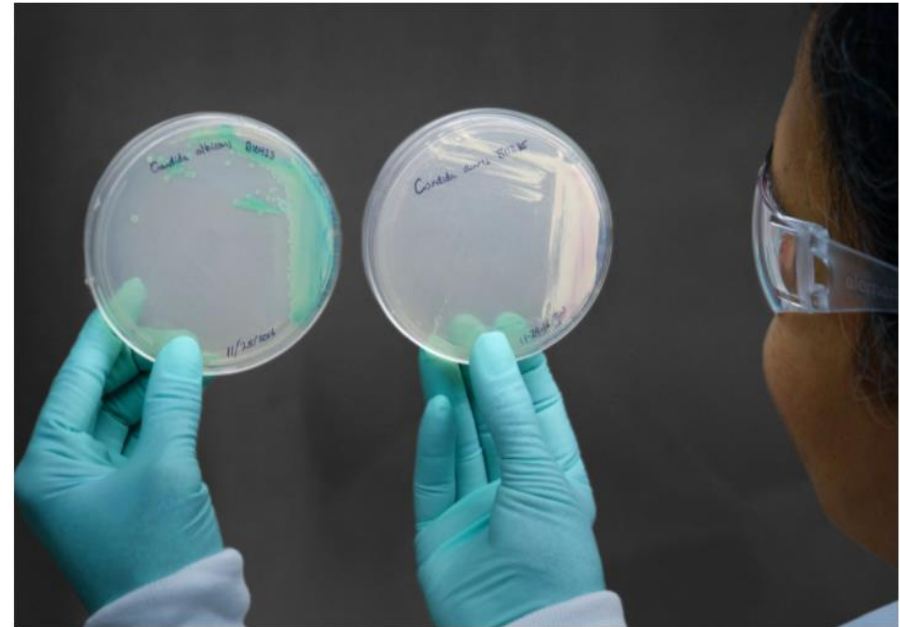
- **65% multidrug-resistant (National: 33%)**
- **Multiple pan-resistant cases reported in US since 2020**

The Mid-Atlantic is one of the 2 areas of the country experiencing transmission of echinocandin-resistant *C. auris*

The New York Times

Outbreaks of Untreatable, Drug-Resistant Fungus Spread in 2 Cities

For the first time, the C.D.C. identified several cases of *Candida auris* that were resistant to all drugs, in two health facilities in Texas and a long-term care center in Washington, D.C.



Cultured *Candida auris*, right, which was first discovered in 2009. Centers for Disease Control and Prevention

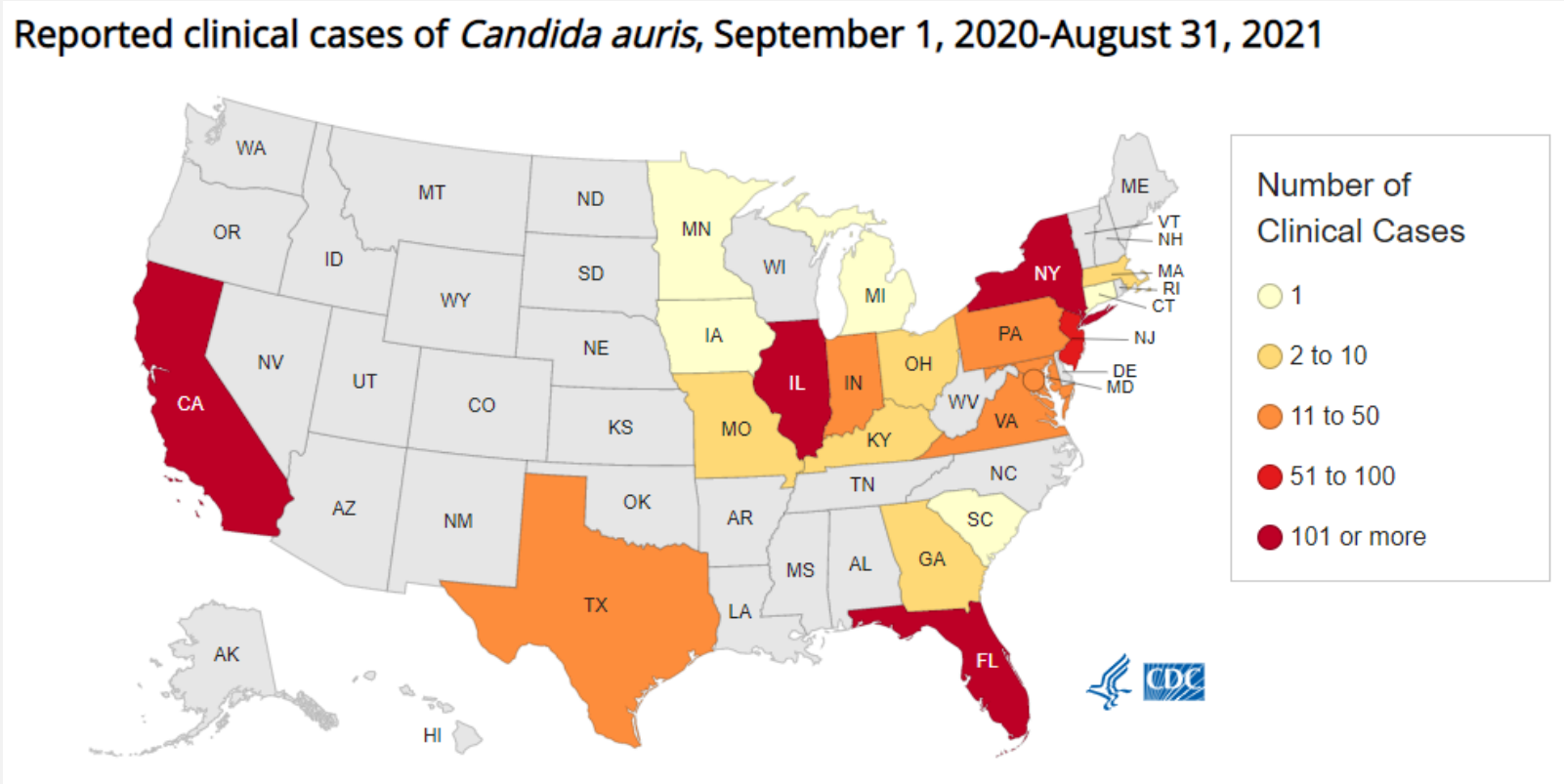
TREATMENT OF *CANDIDA AURIS*

Laura Cwengros, PharmD, BCIDP
Clinical Infectious Diseases Manager
CJW Medical Center

OBJECTIVES

1. Identify first-line therapy for *Candida auris* infections
2. Understand the resistance mechanisms from *Candida auris*
3. Review salvage therapy & pipeline drugs for persistent infection

CANDIDA AURIS: EMERGING THREAT

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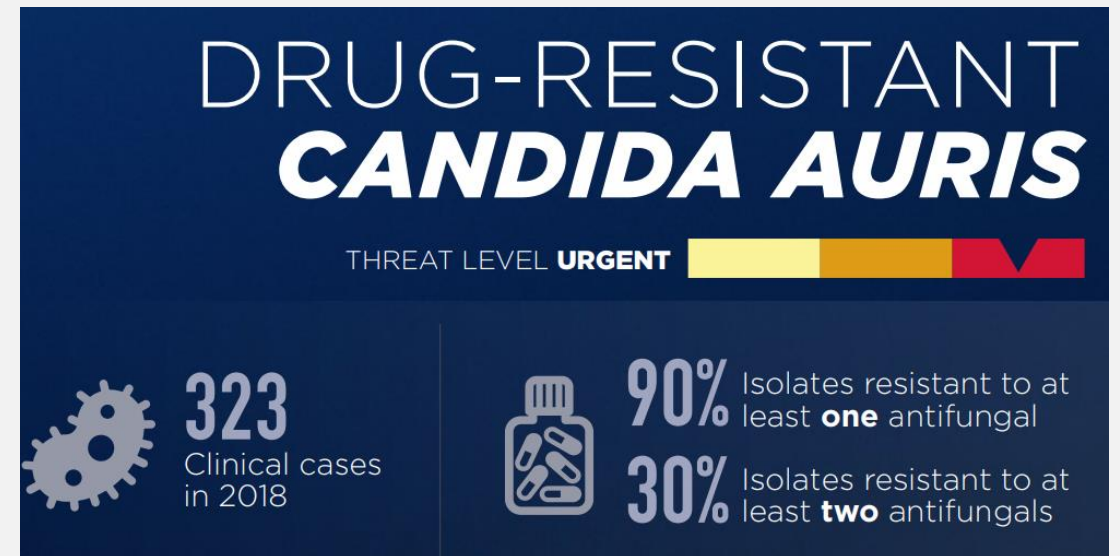
- Clinical cases include confirmed and probably cases
 - Targeted screening has identified an additional 3,043 patients colonized with *C. auris*
- <https://www.cdc.gov/fungal>

CDC CONCERNS REGARDING *C. AURIS*

Often multidrug-resistant

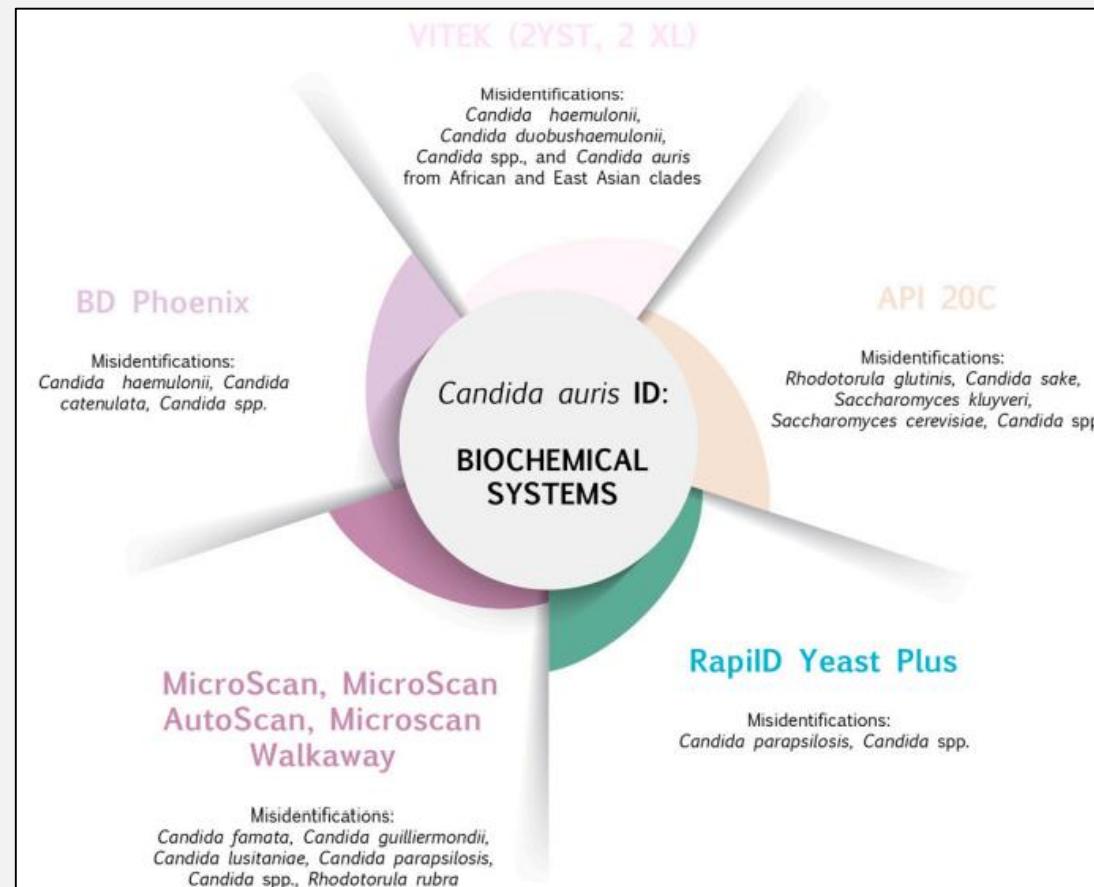
Difficult to identify with standard laboratory methods

Has caused outbreaks in healthcare settings



- Healthcare facilities or laboratories that suspect infection with *C. auris* should contact state or local public health authorities and CDC

IDENTIFICATION NUANCES FOR *C. AURIS*



ANTIFUNGAL “BREAKPOINTS”

Drugs	Tentative MIC Breakpoints (µg/mL)	Comments
Anidulafungin	≥ 4	Tentative breakpoints are based on the modal distribution of echinocandin MICs of approximately 100 isolates from diverse geographic locations
Caspofungin	≥ 2	
Micafungin	≥ 4	
Amphotericin B	≥ 2	Recent pharmacokinetic/pharmacodynamic mouse model of <i>C. auris</i> indicates that under standard dosing, the breakpoint for amphotericin B should be 1 or 1.5, similar to what has been determined for other <i>Candida</i> species. Therefore, isolates with an MIC of ≥2 should now be considered resistant. If using Etest for amphotericin B and an MIC of 1.5 is determined, that value should be rounded up to 2.
Fluconazole	≥ 32	Isolates with MICs ≥ 32 were shown to have a resistance mutation in the <i>Erg11</i> gene
Voriconazole and other second generation triazoles	N/A	<ul style="list-style-type: none"> Consider using fluconazole susceptibility as a surrogate for susceptibilities Isolates resistant to fluconazole may respond to other triazoles occasionally

NOTES FROM THE FIELD

Transmission of pan-resistant and echinocandin-resistant strains

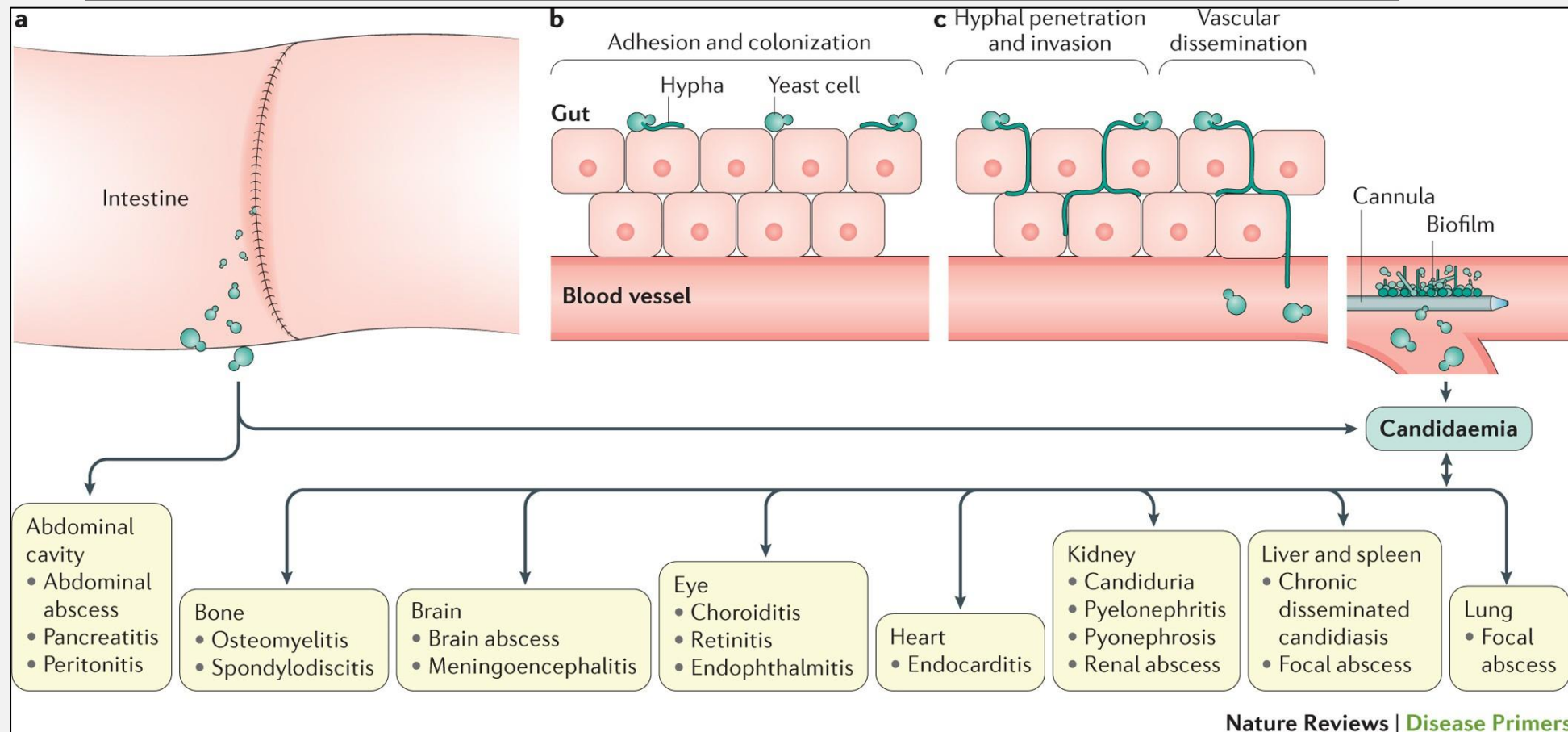
- Since January 2021, independent clusters of pan-resistant or echinocandin-resistance cases in Texas and the District of Columbia (DC)
 - Involved common health care encounters
 - No known previous echinocandin exposures
- January – April 2021
 - Pan-resistance strains: 3 (DC), 2 (Texas)
 - Resistant to both echinocandins and fluconazole: 5 (Texas)

Considerations to prevent clusters

- Measures to contain further spread:
 - Surveillance
 - Public health reporting
 - Infection control measures
- Consider early antifungal susceptibility testing

In the U.S., cases of *C. auris* had average of 3 healthcare facility encounters in 90 days preceding diagnosis; majority admitted to high-acuity long-term care facility

INVASIVE CANDIDIASIS



PATIENT SCENARIO #1

- Patient presents to the hospital with septic shock from a long-term care facility. CC: altered mental status and fevers. Blood cultures obtained in the ED (+) for yeast with no identified source.
- What antifungal treatment do you start for fungemia?
 - A. Fluconazole 6 mg/kg loading dose, then 400 mg PO/IV daily
 - B. Micafungin 100 mg IV daily
 - C. Liposomal amphotericin B 3 mg/kg IV daily
 - D. Ibrexafungerp 300 mg PO every 12 hours

FIRST-LINE TREATMENT

Drugs	U.S. resistance rate
Fluconazole	90%
Amphotericin B	30%
Echinocandins	< 5%

Adults and children \geq 2 months of age

- Echinocandins

Neonates and infants < 2 months of age

- Amphotericin B deoxycholate
(1 mg/kg daily)

TACKLING *CANDIDA AURIS*

Empiric

- Start echinocandin (consider source of infection)
- Obtain source control
- Repeat blood cultures (if fungemic)

Escalation

- If clinically unresponsive to echinocandin treatment OR has persistent fungemia (>5 days): start liposomal amphotericin B

Additional Treatment

- Rapid improvement → de-escalate based on susceptibilities?
- Lack of improvement:
 - Combination treatment?
 - Investigational drugs?

SYNERGY OR ANTAGONISM OF COMBINATIONS?

N of isolates	Compound A	Compound B	Type of interaction N (%) ^a		
			SYN	IND	ANT
15	5-Flucytosine	Amphotericin B	1 (7)	14 (93)	
		Micafungin	1 (7)	14 (93)	
		Voriconazole		15 (100)	
10	Caspofungin	Fluconazole		10 (100)	
		Voriconazole		10 (100)	
	Micafungin	Fluconazole		10 (100)	
		Voriconazole	10 (100)		

SYN = synergy; IND = indifferent; ANT = antagonism

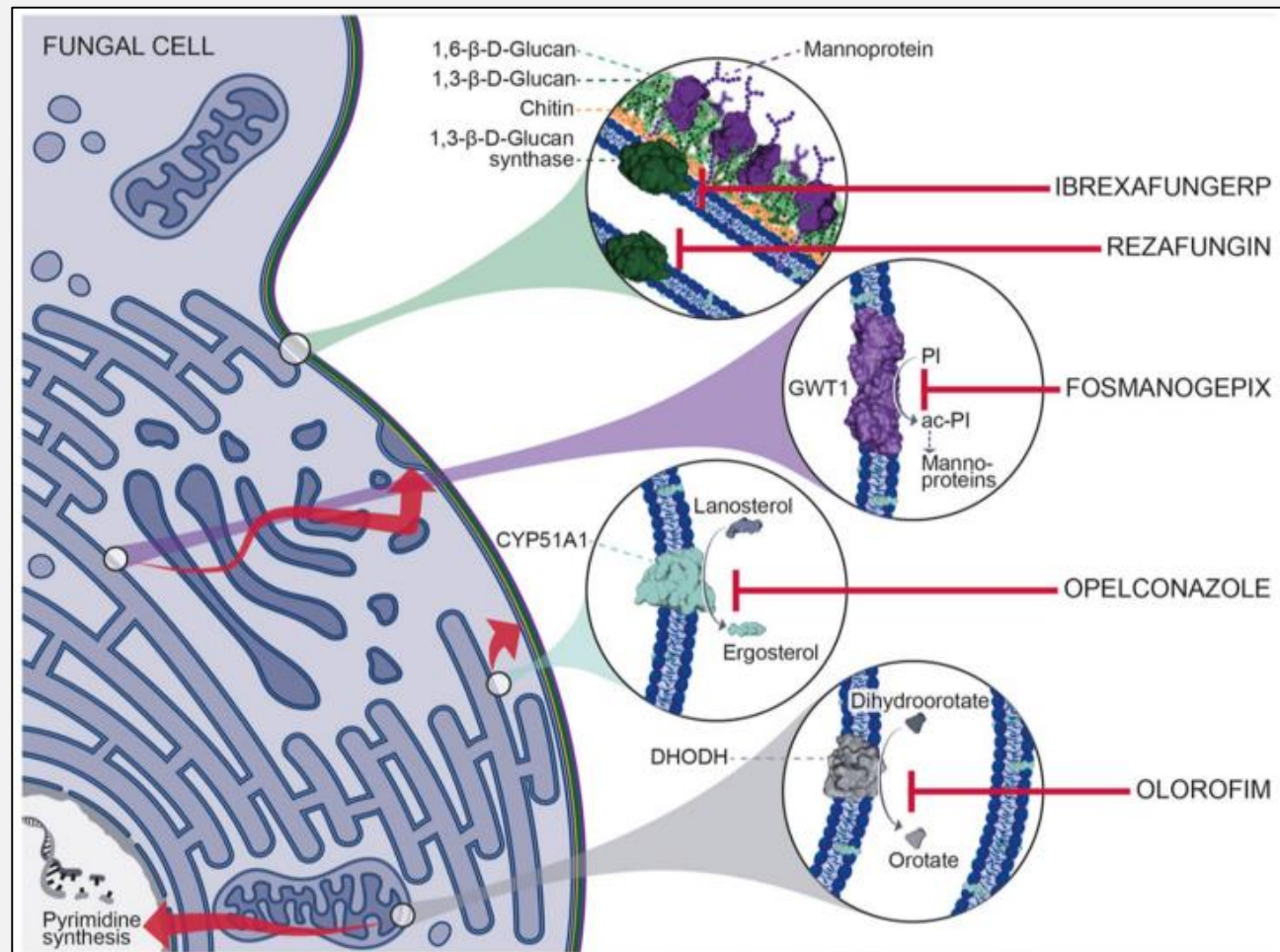
C. AURIS RESISTANCE MECHANISMS

Class	Target of class	Resistance mechanism
Echinocandins	Inhibit 1,3-β-D-glucan synthetase (encoded by <i>FKS1</i> and <i>FKS2</i>)	<i>FKS1</i> gene mutation
Azoles	Inhibits lanosterol 14 α-demethylase (LDM) → converts lanosterol to ergosterol (key fungal membrane component) <i>ERG11</i> encodes LDM	<i>ERG11</i> mutation Efflux pumps <i>ERG11</i> duplication
Polyenes	Binds to ergosterol → alters cell membrane permeability → leakage of cell components → cell death	Poorly understood
5-Flucytosine	Converted to fluorouracil by uracil phosphoribosyl transferase (encoded by <i>FURI</i>) → competes with uracil interfering with fungal RNA	<i>FURI</i> gene mutation






PATIENT SCENARIO #2

- One week later, the patient's blood cultures return, identified as *C. auris*. Cultures are resistant to fluconazole and there may be concern for *FKS* mutation. Patient remains on pressors with persistent positive blood cultures.
- What antifungal treatment should the patient be transitioned to?
 - A. Fluconazole 6 mg/kg loading dose, then 400 mg PO/IV daily
 - B. Micafungin 100 mg IV daily
 - C. Liposomal amphotericin B 5 mg/kg IV daily
 - D. Ibrexafungerp 300 mg PO every 12 hours

THE ANTIFUNGAL PIPELINE



PIPELINE DRUGS & SPECTRUM OF ACTIVITY

Antifungal agents	Fosmanogepix	Ibrexafungerp	Olorofim	Opelconazole	Rezafungin
Pathogens					
 <i>Aspergillus calidoustus</i>					
<i>Aspergillus fumigatus</i>					
<i>Azole-resistant A. fumigatus</i>					
<i>Aspergillus flavus</i>					
<i>Aspergillus lentulus</i>					
<i>Aspergillus nidulans</i>					
<i>Aspergillus niger</i>					
<i>Aspergillus terreus</i>					
<i>Aspergillus tubingensis</i>					
 <i>Cunninghamella</i>					
<i>Lichtheimia</i>					
<i>Mucor</i>					
<i>Rhizopus</i>					
 <i>Fusarium spp.</i>					
 <i>Alternaria alternata</i>					
<i>Cladosporium spp.</i>					
<i>Paecilomyces variotii</i>					
<i>Purpureocillium lilacinum</i>					
<i>Scopulariopsis spp.</i>					
<i>Rasamsonia spp.</i>					
 <i>Scedosporium spp.</i>					
<i>Lomentospora prolificans</i>					

Legend	
!!!	Potent activity
!?	Variable activity
X	No activity
?	Unknown / currently investigated

PIPELINE DRUGS & SPECTRUM OF ACTIVITY

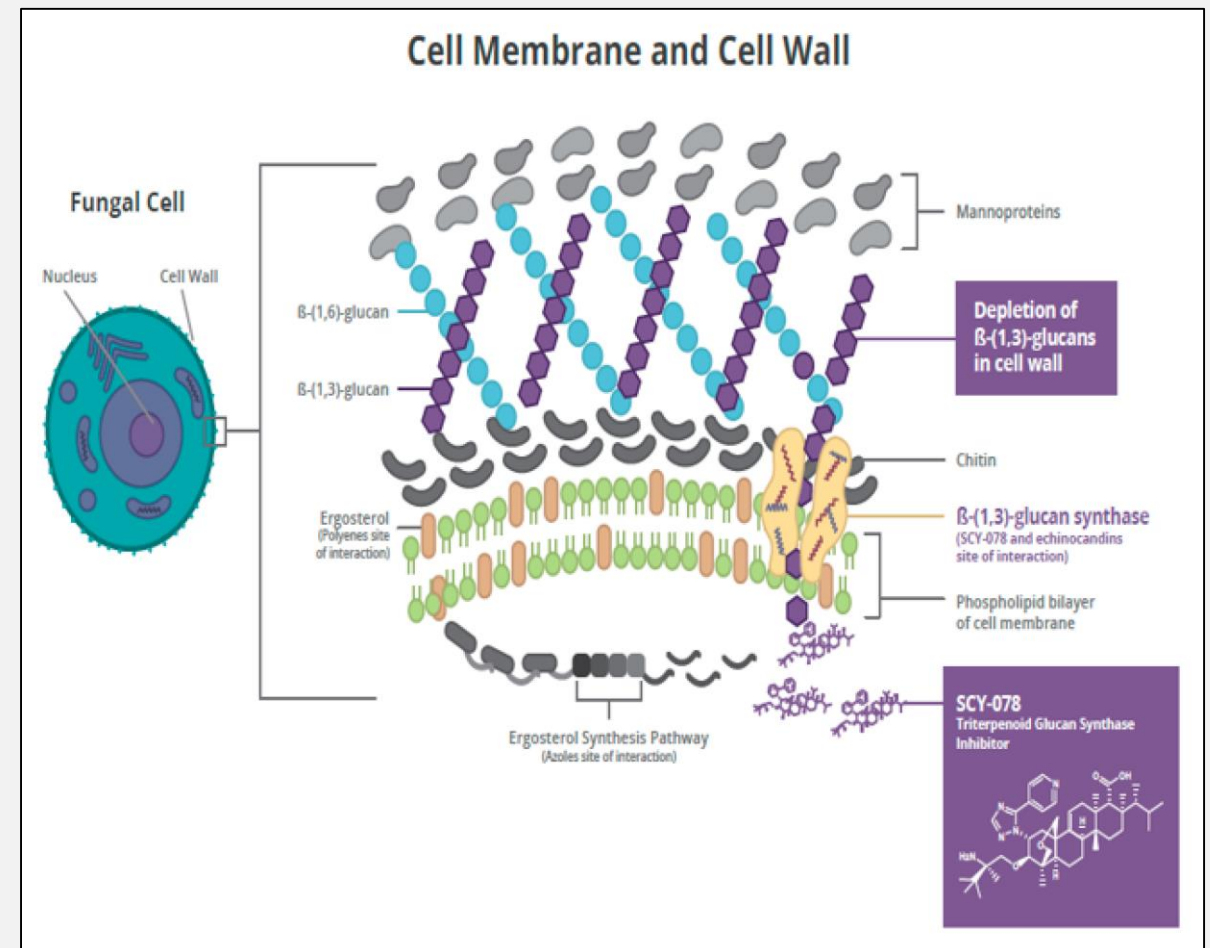
	<i>Candida albicans</i>					
	<i>Candida auris</i>					
	<i>Candida dubliniensis</i>					
	<i>Candida glabrata</i>					
	<i>Candida krusei</i>					
	<i>Candida lusitanae</i>					
	<i>Candida parapsilosis</i>					
	<i>Candida tropicalis</i>					
	<i>Cryptococcus gattii</i>					
	<i>Cryptococcus neoformans</i>					
	<i>Trichosporon asahii</i>					
	<i>Exophiala dermatitidis</i>					
	<i>Malassezia furfur</i>					
	<i>Pneumocystis jirovecii</i>					
	<i>Blastomyces dermatitidis</i>					
	<i>Coccidioides immitis</i>					
	<i>Histoplasma capsulatum</i>					
	<i>Fonsecaea pedrosoi</i>					
	<i>Madurella mycetomatis</i>					
	<i>Talaromyces marneffei</i>					
	<i>Phialophora verrucosa</i>					
Antifungal agents		Fosmanogepix	Ibrexafungerp	Olorofim	Opelconazole	Rezafungin

Legend

!!!	Potent activity
!?	Variable activity
X	No activity
?	Unknow / currently investigated

IBREXAFUNGERP (FORMERLY SCY-08)

- First antifungal from the triterpenoid class
- Novel enfumafungin-derived inhibitor of (1,3)- β -D-glucan synthase (inhibits cell wall synthesis)
- Retains activity *in vitro* against azole-resistant and echinocandin-resistant strains, stable against *FKS* gene mutations
- High tissue concentration, minimal distribution to CNS



IBREXAFUNGERP

- FDA approved: vulvovaginal candidiasis (VVC)
- Dosage: 300 mg (two 150 mg tablets) every 12 hours
- Use with strong CYP3A inhibitors: reduce dose to 150 mg every 12 hours
- Administration:
 - Can crush and administer with 8 oz/240 mL water. Close tube 1 hour before and after (flush) to ensure tube functionality
 - Bioavailability increases with food
- Well tolerated
 - Largest side effect in clinical studies: GI disturbance (nausea/vomiting/upset stomach)



ONGOING OPEN-LABELED STUDIES

FURI

- Salvage treatment: difficult-to-treat mucocutaneous & invasive fungal infections
- Refractory to, intolerant of current standards of care, or require a non-azole oral step-down therapy for azole-resistant species
- Total response: 87% (64/74)

CARES


- Hospitalized patients with invasive candidiasis caused by *C. auris*
- Total response: 80% (8/10)

- Enrolled patients with candidemia or *C. auris* infection: ibrexafungerp 750 mg (3 x 250 mg tablets) orally twice daily x 48 hours, then 750 mg orally once daily
- In combination with azoles: 500 mg orally twice daily x 48 hrs, then 500 mg orally once daily

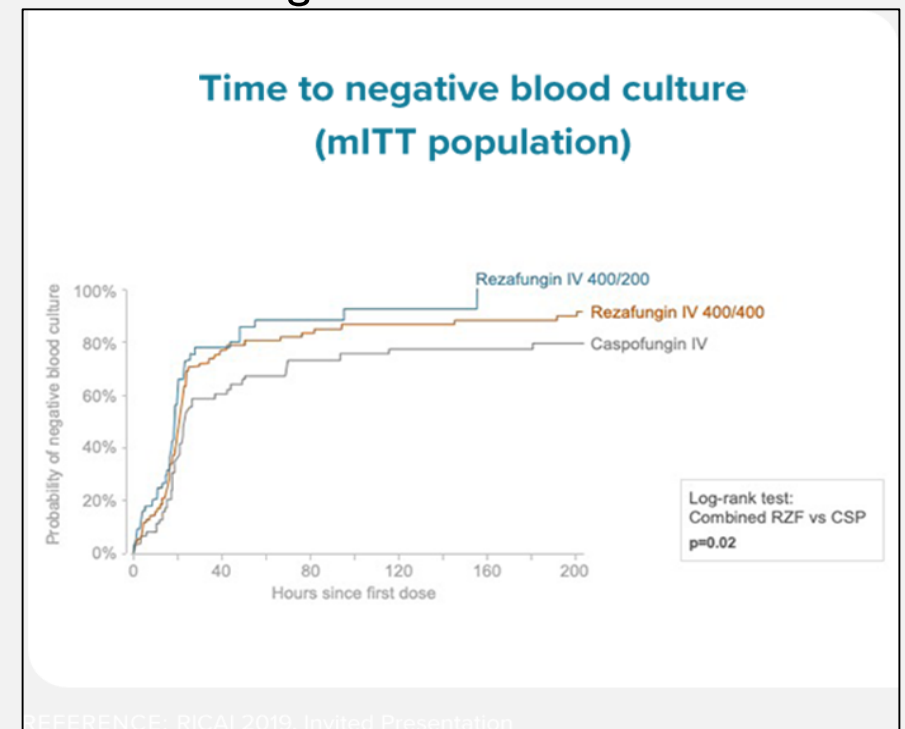
PATIENT SCENARIO #3

- Patients blood cultures with *C. auris* continue to persistent. TEE positive for endocarditis. Current treatment: micafungin 150 mg IV daily + liposomal amphotericin B 5 mg/kg.
- Compassionate use for oral ibrexafungerp is being considered, what dose should be used?
 - A. Ibrexafungerp 150 mg twice daily every 12 hours
 - B. Ibrexafungerp 300 mg twice daily every 12 hours
 - C. Ibrexafungerp 750 mg twice daily x 48 hours, then 750 mg daily
 - D. Ibrexafungerp 500 mg twice daily x 48 hrs, then 500 mg daily

REZAFUNGIN (FORMERLY CDI01)

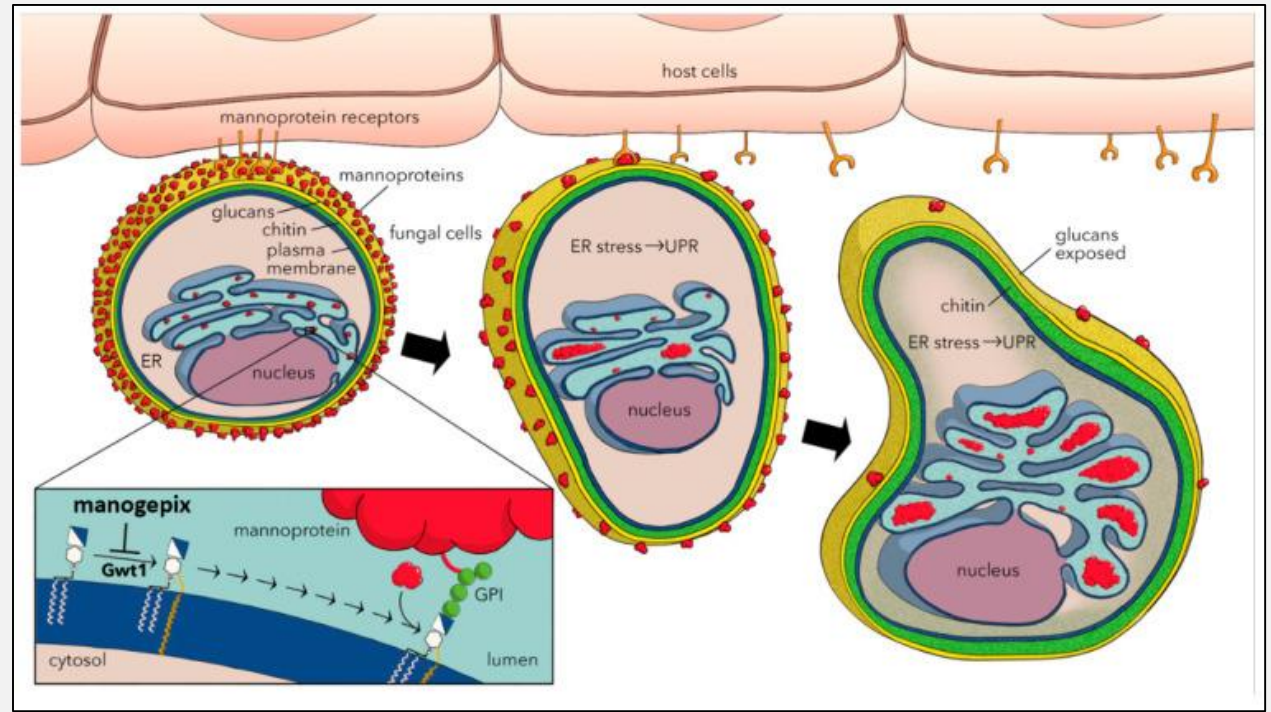
Pathogen	 Threat Level	Rezafungin
<i>Candida auris</i>	Urgent Threat	✓
Drug resistant <i>Candida</i>	Serious Threat	✓
Azole-resistant <i>Aspergillus fumigatus</i>	Watch List	✓

- Prolonged half-life (> 130 hours) = once weekly dosing
- *In vitro* MIC₉₀ *C. auris*: 0.25-1 mcg/mL (AUC/MIC adequate for > 90% *C. auris*)
- Reduced activity against strains carrying *FKS1* and *FKS2* genes



FOSMANOGEPIX (APX001)

- Prodrug of manogepix
- Inhibits Gwt1; targets GPI-anchored protein maturation
- Dosing for invasive infection:
 - 1000 mg IV twice daily for one day, then 600 mg IV daily for at least two days, followed by 600 mg IV daily or 700 mg orally daily
- Has CNS penetration
- Potent: MIC against *C. auris* < 0.0005-0.03 mcg/mL
 - *In vitro* activity vs. pan-resistant *C. auris*
 - No activity vs. *C. krusei*
- Phase 2 open-label study for candidemia/invasive candidiasis caused by *C. auris* (NCT04148287) – terminated early due to COVID-19



OTESECONAZOLE (VT-1161)

- Tetrazole class (new generation of oral lanosterol 14 α -demethylase inhibitors)
- Selective inhibition of fungal CYP51A
 - Less drug-drug interactions and adverse events
- In vitro activity against *Candida* spp. resistant to fluconazole and echinocandins
- Early evidence of possible cross-resistance between triazoles and tetrazoles
 - Target enzyme modification or overexpression
 - *PDRI*-mediated drug efflux transporters

OLOROFIM (FORMERLY F901318)

- Orotomide class
- Inhibits dihydroorotate dehydrogenase (targets pyrimidine synthesis)
- Treatment of invasive infection: 150 mg orally twice daily for one day, then 90-150 mg orally twice daily
- NCT03583164: Phase 2 open-label single-arm of F901318 as treatment of invasive fungal infections due to *Lomentospora prolificans*, *Scedosporium* spp., *Aspergillus* spp., and other resistant fungi which are susceptible to F901318 in patients with limited treatment options
 - 30 mg tablets, maximum daily dose of 300 mg with dose adjustments (CYP interactions and plasma level monitoring)
- Compassionate use or expanded access: rare and difficult-to-treat mold infections
- No published reports describing clinical efficacy

OPELCONAZOLE (PC945)

- Triazole with inhaled administration
- *In vitro* synergy with posaconazole and voriconazole for *Aspergillus*
- Clinical setting:
 - intolerance to high systemic azole concentrations
 - prophylaxis in lung transplants, ICU setting
- Treatment of invasive infection: 5 mg nebulized daily
- Efficacy vs. *C. auris* ?

FINAL THOUGHTS

Appropriate identification & susceptibility testing

Antifungal treatment (site of infection, clinical response, adverse events)

“Effective” management
of *C. auris*

Source control (line removal, debridement, etc.)

Infection control (patient isolation, surveillance swabbing, and reporting)